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# The Cheap, Easy and Non-Explosive Way to Make Dabs at Home

BY CRAIG COFFEY · TUE JUN 23, 2015



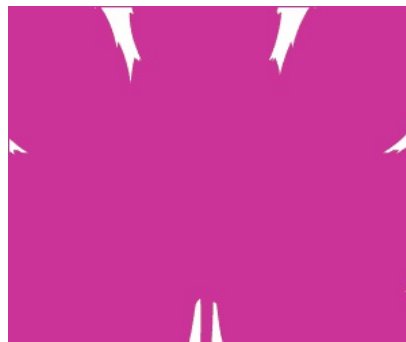
This month, we're going to explore a cheap, easy and non-explosive way to make dabs at home. While there are many emerging techniques for creating dabs, it is generally ill-advised to try them at home—with the exception of this one. No solvents are used, and all of the materials you need are easy to find and cheap to buy. (In fact, you probably have everything you need to get started laying around your home right now.)

Stoners have embraced the simple hash-making method known as the rosin technique, or “rosin tech,” and it's caused a run on Bed Bath & Beyond's hair-straightener supply reminiscent of the Great Crème Brûlée Torch Shortage of 2014.

At first glance, this technique looks like classic stoner myth, but upon further investigation, this is definitely a legit hash-making method. Best of all, it's easy to learn and safe to do at home (provided you're comfortable handling a hair straightener). The method is solventless, the product is dabbable, and good results can be obtained with a wide range of starting materials.

The how-to portion is simple: All you need is a hair-straightening iron, some parchment paper and about 1 gram of buds, kief or bubble hash. First, fold a piece of the paper in half and put some weed in the middle. Set the straightening iron to medium-low heat and squeeze the parchment paper with a lot of pressure for about five seconds, then open it and remove the flattened, heated starting material. There will be a ring of oily resin around it; this is what you're looking for. You can repeat this process two or three times on the same sample, and you should be able to pull a 7 to 10 percent return of a translucent (and dabbable) solventless oil.

And that's all there is to it: no solvents, no purging, no risk of blowing up your home. You can use the same process to make dabs out of the kief in your rolling bowl or to refine low-quality bubble hash.



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same process to make dabs out of the kief in your roiling box or to refine low-quality bubble hash.

If you think this is a gimmick, think again: Several pioneers of the rosin technique have been able to produce sizable quantities of concentrate using a shirt press or some other large industrial heat press. And some of the best practitioners have even placed in High Times Cannabis Cups with rosin-tech dabs. Excellent examples of the technique can be seen by Googling “#rosintech.”

1) A hair iron, some parchment paper and weed are all you need.



2) Set the iron to medium low and put your weed in the parchment paper.



3) Squeeze very hard for a few seconds.



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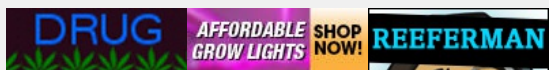
Hard to believe #JerryGarcia has been gone 20 years today. #HTHonorsJerry with info on where to celebrate his music today, the 5 Best #gratefuldead gifs and much



4) Collect the squeezed-out resin on your dabber.



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**Rob Colbert** · Co-Owner and Founder at Stealth startup

If you start with kief, your body temperature is enough. Just press the kief folded in the paper between your palms. Press. Your body heat will help the resin in the kief melt a bit. It becomes pliable and forms a solid nugget of hash. Heat your vape table, drop the "dab". ZERO solvents. ZERO bullshit. GREAT medicine.

Like · Reply · 77 · Jun 23, 2015 11:50am



**Ty Ler P** · Castlegar, British Columbia

This is different, people are using 25 micron screens and pressing hash, kief, drysift and also, takes out all contaminant

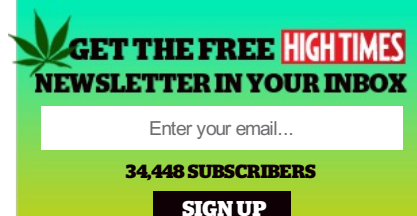
Like · Reply · 27 · Jun 23, 2015 12:15pm



**Darren Dray** · Amsterdam, Netherlands

You are on a totally different subject here Rob. Far too many contaminants in most kief unless put through a screen. Using this "rosin" technique you are basically creating full melt hash oil. Also in the article the pictures show pressing multiple buds at once, I have found pressing them individually a couple of times produce more end product. Recently I have hit as high as 25-30% return. This results from months of trying different temps, starting materials and different forms of heat. At the end of the day this is a great way to make quick enjoyable dabs at home. Enjoy. Peace.

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Like · Reply ·  123 · Jun 23, 2015 12:23pm



**Chwast Kultura**

Darren Draj and from what is left you can make some butter! 😊

Like · Reply ·  13 · Jun 23, 2015 2:12pm

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**Terony Dwayne**

Lol for stoners some of yall are a bag of dicks...to each is own who gives a fuck get high n stop talkin shit!

Like · Reply ·  74 · Jun 23, 2015 8:51pm



**Desiree Louise Theriault**

Omg lmao bag of dicks (funniest thing I've read all day

Like · Reply ·  41 · Jun 24, 2015 10:52am



**MizCupcake Deakins** · 1st Lady at StonDLyfe

Lmao fr tho.

Like · Reply ·  13 · Jun 29, 2015 6:48am



**MizCupcake Deakins** · 1st Lady at StonDLyfe

#StonDLyfe

Like · Reply ·  1 · Jul 1, 2015 5:56am

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**Drew Vairy** · Yeronga State High School

Look at all you stoners fighting!!!.....CANT WE ALL JUST GET ABONG....ALONG...

Like · Reply ·  41 · Jun 23, 2015 10:53pm



**Edward Hubbard** · Lincoln Park High School (Lincoln Park, Michigan)

It looks like way more trouble for hardly any payback.

Like · Reply ·  6 · Jul 1, 2015 8:25am



**Justin Stranger** · Santa Monica College

why did this make me laugh so hard..

Like · Reply · Aug 2, 2015 2:07pm



**Enrique Miramontes** · Waxgod at Dudesflowerandmore

Rosen tech is alright.

id rather have c02 extarct shatter thou

Like · Reply ·  35 · Jun 23, 2015 12:18pm



**Jeff Williams** · Works at Los Angeles International Airport (LAX)

I'd rather use my wife's hair straightner and not blow up my living room.

Like · Reply ·  281 · Jun 23, 2015 6:47pm



**Alex Colby** · Muskegon Community College

If done correctly and without ignorance nothing goes boom.

Like · Reply ·  206 · Jun 23, 2015 8:23pm



**Enrique Miramontes** · Waxgod at Dudesflowerandmore

Jeff youre ignorant as fuck i said c02 extract, closed loop extraction to be exact. so theres no dangers of a explosion.

Like · Reply ·  43 · Jun 23, 2015 11:14pm

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**Veronica Wallace** · Works at Stay at home mom

A friend with weed is a friend indeed . sharing is caring....

Like · Reply ·  28 · Jun 24, 2015 11:57am



**Derek Devaul** · Chef at Akropolis Restaurant & Catering

That's what broke people say. xD

Like · Reply ·  163 · Jun 26, 2015 2:13pm



**Donald Thieleman** · Elevator Constructor/Mechanic at luec Local 81

That's what gold diggers say

Like · Reply ·  55 · Jun 29, 2015 2:44pm



**Alison Adam** · Arcata, California

Puff, puff, pass! 😊

Like · Reply · Jul 7, 2015 12:41pm

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**Billy Pechnik** · Actor at Boss Management Inc

what a waste of weed.....why not just read a book , be safe and make BHO.....ive been doing it for years and have never had an issue!

Like · Reply · 18 · Jun 23, 2015 3:29pm



**John William Pavlekovich** · University of Northern Palmyra

well aren't you the top dog

Like · Reply · 99 · Jun 23, 2015 6:32pm



**Jeff Williams** · Works at Los Angeles International Airport (LAX)

John William Pavlekovich quit talking smack!

Like · Reply · 80 · Jun 23, 2015 6:46pm



**Steve Sweetleaf** · Northeast School of Botanical Medicine

John William Pavlekovich you certainly show your asshole side

Like · Reply · 11 · Jun 23, 2015 8:08pm

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**Hogan Mitchell** · Cook (servant) at The Krusty Krab

Or get a grinder with a keif catcher put as much bud you want put it in the freezer take it out put a quarter in the weed compartment and shake for about 2-5 min then take the keif and your parchment paper and your heating source and bam

Like · Reply · 17 · Jun 23, 2015 11:52am



**Why NotZoidberg** · Brandon, Florida

How long in the freezer?

Like · Reply · 14 · Jun 23, 2015 2:47pm



**Corey Miller** · Eastern Florida State College

30 mins there is a video on YouTube how to do it

Like · Reply · 11 · Jun 23, 2015 5:04pm



**John William Pavlekovich** · University of Northern Palmyra

three months

Like · Reply · 23 · Jun 23, 2015 6:28pm

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**Eein Krats** · Boise, Idaho

So my question is, can you do a similar thing with say, a george forman grill?

Like · Reply · 12 · Jun 23, 2015 12:25pm



**Phillip King**

I don't think it would work very well. There to big of a gap between te presses.

Like · Reply · 11 · Jun 23, 2015 1:01pm



**Eein Krats** · Boise, Idaho

Phillip King Im going to do some research haha. with a bigger surface area you could press a lot more at a time and have a larger yield with less work, so there has to be something you can use other than a straightener

Like · Reply · 31 · Jun 23, 2015 1:06pm



**Jose Limon** · Samuel F. B. Morse High School

T-SHIRT PRESS

Like · Reply · 22 · Jun 23, 2015 1:36pm

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**Patrick Hughey** · Business Owner at PCS4U

Y'all keep trying to cut corners making some good dabs but nothing will yield like a lab or even a makeshift lab.

Like · Reply · 8 · Jun 23, 2015 3:52pm



**John William Pavlekovich** · University of Northern Palmyra

do you have one up your ass?

Like · Reply · 58 · Jun 23, 2015 6:30pm



**Jeff Williams** · Works at Los Angeles International Airport (LAX)

John William Pavlekovich bet you do

Like · Reply · 63 · Jun 23, 2015 6:48pm



**Corky Rathbun**

John William Pavlekovich , how stupid of a remark !

Like · Reply · 8 · Jun 23, 2015 7:47pm

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**Jessica Schoen** · Port Huron, Michigan

Some one tried this with a toaster in our complex and caught their townhouse on fire.

[Like](#) · [Reply](#) · [6](#) · Jun 23, 2015 1:44pm



**Dustin Shane Roberts** · Owner/Partner at Lost Coast Smoke

How the fuck did they figure a toaster? And holy shit people are cheap

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**John William Pavlekovich** · University of Northern Palmyra

I say BS

[Like](#) · [Reply](#) · [38](#) · Jun 23, 2015 6:31pm



**Jeff Williams** · Works at Los Angeles International Airport (LAX)

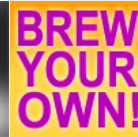
John William Pavlekovich i smell bs oh wait that is John Pavlekovich.

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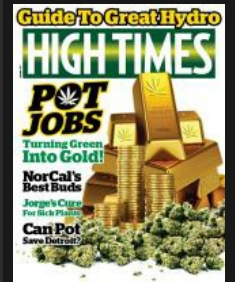
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