Welcome to Addis Guide

3rd edition

For your personal copy go to: http://www.icsaddis.edu.et/admissions/moving-addis
PREFACE

The Welcome to Addis Guide was first published in school year 2006-07.

For the 2nd edition we checked all the emergency numbers, changed other telephone numbers when we happened to notice changes, inserted data on interesting spots and added some paragraphs we deemed handy when residing in Addis.

While updating for the 3rd edition, we have tried to keep record of the additions in a separate file. This way you only need to print this file, in case you already have printed the 2nd edition.

For this type of guide there will always remain room for improvement. We invite readers to send detailed additions or corrections to info@icsaddis.edu.et. In the next edition we hope to add information on for example the importation of household goods for expats without duty free privileges, cheap long term car rental, medical services, etc.

The Parent Teacher Association
International Community School
pta.president@icsaddis.edu.et
Addis Ababa
June 2011
# Welcome to Addis Guide

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1 Information about ICS

Founded in 1964 as the American Community School of Addis Ababa, the International Community School (ICS) is an independent, coeducational day school currently serving 650 students from over 60 nations from early childhood (3-year-olds) through grade 12. Its student body is drawn primarily from expatriate families living in Ethiopia due to employment with UN agencies, the Economic Commission for Africa, the African Union, NGOs, businesses and nearly 100 diplomatic missions.

The school is located on a beautifully landscaped 15-acre (about 6 hectares) campus in Old Airport, a pleasant residential neighborhood of Addis Ababa. The Early Childhood Center (early childhood and kindergarten) is separated physically from other classroom areas and includes its own age-appropriate play spaces. Elementary classrooms (grades 1-5) are at one side of the campus - physically close but separated from the new two-storey middle (grades 6-8) and high school (grades 9-12) building that was opened in January 2005. The educational program is based on an American college-preparatory curriculum with the option of the International Baccalaureate Diploma Programme in grades 11 and 12. The gym, library and open-air theater occupy the center of the campus. The campus boasts a track facility (the only rubberized track in East Africa), basketball and tennis courts, playgrounds and sports fields.

ICS' professional staff of 60 teachers comes from eleven countries (70% are North American). Forty-two faculty members have a master's degree or higher and all hold valid teaching certificates. Twenty-nine Ethiopian teaching assistants complete our teaching staff, all of whom have college degrees and teaching certificates. The student-to-teacher ratio is 7:1. The school is governed by a nine-person Board of Directors. One member is appointed by the US Ambassador and the others are elected parents of ICS students. They serve two-year terms.

1.1 Mission Statement
The International Community School of Addis Ababa, accredited in the United States, develops the talents and intellects of a multicultural student body using learner-centered, holistic instructional methods, empowering each student to contribute in an evolving world.

1.2 Philosophy Statement
We of the International Community School of Addis Ababa promote an interactive, holistic learning environment which stimulates and encourages inquiry, initiative, creativity and academic achievement. Emphasis is placed on providing students with the knowledge, skills and attitudes necessary to face the challenges of the future. We teach respect for the richness and diversity of individuals, cultures and spiritual beliefs. We build self-esteem and sustain self-discipline, and, above all, we cultivate and celebrate a passion for learning. Within a dynamic, multi-cultural environment, we acknowledge our responsibility to and involvement with the global community.
2 General Information about Ethiopia

2.1 Quick Facts
Official Name: The Federal Democratic Republic of Ethiopia
Ancient Name: Abyssinia
Capital: Addis Ababa
Official Language: Amharic
Population: 85.2 million
Unit of Currency: Birr
Exchange Rate: US$1=ETB13.46¹

2.2 Ethiopian Flag

2.3 Geography
Ethiopia is located in the Horn of Africa. Its territory covers 490,000 square miles (1,271,277 km²). Its size is equivalent to Britain and France combined or slightly less than twice the area of the American state of Texas. It is divided into nine ethnically-based states plus two self-governing administrations (Addis Ababa and Dire Dawa), each with a right to self-determination.

The country has a high central plateau that varies from 6,000 feet-10,000 feet (1,800-3,000 meters) above sea level, with some mountains reaching 15,158 feet (4,620 meters). Elevation is generally highest just before the point of descent to the Great Rift Valley, which splits the plateau diagonally. A number of rivers cross the plateau – notably the Blue Nile flowing from Lake Tana. The plateau gradually slopes to the lowlands of the Sudan on the west and the Somali-inhabited plains to the southeast.

The altitude of Addis Ababa ranges from 7,000-8,500 feet (2,200-2,600 meters). It is the third highest capital city in the world (La Paz, Bolivia, is first at 11,913 feet/3,631 meters and Quito, Ecuador, is second at 9,360 feet/2,850 meters). Addis Ababa is set against the backdrop of the Entoto mountain range and is home to an estimated 5.8 million people.

2.4 Climate in Addis Ababa
October through February is the dry season in Addis Ababa. The days are sunny and warm, usually around 68-73°F (20-23°C) in the shade. The nights are cool or cold and temperatures can drop to freezing in late November and early December. This wide range of temperature within 24-hour periods is one of the unusual features of life at such a high altitude. Warm clothes are essential for early morning and evening.

From February until mid-June, the weather is more unpredictable with a short rainy season (known as belg) usually coming in March or April. It is much warmer during this period. The days are hot and the nights are less cold than during the dry season. The long rainy season (known as meher) is from mid-June until the end of September. During this period, it rains intermittently throughout the day most days and it is generally damp and chilly. During both the belg and the meher rainy seasons, it sometimes hails in Addis Ababa.

2.5 Economy
Ethiopia’s economy is based on subsistence agriculture, which accounts for almost half of the country’s GDP, 60% of exports and 80% of total employment. The agriculture sector suffers from frequent drought and poor cultivation practices. Coffee is critical to the Ethiopian economy with exports of some $350

¹ as of May 2010 per www.xe.com
million in 2006, but historically low prices have seen many farmers switching to qat to supplement income. Other major crops include corn, sugar, wheat, sorghum, oilseeds and pulses. Ethiopia has the largest livestock population in Africa. Not surprisingly, livestock figures heavily in the economy and livestock products, including leather, are the second most important source of export revenue. A small industrial sector centers on food processing, beverages, the production of cotton goods, cigarettes, chemicals, metals processing, cement and plywood.

2.6 People and Languages
One of the oldest independent states in the world, Ethiopia was established as a highly developed Christian culture in the fourth century AD. There are over 70 ethnic groups who speak more than 80 languages in the country. The Amharas and the Tigreans, both of Semitic origin, account for 37% of the population. The people of Oromo descent account for 40% of the population of Ethiopia, and are the country's largest ethnic group. There also are numerous mixed, Negroid and other groups, including the Sidamas, Gurages and Somalis, as well as 30,000 Europeans.

Amharic (also known as Amharigna) is the official language and the lingua franca spoken throughout most parts of the country where tourists are likely to visit. Oromigna, Tigrinia, Italian, English and Arabic are also spoken. Local languages may be used in schools and for government business if desired by the citizens in Ethiopia’s ten administrative regions. Residents of Addis Ababa will find that most educated Ethiopians are conversant in English.

Please note that there is no official English transliteration of Amharic so there is a wide variation of spellings of people's names, place names, etc. For example, you will see the capital city referred to as both Addis Ababa and Addis Abeba. The city of Axum often is spelled Aksum.

2.7 Religion
The major religions in Ethiopia are Ethiopian Orthodox Christianity, Muslim and animist. Historically, the Orthodox Church, which espouses a Monophysite creed, was inextricably linked with the state. Since the 1974 revolution, this tradition has faded. Old Testament Judaism is apparent in Ethiopian Orthodox religious customs and each Ethiopian Orthodox Church has a “Tabot” that represents the Ark of the Covenant. The Israeli government evacuated most of Ethiopia’s small Jewish (Falasha or Beta Israel) community in May 1991, though some of its members have begun returning to Ethiopia. Approximately 50% of Ethiopians are Muslim. Islam here is practiced in a far less rigid way than in the Middle East, although the number of adherents to the more strict Wahabi sects appears to be on the rise. Groups holding animist beliefs have influenced both Christian and Muslim religions in Ethiopia. There also are significant Evangelical Protestant and Roman Catholic communities. Fasting is a big part of the Ethiopian Orthodox religion. Traditionally there are 250 days of fasting in the Orthodox calendar. Wednesdays and Fridays are fasting days. The most serious fasting time is the eight-week period prior to Easter. Fasting requires that no meat, meat products, eggs or dairy products be consumed – essentially a vegan diet – though it is permissible to consume alcohol. In addition, during the period of Lent, no food is taken until after church services in the afternoon. Muslims also fast during the period of Ramadan, eating only after sundown. Both Ethiopian Orthodox and Muslims avoid eating pork.

2.8 Calendar and Time
Ethiopia follows the Julian calendar, which consists of twelve months of 30 days each and a thirteenth month of five days (six in a leap year). The Ethiopian Calendar is seven years and eight months behind the Gregorian calendar. The New Year is celebrated on September 11.

Throughout most of the world, the day begins at midnight. However, in Ethiopia, the day begins at sunrise or 6:00 AM and Ethiopians begin counting the hours from this point. For example, 8:00 AM is 2:00 AM to an Ethiopian; 10:00 AM is 4:00 AM. This continues until 6:00 PM, which is 12:00 PM and then the counting begins again: 7:00 PM is 1:00 PM; 10:00 PM is 4:00 PM, etc. It is important to be aware of this since many misunderstandings occur between foreigners and their workers, handymen and drivers about scheduling. Make sure to clarify whether the time quoted is habisha (Ethiopian) or faranji (foreigner).
TESFA² publishes a calendar that combines the Julian calendar with western calendar. One place you can buy it is at the ICS reception desk after Meskel (in September).  http://www.funaba.org/en/calendar-conversion.cgi has a calendar converter.

2.9  Photography
If you wish to take photographs of Ethiopians, you should ask their permission with great tact and courtesy as many people – especially females – are sensitive about having their pictures taken. No photographs should be taken of government installations, buildings or residences, military areas, bridges or airports. Use considerable caution as signs are not always posted in zones where photography is forbidden and taking pictures of prohibited targets can result in the confiscation of your camera and/or film. The use of binoculars can also provoke a reaction from the local authorities. If you take someone’s picture in rural areas be prepared to make a token payment of 1-2 birr to the persons you are photographing, as they sometimes expect such a payment and will often ask for it.

2.10 Names
When an Ethiopia is born, the child receives a given name from his/her parents or grandparents. The child’s second name is his/her father’s given name and a third name – the child’s paternal grandfather’s given name – is tacked on to the end. There are no “last names” or “surnames” as is the practice in many cultures throughout the world. Most Ethiopians use just their given name and father’s name for everyday use but will use all three names when more formality is appropriate. When a woman marries she does not change her “last” name to that of her husband but rather keeps her father’s name.

Ethiopians are addressed by their given name rather than by “last” name. In formal address, the name is always preceded by a title. For a man, the common title (comparable to “Mister”) is “Ato”. For a woman the common title is “Woizero” (Mrs.) if married and “Woizerit” (Miss) if single.

You will notice that many Christian Ethiopians have the same prefixes in their names. Common prefixes include Gebre (servant of), Wolde (son of), Tesfa (hope of), Haile (power of), Habte (gift of) and Tigist (patience of).

² See chapter 12 for full reference
Before You Arrive in Ethiopia

3.1 Vaccinations and Preventive Medications

Before you travel, be sure you and your family are up to date on all routine immunizations. See your doctor at least 4-6 weeks before your trip to allow time for shots to take effect. Even if it is less than 4 weeks before you leave, it still might not be too late to get your shots or medications as well as other information about how to protect yourself from illness and injury while traveling.

3.1.1 Required Vaccinations

A certificate of yellow fever vaccination is required for all travelers greater than nine months of age for entry into Ethiopia and other countries in East Africa. You may need to locate a special clinic that caters to international travelers in your home country to obtain this vaccination. **In Ethiopia, only the Black Lion Hospital offers yellow fever vaccinations** (Tel. 011-515-9694; do not work on Saturdays).

3.1.2 Recommended Vaccinations

- **Hepatitis A** or immune globulin (IG). Transmission of hepatitis A virus can occur through direct person-to-person contact; through exposure to contaminated water, ice or shellfish harvested in contaminated water; or from fruit, vegetables or other foods that are eaten uncooked and that were contaminated during harvesting or subsequent handling.
- **Hepatitis B**: This is especially important if you might be exposed to blood or body fluids (for example, health-care workers), have sexual contact with the local population or be exposed through medical treatment. Hepatitis B vaccine is now recommended for all infants and for children ages 11–12 years who did not receive the series as infants.
- **Rabies**: Ethiopia has one of the highest incidences of rabies in the world, particularly in Addis and other urban areas due to large populations of stray dogs. The Blue & White Clinic and the Swedish Clinic in Addis offer the three-shot pre-exposure rabies vaccination, though it is relatively expensive (Dec '09: + Euro 430, 4 to 5 times as expensive as in Holland)
- **Typhoid**: Typhoid fever can be contracted through contaminated drinking water or food, or by eating food or drinking beverages that have been handled by a person who is infected. Large outbreaks are most often related to fecal contamination of water supplies or foods sold by street vendors.
- As needed, booster doses for **tetanus-diphtheria, measles** for adults.
- **Polio** immunization is recommended, due to the persistence of polio in sub-Saharan Africa. Any adult who received the recommended childhood immunizations but never had a booster as an adult should be given a single dose of inactivated polio vaccine. All children should be up-to-date in their polio immunizations and any adult who never completed the initial series of immunizations should do so before departure.
- **Meningococcal** vaccine is recommended for all travelers.

Cholera vaccine is not generally recommended even though outbreaks occur regularly in Ethiopia, because most travelers are at low risk for infection. The most recent was reported in August 2009, causing thousands of cases and involving many parts of the country, including Addis Ababa.

3.2 Recommended Preventive Medication

**Malaria**: Addis Ababa’s high altitude means that there is no risk of malaria in the city. However, malaria is a risk in all areas of Ethiopia where the altitude is lower than 6,500 feet (2,000 meters). Prophylactic anti-malarial medicine available from pharmacies in Addis are: Lariam (eloquine (mefloquine), chloroquine phosphate and doxycycline (grodoxin, an antibiotic). For school trips, the school's nurses recommend doxycycline. If you want Malarone, you should bring it with you as it is not readily available in Ethiopia due to its expense.

The treatment of malaria is dealt with in the health chapter of this document.

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3 Sources of information: US Government’s Center for Disease Control (CDC) website (www.cdc.gov/travel/eafrika.htm#vaccines) and www.travmed.com/maps/country.epl?c=Ethiopia
3.3 Important Documents

Your sponsoring organization should be able to advise you on the documents you need. If it does not, check **www.mofa.gov.et** (to be expected soon) or send an email to Mr. Kassa Tasissa of Foreign Affairs (MFA.Addis@telecom.net.et). He is very helpful. In the ICS parent room you can find the expected website text on visa requirements, privileges, etc., for staff members of embassies and international organizations. See also 4.1.

Ensure that you bring originals or certified copies of all of the documents you need to obtain your work permit and legal residence status in Ethiopia for yourself and your family members. These documents include (but may not be limited to) your highest-level academic degree certificate (only needed for those seeking to obtain a work permit), your marriage license, birth certificates of your children and home country driver’s licenses.

These documents must be authenticated by your embassy before being submitted to Ethiopian offices for work permits, residence permits, local drivers license, etc. The authentication process used to be fairly straight-forward but the Ethiopian Government recently changed its policy and now requires certified copies of all documents. Most embassies are willing to certify the authenticity of their citizens’ documents if presented with a legal document issued by a recognized governmental entity from the home country. **The American Embassy, however, is not** and the procedure to have official American documents authenticated requires a “chain of certification” in which every signature authenticating a document is itself authenticated, a process that is much more difficult, expensive and time-consuming if done from overseas. It would behoove American citizens to complete all of the US-based authentication steps prior to leaving the US, if possible. The process for certifying the authenticity of American documents is:

- First, the authenticity of each document must be certified by the state that issued it. Visit **www.state.gov/m/a/auth/c16920.htm** for more information about how to certify the authenticity of a variety of documents. Then visit **http://www.nass.org/NPA/us/UnitedStates.htm** for contact information for the authentications office in each state. Make sure that you call to confirm the fee for the service in order to save time. Second, after each document has been authenticated by the state that issued it, the State Department must authenticate each one. You can find the contact information for the State Department’s Office of Authentications at this website: **http://www.state.gov/m/a/auth/**. Once you have completed this step, you have finished all of the US-based authentication steps and your documents are ready to be authenticated by the US Embassy in Addis. Take your authenticated documents to the US Embassy in Addis. As of this writing, it costs $30 (or the ETB equivalent) to authenticate each document. Once this is done, the documents are ready to be submitted to the Ethiopian Government.

3.4 Pets

If you are planning to bring your pet(s) to Addis Ababa, you must obtain the approval of the Ministry of Agriculture (MoAg) BEFORE you arrive. Your sponsoring agency usually will help you with this. There is no quarantine period for pets coming into the country. To obtain MoAg approval, you will need to provide the following information about your pet(s):

- Name of pet
- Breed
- Age
- Weight
- USDA Approval documents, signed/stamped within 1 week of departure
- Microchip Documentation (if transit through Europe)
- Photocopies of any health records
- Current photo of pet

You must hand-carry the health certificate that confirms your pet has a valid rabies vaccination and is free from communicable diseases. You will need to produce these upon arrival at Addis Ababa Airport. If your flight includes a layover in any European country, you will most likely need to have your pet microchipped. Your airline will be able to provide this information to you. Note that there is no kennel facility in Addis if you wish to send pets ahead of your arrival.
Your pet must be shipped in an IATA-approved kennel that is sturdy and leak-proof and is large enough for the animal to stand, lie down or turn around in. Be sure your pet has a comfortable pad to lie on and a few familiar toys. A leash should be included with the crate. Print your name and destination address and telephone number clearly on the kennel itself. Check with the airline about food/water requirements for your pet.

3.5 Things to Bring With You

Depending on your status and your organization’s host country agreement, tax-free import of your personal and household goods is possible within the first 6 or 12 months. For diplomats there is no restriction. After five years, you can import tax-free items that were on your packing list.

Apparently there used to be a rule that you could not sell your electrical goods tax-free within five years after arrival. Except for motorized vehicles, this is no longer a problem.

Check www.mofa.gov.et. At the time of writing this second edition, this website was about to be launched with a special text on privileges. The draft of this text can be found in the Parent Resource Room at ICS. You can also contact Mr. Kassa Tessisa, A/Director Privileges, Immunities and Arbitration Directorate of the Ministry of Foreign Affairs for further information: MFA.Addis@telecom.net.et or k.tassisa@gmail.com.

Books

The bookshops in Addis Ababa are limited, especially for children books and travel guides. The following travel guides are the latest in English, usually available from the Hilton Hotel in Addis:

- Ethiopia, Bradt travel guide. 5th edition by Philip Briggs and updated by Brian Blatt, February 2009. ISBN – 13: 978 1 84162 284 2. See also www.bradtguides.com. (Some copies were for sale in the Hilton bookshop at the time of writing this update.)

Other guides


www.amharickids.com has a nice list of books on Ethiopia and the Ethiopians for children and adults.

Apart from books, generally speaking, you can find pretty much anything you need in Addis, though you may have to really hunt for it, it may not be consistently available, it may be very expensive or the quality may not meet your standards. Some things to bring that have been identified by ICS parents are mentioned in the table below. The items in bold have not been in the shops lately.

From the drugstore
- General travel medicines
- Baby medicines
- Tampons (or consider buying a reusable menstrual cup4)
- Nursing pads (if you are a nursing mother)
- Sunscreen (for kids and adults; Nivea locally available)
- Waterless hand sanitizer
- Activated clay (for diarrhea)

Household hardware
- Household linens (available but expensive)
- 220v vacuum cleaner
- Basic tool kit (one can get tools made in China)
- Good set of pots & pans, good kitchen knives, utensils (limited choice in Addis)
- 220v extension cords
- Garden tools (imported Chinese tools available)

4 Google for Keeper (->mainly USA companies) or Lunette (Europe)
Clothing
• Swimsuits and goggles (some available at Hilton)
• Shoes
• Hats with big brims (if you do not want to wear the local straw hats)
• Sunglasses (if you want to have ample choice)
• Rain gear

Leisure:
• Big electronic goods, e.g. (front load) washing machine, microwave
• Heavy duty kitchen ‘machinery’ like food processors
• Tumble dryers
• Freezers

Dispensable items
• Coffee filters
• Computer ink

Computers
Very limited choice, very expensive in Addis

In view of the locally available qualities and prices, the school orders furniture for its teacher housing from outside Ethiopia. Agents in Dubai can do the shopping on your behalf. The school’s agents are mentioned in one of the annexes of this document.

Maybe the school’s choice can guide your choices as well:
• Kitchen hardware comes from Dubai
• Dining, living, and master bedroom furniture comes from the USA
• Kids’ room furniture and bathroom fittings from Dubai (IKEA)
• Other heavy or big electrical goods like washing machines, tumble dryers, transformers and space heaters come from Dubai.
• Computers come from the USA and Dubai.
Occasionally it will rely on local supermarkets for small appliances.

Sometimes – depending on the season – air freight from airports like Liege in Belgium will be cheaper than airfreight from Dubai, because Ethiopian Airlines flies flowers to Liege and comes back to Addis ‘empty’.

When you have to buy (big) appliances, keep the receipts as they somehow may be necessary at the time you leave the country. Rules are not clear and tend to change. It is also important to keep the incoming shipping list as it is often compared with the outgoing shipping list.

3.6 On-line about Ethiopia
Check out these websites for updated information. You will find many more by doing your own search.

• US Embassy in Addis Ababa Website: http://ethiopia.usembassy.gov/
• Ethiopia Travel Information and Travel Guide - Lonely Planet: www.lonelyplanet.com/ethiopia
• “Your complete guide to entertainment, food, art, business, and events in Addis Ababa” http://www.addisallaround.com
• http://www.allianceaddis.org/
• www.whatsupaddis.com
• www.horizonEthiopia.com
• www.mofa.gov.et
• www.GoodNewsEthiopia.com
• www.amharickids.com for all kinds of (children) books on Ethiopia and the Ethiopians
On YouTube you can also find many videos on Addis Ababa, including videos of ICS. The ICS teacher recruitment video is linked to from the employment page of the ICS website: http://www.icsaddis.edu.et/page/employment.

Expat on-line community
At the moment of the write up of the 3rd edition there two Anglophone on-line groups advertising stuff, houses, services etc etc.

1. The googlegroup, an administrated listserv called "Questions, Answers & Announcements Ethiopia listserve". This is a community forum with the purpose to give internationals living in Ethiopia a forum to connect and pose questions, answers and announcements. You can sign up by clicking or pasting into your browser: http://groups.google.com/group/qaa-ethiopia

2. Gina’s odds & sods list. If you wish to receive e-mails or have her send stuff round, please send an e-mail to oddsinaddis@googlemail.com with the subject line: "subscribe" and in the body of the text merely your full name.
4 Getting Settled In Addis

4.1 Residence Permit and Visas
Your sponsoring organization will help you with this but you need to come prepared. Bring the original of the highest educational degree you have received. If you are American, try to have it authenticated prior to arrival to expedite the process (see Section 3.2). If you have a family and they are going to live in Ethiopia with you, bring your original marriage certificate (for your spouse’s residence permit) and your children’s original birth certificates (for their residence permits). Again, if you’re American, try to have these documents authenticated prior to arrival.

You will need to get your authenticated documents stamped by the Ministry of Foreign Affairs (as of this writing, the stamp cost 300 ETB/person) before you can apply for your residence permit(s) at Immigration.

For your visitors: you can get a visa on arrival in Addis Ababa. It costs US$20 and take five minutes. Check the Ethiopian Embassy (website) in their country of residence if they are eligible for this option. These websites are always helpful as is the website of the USA Embassy of Addis Ababa.

The Lonely Planet website has potentially useful stories on visitor experiences with visa extensions.

4.2 Finding a House
Most sponsoring organizations provide housing from a housing pool or at least provide support in finding a house. However, if you are responsible for finding your own house, ask around for suggestions for a good broker or check the notice boards at the grocery stores frequented by faranjis (e.g., Bambis, Fantu, etc.) for houses for rent. Don’t be surprised if the landlord asks for a year’s rent up front. Before you begin working with a broker, negotiate whether you will be expected to contribute to the broker’s finder’s fee and how much it will be. Often, a broker will charge two months’ rent as the finder’s fee – one month paid by the landlord and one by the renter. Keep in mind, though, that everything is negotiable and a good target might be to split one month’s rent between you and the landlord. Expect to look at many houses before you select one. Looking at 25 or 50 houses (or even twice that) is not unusual.

If you want to arrange house hunting in advance, consider looking up www.addisagents.com and ask for Derege to arrange house visits.

As a temporary solution you may want to opt for a furnished apartment on short term lease. For apartments/flats, look on notice boards - particularly Lime Tree cafe. Otherwise check out:

- **Sidamo Lodge** near Desalen - has rooms that are more like studios / hotel rooms - fully furnished and great location.
- **Atlas Hotel**. Rooms are more like studios / hotel rooms - fully furnished and great location.
- **Emmad**. Furnished apartment Hotel next to the Imperial Hotel on Ring Road near Meganagna. 011-629-2129/629-4129/629-4158. fax: 011-629-2000. Email: emmad.furnished@ethionet.et; www.emmadfurnishedapt.com.
- **The Ghion hotel** is said to have a block of apartment-like rooms that are very suitable for families having to stay a bit longer. Ghion is blessed with a very nice garden setting and pool.

In the vicinity of school there are two options:

- **Diplomat** - Furnished apartments next to Fantu in Old Airport; nice, clean, spacious studios and also two-bedroom apartments. There’s a gym on the top floor! 011-372-9550/51/52. www.diplomatapartment.com.
- **Suzanne’s** has two nicely furnished units with secure parking, concierge service, generator, large water tanks, TV and telephone wiring, etc., in the Old Airport Area that are available for temporary rent. 0911-616-814.
• In Old Airport, the Golf course has dated hotel accommodation. Be aware of noisy weddings though.

What’s Up Addis has published a shopping guide that may be helpful when looking for furnishings, etc. It can be bought at Bookworld in the Lime Tree restaurant. See also www.whatsupaddis.com or www.whatsupshopping.com.

4.3 Utilities
Most houses that you are likely to rent will come with a working landline phone already in place and active electricity and water service. If your sponsoring agency doesn’t handle your bills directly, it is a good idea to manage them yourself rather than going through your landlord since you and not your landlord will be affected if your bills are not paid on time.

When you first take over the house there may be outstanding utility bills from the previous tenants or for the months that the house sat vacant. You should submit these bills to your landlord since you are not responsible for them.

Each area has certain days on which bills need to be paid and there is usually a window of about six days to pay them before your service is cut off. Sometimes the phone company will call and tell you that the bill is overdue before cutting off the service, but not always.

Some expatriates utilize their domestic help in managing their utility bill payments, especially because they can communicate easily with the local offices where they are paid. Once they know the days on which the bills are due, they can work that into their routine and bring you the signed paid bill. Note that you have to bring a previous month’s bill to pay the current one so that the utility office can be sure which account you are paying.

4.4 Electricity
At the time of writing the update of this guide, electricity was quite stable. However, in the recent past electricity interruptions were very regular yet predictable (e.g. one day on, one day off). A lot of expats have generators.

Electricity in Ethiopia is 220V and this is what the most common outlets look like:

The outlet on the left is an old style found in many houses whereas the outlet on the right is the newer style. For the older style outlet, you’ll need to use an adaptor because the pins in your heavier appliances will be too fat to fit into the outlet. It is fairly easy to have the old sockets replaced by new ones (see also services for electricians).

Ethiopian Electric Power Corporation.
011-151-7370. Emergency number: 905

4.5 Water & Sewerage
In the recent past quite a few neighborhoods had water shortages but it seems that was related to major road construction. At the time of writing the update of this guide, no major water shortages are being reported.

• Addis Ababa Water and Sewerage Authority. 011-111-6334 or 011-155-0922. Emergency numbers: 956, 957, 958 or 959.

4.6 Trash Collection
If there is no active trash collection at your house when you take it over, ask your domestic staff or neighbors what the options are for trash collection in your neighborhood. There is likely to be an “official”
trash collection service as well as “unofficial” ones. Be sure to use an official service (you will know they are official because they provide proper receipts) because they dispose of trash in proper landfills. Unofficial trash collectors will dump your trash wherever they can find a spot in your neighborhood which has obvious repercussions both for the environment and for your neighborly relations! As of this writing, getting your trash picked up twice per week cost 30 birr per month.

4.7 Telecommunication

Landlines
Most houses come with landlines and if they don’t, it is difficult to get it as there are waiting lists. You need your landlord endorsement for a landline. ETC promotes wireless services. One is the prepaid CDMA home phone.

Mobile Phone Service
The state-owned Ethio telecom announced lower tariffs, applicable as of April 1 2011. Mobile/GSM related tariff, according to the tariff list on its website are:

- a flat rate 0.72 cents on peak hrs (0.3 off peak hrs), plus 15% VAT, will be charged for all calls from mobile to mobile, mobile to fixed telephone and fixed telephone to mobile. Off peak hours period spans from 9 PM – 7 AM, as well as Sundays and public holidays.
- mobile SIM card subscription fee: Bir 60;
- SIM card replacement fee: Bir 45

Post paid mobile phone services can only be obtained by businesses (or with their guarantee).

Ways of Making Telephone Calls
Note that telephoning ANY country from Ethiopia (except Djibouti) using either a landline or mobile phone costs about 11.5 birr per minute, which adds up quickly (33 ETB for first minutes if using the operator). If you are talking to someone in the US, consider purchasing a prepaid phone card from www.Nobelcom.com and having them call you. The quality of the phone line is usually very good and you will get about 50 minutes of talk time for US$20.00.

There are also international “callback” services that offer reasonable long distance rates. Once you set up your account (billable to a credit card), you will dial an access number and then hang up. Within seconds you will receive a phone call prompting you for the phone number that you want to call. United World Telecom (uwtcallback.com) and Call2 (www.call2.com) are two companies that provide this service.

If you want to call collect from Ethiopia (i.e., reverse charges) to another country, dial 998 from a landline to get an operator who will assist you with this.

The country code for Ethiopia is 251. Numbers beginning with the 011 prefix are landlines, while numbers beginning with 09 (e.g., 0911, 0913, 0920) are mobile numbers. When dialing any of the numbers given in this guide from outside Ethiopia, leave out the first 0 (i.e., +251-11-371-1544 for a number listed as 011-371-1544).

4.8 Internet
Internet service in Ethiopia is provided by Ethio-Telecom and has its good and bad days. It has improved considerably the last few years. According to Ethio-Telecom, incidents related to the cutting of fiber optics lines in different places across the nation has become a prevailing problem for the company, preventing it to provide quality services to customers. The company is trying to use various means to mitigate the problem including installing additional fiber optics and micro wave links.

- Dial-up with landline. Currently, dial-up is at 50-52 KBS. For the most part service is satisfactory with sporadic connection cuts. For dial-up service there is an installation fee of 156 birr. The monthly fee is 60 birr, which includes 900 minutes of service. Note that it is not possible to pay for internet service for more than one month at a time so you will have to pay your bill directly at ETC every month (not sure if it continues after April 2011).
EDVO wireless internet was introduced end of 2009 and offers a speed up to 3.1 MBs and you pay per bite; see the Ethio Telecom website for packages. It requires a modem from a computer/phone store and a SIM card from Ethio telecom. For buying a SIM card Ethio Telecom (and for that matter the shop) needs a copy of an Ethiopian ID. See also ‘residential tariff’ on Ethio Telecom website. In the annexes of this guide is a detailed description on how to get connected.

The ‘limited data plan’ EVDO service (400-700Kb/s) provides three options: a 1 GB internet access for Birr 300 monthly payment, a 2 GB internet access for Birr 500 monthly payment, and a 4 GB internet access for Birr 700 monthly payment. There is a one-of subscription fee of Birr 230 and the charge for usage beyond the limit is 0.35/MB. (The price are inclusive of VAT). In the recent past, Ethio Telecom provided unlimited EVDO that apparently was often used in Internet cafés. It stopped doing so and the impact on internet cafés is not yet clear.

The modem can come without software or the software can be built in. It is advisable to bring your laptop to the shop so that the shopkeeper can install necessary devices if you do not feel comfortable doing it yourself. C-solution (0912-777-7777 or 0913-777-7777; located in Adam’s Pavilion, Pushkin Square) offers to arrange SIM cards with phones or devices you buy with them. Other suppliers that are selling CDMA equipment are “SamiMobile” (011-920-8831) and “Complete PC Solutions” (Nete: 0911-607-198 or Yameret: 0911-660-139).

The ‘CDMA(2000) 1X data only’ (50-70Kb/s): A user of this will be charges 0.10/minute in Peak hours and 0.07 Off Peak hours for the first 1300 minutes usage within a month, beyond that the tariff decrease to 0.07/minute in Peak hours and 0.04/minute Off Peak hours (Add 15% VAT on the prices). It requires a modem from a computer/phone store and a SIM card from Ethio telecom.

In April 2011 Ethio Telecom introduced three ADSL service packages ranging from 2GB to 6GB monthly usage for a monthly charge of 400 to 700 birr and a subscription fee of 400 birr for each service.

Internet Cafes. Until you get an internet connection established at home, you might want to use one of the many internet cafés around town. They cost 0.25 Ethiopian cents/minute.

Wireless Internet at ICS. ICS provides WiFi internet access on campus for parents, students and teachers.

4.9 Domestic Help
In Ethiopia, there are generally five categories of domestic staff: a housekeeper, a cook, a nanny, a gardener and a zebanna.

- Primary housekeeper (some faranji use the term Mamita which originates from Imperial days): if the size of the family for which the housekeeper works is small, she can do all of the cleaning, laundry/ironing, cooking and childcare. For a larger family, it may be necessary to hire one housekeeper and one nanny who share these duties. A housekeeper whose responsibilities include cooking usually is paid more than one whose doesn’t.

- Gardeners help with the yard/garden and other general cleaning duties outside the house. They also can help the cook/housekeeper by running to the local souk for vegetables, drinks, etc., when needed. A gardener’s salary varies depending on the number of hours employed, the size of the yard and whether you have a vegetable garden.

- Zebanna (Guard) - if your sponsoring organization doesn’t provide a zebanna (guard), you will need to take care of this yourself. The number of zebannas you hire and the length/frequency of the shifts they work is dependent upon your personal preferences. Some people have two guards, one for day and one for night (or on for 24 hours and off for 24) or none for day but rotating nights. Others employ more guards who rotate shifts every twelve hours. Often zebannas double as a gardener.

To find domestic help, ask around or put a notice up at ICS or on the notice boards at Bambis, Fantu, etc. These notice boards often advertise domestic staff seeking work. Also, ask around about the current going rate for domestic help.

Work Rules
There is no law for domestic servants. Employers who work for diplomatic missions and international organizations, through the Ministry of Foreign Affairs, MOFA, are only required to respect article 40 of the labor law: Severance Pay at the time of termination.

Severance pay (par 40)
- For termination during 1st year: 30 x average daily wage of last week of service (or in proportion of period of service)
- For termination of employees after 1st year: as above + 1/3 of average daily wage for every year of service. Total will NOT exceed 12 months of salary.
- In case of misconduct by employer: + 30 days wage

For ease of reference, we summarize some excerpts of work rules for commercial enterprises as in Labor proclamation no 377/2003 and the Labor amendment proclamation 494/2006. You may want to consider applying these for your household staff. A copy of the official documents can be found in the Parent Room at ICS.

- A working month normally counts 26 working days
- Maximum working hours: 8 hours per day and 6 days per week - i.e., 48 hours per week. If 1 day is shorter, the difference can be distributed over other days but never more than 2 hours extra per day and the average should remain within 48 hours per week.
- Overtime is after express instructions of the employer. Rates are
  - 1.25 * the normal hourly rate between 6 am and 10 pm;
  - 1.50 * the normal hourly rate after 10 pm;
  - 2 * the normal hourly rate on rest day; and
  - 2.50 * the normal hourly rate on public holidays (i.e., 1.5 hourly rate extra)
- Overtime, bonuses, per diem and commissions are not considered wages.

Sick leave
Sick leave is paid 100% during the first month and 50% during 2nd and 3rd month. After the 3rd month leave without pay applies. Medical expenses will be reimbursed upon delivery of receipt for these medical expenses.

Annual leave
14 working days per year. For every year of service an extra paid holiday is given.

Notice period
Within probation period no notice is needed. After the probation period of 45 days but within 1 year of service a 30 days notice period is required. After 1 year of service, a notice period of 2 months is required.

Reasons for termination with notice can be:
- Workers loss of capacity and/or refusal for training
- Health or disability;
- Worker’s unwillingness to move his/her home;
- When post is cancelled.

Termination of contract without notice can only be given in case of
- repeated and unjustified tardiness despite warnings;
- absence without good cause for 5 consecutive working days, or 10 days in a month or 30 days in a year;
- deceitful or fraudulent conduct in carrying out duties;
- misappropriation of property;
- returning output below quality and quantity of agreement;
- responsibility of brawls and quarrels;

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These are published in the Federal Negarit Gazeta, no 12 of 26 Feb. 2004 on pp 2453-2504 and no 30 of 29 June 2006 on pp 3422-3424, both available at the Ethiopian Press Agency on Adwa Road (between Arat Kilo and Piazza)
- intentional damage or damage through gross negligence;
- termination of contract should take place within 30 days of known ground for termination.

### 4.10 Television and Movie Rentals

Multi-system TVs can be used with no difficulty. The only broadcast TV is Ethiopian Television. The most popular options for satellite TV are ArabSat or DSTV. For both, you will need a satellite dish. You cannot import satellite dishes into Ethiopia but they can be purchased locally.

- **DSTV.** Offers six packages with a wide variety of news, information, entertainment and movie channels for a monthly fee that between US$10 to 90. You must buy a decoder and a 90 cm satellite dish as well as a smart card. When provided by Multichoice it costs ETB 1112 including installation and cables. Your subscription fee can be paid with a credit card, cheques or bank draft. Contact Multichoice Ethiopia PLC. Its customer office is located on the circle at the east end of Bole Road in front of the airport. 011-663-9900. Open Monday - Friday 8:30 AM – 5:30 PM and Saturday 8:30 AM – 12:30 PM. See also www.dstvafrica.com.

- **ArabSat.** Offers free on-air Arab-language stations as well as about 12 English stations (including BBC, Euronews), a French-language channel (TV5) and Ethiopian TV. You must buy a decoder (ETB 900) and a small satellite dish with receiving head (ETB 850). If you are using a television from the US, make sure to let the provider know so that he sells you the correct receiver. The provider of the hardware may also include installation for free or for a very small “token” amount (ETB 100).
  - Hi Electronics & Tyre Shop located one block west of Mexico Square. 011-465-1687 or 0911-227-455.
  - Reem Trading. 011-618-5530 or 0911-975-750. Also recommended for dish installation for reception of the Sirius satellite (e.g., Dutch television).

There are many video and DVD rental stores throughout the city. If your DVD player happens to be from another region than where the DVD is supposed to be played, you can seek help from [http://www.videohelp.com](http://www.videohelp.com).

Note: it is expected that Ethiopian TV normally shows all mayor global sports events.

### 4.11 Buying a Car

If you are entitled to tax-free status in Ethiopia you are eligible to buy one duty-free vehicle if you do so mostly within a certain time after your arrival in country (individuals with diplomatic status are not limited to six months and for some organizations there is 12 month limit). The duty on cars is nearly 200% so taking advantage of this will save you a lot of money. Duty for cars is cut by 10% per year of presence in Ethiopia.

Locally, cars for sale are advertised on the notice boards at ICS, Bambis, Fantu, Novis and Lime Tree restaurant, as well as in the newsletters of some embassies. ‘What’s Out’ also has a goods for sale page and is on the web. Check these places regularly as cars go quick and be prepared to pay a premium as even older cars that have a good many kilometers on them cost much more than they would in a developed nation.

Quiet a few people buy their cars in Dubai. Recently it has become economical to buy cars in Northern Europe and have them sent to Addis with Ethiopian Airlines from Liege in Belgium. This can also save you (unexpected) demurrage charges in Djibouti. Elias (WEM) is an agent that has experience with car imports with Ethiopian Airlines, 0911-220-537.

Note that buying duty-free new cars direct from a factory or via UNOPS, for example, may save you a lot of money but be aware that production, transport and clearance may take up to eight months!
4.12 Ethiopian Drivers License

To drive legally in Ethiopia, you must have a valid Ethiopian driver’s license. Before you can apply for an Ethiopian driver’s license, you must first have a valid residence permit or visa. If you have a valid license from another country, follow the procedure below to obtain an Ethiopian drivers license:

- Authenticate your license at the embassy of the country that issued your license
- Proceed to the Ministry of Foreign Affairs, which certify the authenticity of the license
- Submit the following to the Transport Authority:
  1. Copy of the original driver’s license
  2. Letter of Authenticity from Embassy
  3. Certification from the Ministry of Foreign Affairs
  4. Letter of application for license from your sponsoring organization
  5. Two passport photos

If you do not have a valid driver’s license from another country, you must:

- Be 18 years old
- Take a medical exam
- Go to the Transport Authority Office where you have to take one written and two practical (behind the wheel) exams
- Submit a letter of application for driver’s license from your sponsoring organization
- Submit two passport photos

If you do not know how to drive, there are several driving schools in Addis that offer lessons.

A word to the wise from those who have learned the hard way... Do not use a driving instructor named Binyam Bezuayehu Kassu, who mainly works in the Old Airport area. Those who have taken driving lessons from him say that he overcharges, skips scheduled lessons, ignores your schedule of availability and then, at the end of the course, issues you a fake Ethiopian driver’s license.
## Getting Around Addis

### 5.1 Addresses in Addis

Street addresses are rarely helpful for locating places in Addis, but you should understand how the city is organized so that you can refer to your address when needed (e.g., dealing with utility bills). Each house is located in a specific sub-city and has a house number, a kebele number, a woreda number and a zone number (get this information from your landlord). For example, ICS is located in Zone 2 and is under the jurisdiction of the Nefas Silk Lafto sub-city office. It is in woreda 23 and in kebele 4.

It is important to know that many of the main roads have multiple names or no names at all. This makes it extremely difficult when giving taxi drivers directions. Make sure that you know a good landmark, preferably one that most Ethiopians know.

Common roads with multiple names are:
- Victory Road = South Africa Road, South Africa Embassy, or St. Gabriel Church
- Asmara Road = Haile Gebre Selasse Road
- Mekannissa Road = Vatican Embassy Road (on maps – “Egypt St. and “Guinea Bissau”)

Once you get settled in your new home, it is helpful to prepare a hand-drawn or computer-generated map to help guide friends and guests to your house, using landmarks, prominent signs, etc. You might also find it beneficial to paint your house number or some other identifying mark on your gate.

GTZ released a very detailed map of the city in 2008. This map is by far the best one of the city and that is why it is always sold out. To get this map or any other map of the city, go to the Ministry of Mapping, located across the street from the Hilton Hotel. Google Maps may be helpful and more updated than the maps you find, although it also shows the “official” road names.

### 5.2 Landmarks

There are numerous squares (most of which are actually traffic circles!) throughout Addis. Directions often are given with reference to these squares and they are central dropping off and picking up points for most public buses and mini-buses.

**Meskel Square:** Located downtown at the convergence of Bole Road, Asmara Road, Menelik II Street and Debre Zeit Road. The largest of all the squares in Addis Ababa, this square is named for the second most important festival in Ethiopia, which celebrates the discovery of the True Cross upon which Jesus was crucified. A great celebration is held in the square every year on September 27.

**Pushkin Square:** Also known as “Sar Bet” or grass house, because of the three large grass tukuls nearby. Connects to Mekanissa, the road to the African Union and the Old Airport area. Adam’s Pavilion shopping center is adjacent to it. A bust of Alexander Pushkin used to be in the center of the circle, hence the name.

**Andinet (Unity) Square:** Located in front of the National Theatre. A modern, stone Lion of Judah sculpted by Frenchman Morris Calka stands there.

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6 The maps in this guide are representational only and are not to scale.
Mexico Square: Located north of Pushkin Square in front of the Federal Police HQ and between the St. George brewery and the Wabe Shebelle Hotel.

Gotera (also known to ferenji as Confusion): Named aptly for the daily changes in routing of traffic (due to construction) this new array of overpasses and exits is the intersection of the Debre Zeit Road (leading to Meskel Square in one direction and Debre Zeit in the other), Ethio-China Road (main road leading to Bole and the airport), and Pushkin Street (leading to Old Airport). The road leading to Bole is also known as China Friendship Road and Wello Sefer Road.

Total Square: A busy traffic circle on the Ring Road in Old Airport.

Sidist Kilo: Located on Entoto Road. Also called Yekatil 12 (Martyrs Day) for the statue there commemorating those Ethiopians killed following the attempted assassination of General Rudolfo Grazziani, the Commander of Italian Forces in Ethiopia, on February 19, 1937.

Arat Kilo: Located on Entoto Road. Also known as Miaza 27 (Liberation Day) for the statue commemorating the patriots who fought for the liberation of Ethiopia against the Fascist Italian Occupation.

Dembel City Center: A busy intersection where Bole Road is intersected by Meskel Flower Road and Olympia Road.
Medhane Alem Square

The crossing of Namibia, Djibouti and Cameroon streets or otherwise called ‘Tele Bole’ road. Edna Mall is located just next to it. The Medhane Alem Church compound also corners it.

Menelik II Square

Located in front of City Hall and Kidus Gyorgis (St. George) Church in the Piazza. Dominating this square is a statue of Emperor Menelik II on a horse, first unveiled in 1930.

Abune Petros Square:

Located west of City Hall, it commemorates the martyrdom of Bishop Petros who refused to submit to the Italian Occupation.

Tewodros Square:

Located on Churchill Road. The cannon seen here represents the first cannon made in Ethiopia, which was used by King Tewodros to fight against the British forces in 1868.

Tekle Haymanot Square:

Located in front of Tekle Haymanot Church in the Piazza. Both the square and the church are named for the founder of Ethiopia’s premier monastery, the Debre Libanos of Shoa, which was built in the 14th century. Tekle Haymanot is one of Ethiopia’s most famous saints and once helped restore the Solomon dynasty. There is a statue of Tekle Haymanot in the square that portrays him with six wings and one leg.

5.3 Driving in Addis

Depending on where you’ve lived and driven before, you’ll either find driving in Addis a pleasant change (relative to big cities in other developing countries, of course) or terrifying! Expect to encounter drivers weaving in and out of traffic lanes while talking to passengers or to other drivers. Don’t expect Ethiopian drivers to check their rearview mirrors prior to merging into traffic. Expect taxis and mini-bus taxis to act as if they own the road. Don’t expect the numerous donkeys, sheep, goats, cows and oxen on Addis’ roads to get out of the way of oncoming traffic! Expect to be pulled over by traffic police for running red lights in Meskel Square despite the fact that the traffic lights are so far away that they’re almost invisible! Note recent changes in traffic rules: obligatory seat belts, no talking on the mobile phone (including no earphones in) and no giving alms to beggars. The full list can be viewed on http://www.horizonethiopia.com/index.php/Top_Resources/Addis_Ababa_Traffic_Laws.html.

Expect to get to know the back roads to every place you’re going in light of the fact that many major roads (especially in Old Airport) are being widened and improved all at the same time! Perhaps most aggravating… expect to spend lots of time stuck in traffic. All in all, it’s pretty easy to find places with

7 This map as well as the first map on the previous page were taken from Ethiopia: The Bradt Travel Guide (Fourth Edition) by Philip Briggs
worse driving and worse roads than Addis but, in the heat of the moment, sometimes that’s easy to forget. Be vigilant, drive defensively and keep your sense of humor.

**Road Traffic Injuries**

Ethiopia has one of the highest fatality rates per vehicle in Africa, with 180 fatalities per 10,000 cars per year. In Addis Ababa approximately 28% of emergency room visits are related to trauma or injury. In 2003 over 1,800 persons died in Ethiopia due to road traffic injury, 7,000 were disabled and property worth US$ 56 million was lost, due to road traffic crashes. Most victims in the city are vulnerable road users and pedestrians. Pre-hospital care system is inadequate and there are not enough nurses and doctors trained in emergency care. Supplies are also scarce. There is an increase in the number of vehicles, so these figures are expected to rise unless something is being done. In Addis Ababa there is a strong commitment for action from the Traffic Police Department and Road Authorities. There are also ongoing activities on awareness raising amongst schoolchildren and training of school traffic police, and this training has recently been adopted as an integrated part of the existing training curricula for grades......at the Addis Ababa Regional Education Bureau. In relation to the World Health Day 2004 on Road Traffic Injuries, the Ethiopian government also assured that all efforts will be done to promote road safety in the country.

From http://www.who.int/countries/eth/areas/violence/about/en/index.html

5.4 Taxis

Until you have access to a car and are ready to drive in Addis (i.e., have a car, driver’s license, etc.), you probably are going to be dependent on taxis for getting around. There are three main types of taxis in Addis:

- **Yellow taxis.** These taxis are government-licensed and their drivers are members of a taxi association. The vehicles are in good repair, the drivers speak English and they have access to restricted areas such as the Sheraton and Hilton hotels and the prime parking lot at the airport. The common wisdom is that the yellow taxis are more expensive than the blue & white taxis but this is not always true and, even when it is, the difference is usually negligible. The major downside to the yellow taxis is that they are much less numerous than the blue & white taxis, especially in the Old Airport neighborhood.

- **Blue & white taxis.** These taxis are independently owned and operated and are readily available throughout the city. In most cases, the cars are in poor repair, are unlikely to have working seatbelts (especially in the backseat) and the drivers are unlikely to speak English. Of course, there are always exceptions to the rule. Unlike the yellow taxis, blue & white taxis do not have access to restricted areas so expect to be dropped off outside of the Sheraton (rather than at the door) and at the farthest parking lot at the airport (rather than the closest one). The main benefit of blue & white taxis is that they are everywhere and, occasionally you’ll find a driver who speaks English and has a decent car.

- **Blue & White minibus taxis.** Like the blue & white taxis, these minibus taxis are readily available throughout the city. They cost a fraction of what the blue & white taxis and the yellow taxis cost. To figure out the destination of the minibus taxis, listen for the destination called out by the money-taker. Expect to have a cozy ride.

Ask around for suggestions for good taxi drivers and, if you happen to find someone on the street that you like, make sure to get his name and telephone number. Make sure to negotiate your fare before beginning your journey. The following taxi drivers have a good reputation and speak English.

- Daniel 0911-418-605 (works from Haile Gebre Selasse Road)
- Binijam 0911-667-556 (works from Pushkin Square)
- Kemaw 0911-637-891 (works during daytime from Mexico Square)
- Germa 0911651778 (works also during evening hours from Mexico Square)
- Tamrat 0911611859 is a recommended taxi driver in Old Airport, stationed near Bisrate Gabriel.

If you need a cab at night, it is advisable to arrange it beforehand during the day.
6 Health and Medical Facilities/Practitioners

*** SEE APPENDICES FOR MEDICAL TELEPHONE NUMBERS ***

6.1 Health Tips
Living in Addis brings with it many of the usual risks to your health found in the developing world as well as some unique ones. Several of the more prominent health issues you will face are described below. By taking a few simple precautions, you can increase your chances that you will remain healthy during your stay in Ethiopia. As in any place that you live, remember to keep emergency phone numbers, including physicians, close friends, emergency room, etc., handy for you and each family member. Also, make sure that you have a first aid kit available at home as well as in the car.

In this chapter we do not deal with all diseases prevalent in Ethiopia. When traveling outside Addis Ababa, check http://www.mdtravelhealth.com/destinations/africa/ethiopia.php.

6.1.1 Drinking Water
DO NOT DRINK WATER DIRECTLY FROM THE TAP and do not consume a drink with ice cubes unless you are positive that the ice cubes were made from potable water. Bottled water is now readily available under various brand names but make sure bottles are opened in front of you. If you choose to drink tap water boil and filter it first. Drink lots of water throughout the day. Water loss at our high altitude occurs frequently and dehydration is common. Drink at least two liters per day and more if you are exerting yourself. Dehydration occurs quickly, causing fatigue, headaches and dizziness. Urine should be clear and light-colored. Remember that alcohol is dehydrating and not advisable when taking medications (coffee also causes fluid loss).

The above precaution is especially true during the rainy season, due to water overflows in the public water system. At those times it is especially recommended that also your staff boils their drinking water or allow them to drink from your filtered water. Ethiopia has experienced a cholera epidemic in the recent past.

6.1.2 Swimming and Bathing Precautions
Avoid swimming, wading, or rafting in bodies of fresh water, such as lakes, ponds, streams, or rivers. Do not use fresh water for bathing or showering unless it has been heated to 150 degrees F (66 degrees Celsius) for at least five minutes or held in a storage tank for at least three days. Toweling oneself dry after unavoidable or accidental exposure to contaminated water may reduce the likelihood of schistosomiasis (bilharzia), but does not reliably prevent the disease and is no substitute for the precautions above. Chlorinated swimming pools are considered safe.

6.1.3 Altitude Sickness
If you have been living at a lower altitude before you arrive in Addis, you may experience altitude sickness. The symptoms include increased fatigue, difficulty with sleeping, nosebleeds, headaches, nausea, giddiness and mild shortness of breath on exertion (with a few minutes of rest, these symptoms should subside). Be aware that your feet, hands and face could swell shortly after arrival due to the altitude. Symptoms usually diminish within a week as you acclimatize. Allow your body to have adequate time for rest and - again - drink 2 litres of water (excluding tea, coffee and juices). Reducing your salt intake may help with the swelling. If you still suffer severely from some of these symptoms consult a physician. A doctor may prescribe Diamox (Acetazolamide ) or dexamethasone according to symptoms and tolerance of patients to ease the symptoms in very severe cases.

Travel to high altitudes is not generally recommended for those with a history of heart disease, lung disease, or sickle cell disease.

6.1.4 Sun and Heat Exhaustion
The high altitude and equatorial location of Ethiopia can rapidly lead to sunburn. Ultraviolet light is strongest between 11:00 AM and 3:00 PM, but already starting from 9 AM on one has to be careful not to be in the sun. Sunscreen with SPF 50 or more should be applied at least 20 minutes prior to exposure and repeated, especially after swimming and exercise. Remember that you can burn even on a cloudy day.
so always wear a brimmed hat. Early symptoms of heat exhaustion include stumbling, clumsiness, excessive sweating (progressing to cessation of sweating), headache, nausea, dizziness, apathy and gradually impairment of consciousness.

6.1.5 Sanitation
Wash your hands often to halt the spread of infectious diseases, especially after using the toilet and before eating. Hand wipes and hand-sanitizing waterless agents are useful. AVOID LEAFY SALADS outside your home. Fruits and vegetables must be cleaned with a sanitizing solution before eating (e.g., Milton) or any bleach solution, locally called barakina. If in doubt, “peel it, boil it, or forget it” is a good maxim. It is also good to know the sources of the ice cream you eat and mayonnaise you use because they can become sources for diarrheal diseases.

6.1.6 Insect and Tick Protection
Wear long sleeves, long pants, hats and shoes (rather than sandals). For rural and forested areas, boots are preferable, with pants tucked in, to prevent tick bites. Apply insect repellents containing 25-50% DEET (N,N-diethyl-3-methylbenzamide) or 20% picaridin (Bayrepel) to exposed skin (but not to the eyes, mouth, or open wounds). DEET may also be applied to clothing. Products with a lower concentration of either repellent need to be reapplied more frequently. Products with a higher concentration of DEET carry an increased risk of neurological toxicity, especially in children, without any additional benefit. Do not use either DEET or picaridin on children less than two years of age.

For additional protection, apply permethrin-containing compounds to clothing, shoes, and bed nets. Permethrin-treated clothing appears to have little toxicity.

Don’t sleep with the window open unless there is a screen. If sleeping outdoors or in an accommodation that allows entry of mosquitoes, use a bed net, preferably impregnated with insect repellent, with edges tucked in under the mattress. The mesh size should be less than 1.5 mm. If the sleeping area is not otherwise protected, use a mosquito coil, which fills the room with insecticide through the night.

In rural or forested areas, perform a thorough tick check at the end of each day with the assistance of a friend or a full-length mirror. Ticks should be removed with tweezers, grasping the tick by the head. Many tick-borne illnesses can be prevented by prompt tick removal.

To prevent sandfly bites, follow the same precautions as for mosquito bites, except that netting must be finer-mesh (at least 18 holes to the linear inch) since sandflies are smaller.

Insect repellents are ineffective against tsetse flies, which transmit sleeping sickness (African trypanosomiasis). Areas infested with tsetse flies, which are usually known to local inhabitants, should be avoided. Travelers at risk should wear long sleeves and long pants of medium weight fabric in neutral colors that blend with the environment. Also, travelers should avoid riding in the back of open vehicles, since dust may attract tsetse flies, and should take care not to disturb bushes (where tsetse flies rest) during the warmer parts of the day.

6.1.7 Diarrhea
This is the most common cause of illness among newcomers. Most episodes are mild, of short duration and resolve spontaneously. Drink plenty of fluids, preferably water. Avoid fatty foods and meat. Opt for clear vegetable soup, broth, fruits, rice water and vegetables that are peeled. With increased fluid loss, a rehydration fluid containing salt and glucose is helpful. At the pharmacies it is, pre-packed, known as Lem. To make it from your own cupboards you add the following to one liter of clean (boiled and filtered) water:

- ½ teaspoon of SALT
- 8 level teaspoons of SUGAR
- ½ cup of orange juice or a squeezed lemon

For some patients, a bit of Coca Cola, makes them feel better, especially after throwing up.

A natural remedy that is also recommended is linseed. Mix one tablespoon of linseed (locally called Feto) with glass of warm water, lime and honey (for taste) and let sit for 5 minutes. Take one or two doses, three
for a severe case, in a day and relief is right around the corner. This remedy is not recommended for children due to its strength/potency.

GET MEDICAL ATTENTION
→ If you have blood or pus in the stool, or
→ if fever occurs with shaking chills, or
→ if abdominal pain becomes marked, or
→ if diarrhea persists for more than 72 hours, with 3 or more loose stool within 12 hours or 5 ore more loose stool within 24 hours.

In case if diarrhea is in young children seek medical advice sooner as little children develop dehydration very quick. In severe cases, medical care should be sought, since intravenous therapy may be required. Activated coal and anti-diarrheal medicine is available, but the latter should only be taken after consultation with a doctor and normally should not be given to children since it may help to keep toxins inside the intestines and aggravate intoxication.

6.1.8 Malaria
When you are traveling in Ethiopia to areas where the altitude is lower than 6,500 feet (2,000 meters), it is advisable to take anti-malaria tablets as prophylactic medicine (see above in this guide). You should complement the tablets by insect-bite prevention measures as described above in section 6.1.6.

For malaria treatment are locally available: Fansidar (sulfadoxine & pyrimethamine), Quinine Sulphate, Coartem or Riamet (Artemether Lumefantrin), and Chloroquine Phosphate. Lariam (mefloquine) - can be used as a treatment for chloroquine resistant vivax malaria.

Note: In Ethiopia, malaria is caused by both Plasmodium falciparum and Plasmodium vivax. Drug resistance of P. falciparum to sulfadoxine-pyrimethamine (SP) and chloroquine (CQ) is frequent and intense in some areas. These data point to an extraordinarily high frequency of drug-resistance mutations in both P. falciparum and P. vivax in southern Ethiopia, and strongly support that both SP (sulfadoxine-pyrimethamine) and CQ (chloroquine) are inadequate drugs for this region.

When traveling in neighboring countries, you may want to take Malarone. Malarone is not registered in Ethiopia hence not available with Ethiopian pharmacies. The Swedish Clinic may be able to help you with Malarone.

6.1.9 Rabies
Hundreds of people in Addis die of rabies every year. Addis has one of the highest incidences of rabies in the world. There is a large stray dog population, especially in Addis Ababa and other urban areas, that is primarily responsible for disease transmission. Avoid petting stray animals. If bitten, immediately wash the wound with soap and water to remove the saliva, which may contain the virus. Seek medical attention IMMEDIATELY.

Pre-exposure rabies vaccine is recommended for: persons anticipating an extended stay; for those whose work or activities may bring them into contact with animals; for people going to rural or remote locations where medical care is not readily available; for travelers desiring extra protection. Children are considered at higher risk because they tend to play with animals and may not report bites.

Note that pre-exposure vaccination eliminates the need for rabies immune globulin, but does not eliminate the need for two additional booster doses of vaccine. Prompt medical evaluation and treatment of any animal bite is essential, regardless of vaccination status.

6.1.10 Asthma
Asthma patients should know that only Ventoline inhalers and syrup are available in Addis.

Newcomers to Addis who have moderate to severe allergies, or who have a family history of severe allergic reactions, should carry an Epipen or an Epipen Jr for themselves or loved ones. The Epipen is an
epinephrine injection that can stop a severe allergic reaction that results in swelling of the airway passages.

### 6.1.11 Crutches

The ICS nurse has crutches you can borrow if need arises. If not, you can buy locally made crutches in the around the Paulos hospital or buy expensive adjustable aluminum ones in Piazza in the helpful aluminum items shop near the Black Lion Pharmacy in Piazza.

### 6.2 Medicines to Bring

The cornerstone of diarrhea prevention is food and water precautions. Most cases of travelers' diarrhea are mild and do not require either antibiotics or antidiarrheal drugs. Adequate fluid intake is essential. Yet, it is advisable to bring along an antibiotic and an antidiarrheal drug to be started promptly if significant diarrhea occurs, as described above, especially if associated with nausea, vomiting, cramps, fever or blood in the stool.

- A quinolone antibiotic is usually prescribed: either ciprofloxacin (Cipro)(PDF) 500 mg twice daily or levofloxacin (Levaquin) (PDF) 500 mg once daily for a total of three days. Quinolones are generally well-tolerated, but occasionally cause sun sensitivity and should not be given to children, pregnant women, or anyone with a history of quinolone allergy.
- A three day course of rifaximin (Xifaxan) 200 mg three times daily is an alternative to the above. However Rifaximin should not be used by those with fever or bloody stools and is not approved for pregnant women or those under age 12.
- Another alternative to a quinolone antibiotic is azithromycin (Zithromax) 500 mg once daily. Azithromycin should be avoided in those allergic to erythromycin or related antibiotics.
- An antidiarrheal drug such as loperamide (Imodium) or diphenoxylate (Lomotil) should be taken as needed to slow the frequency of stools, but not enough to stop the bowel movements completely. These medicines should not be given to children under age two.

Though effective, antibiotics are not recommended prophylactically (i.e., to prevent diarrhea before it occurs) because of the risk of adverse effects, though this approach may be warranted in special situations, such as immuno-compromised travelers.

### 6.3 Hospitals

The following health facilities have been recommended by the ICS parents and staff: In the appendix you will find a list of emergency numbers and a list of doctors and medical facilities as recommended by the German Embassy/GTZ. If you have trouble locating the hospitals, you may find them on www.addismap.com/hospitals.

**Myungsung Christian Medical Center (Korean Hospital)**

Internal Medicine, Surgery, Obstetrics and Gynecology, Pediatrics, Orthopedics, Neurosurgery, Anesthesiology, Dentistry, Diagnostic Radiology, Diagnostic Tests

011-629-5420 or 011-629-5420-27 (according to their website: http://www.mcmet.org/)

Emergency room: 011-629-4602 (a doctor always is available in the emergency room after hours)
**Cure International Hospital**
US-quality medical care: Adult, pediatrics, orthopedic surgery, sports medicine, breastfeeding management and anesthesia. Non-emergent facility. The primary mission of the Cure Hospital is to treat children in the community with disabilities. In-patient care, pharmacy, laboratory, and x-ray services. Specialty physicians are US trained. Go through Sidist Kilo and drive towards the American Embassy, just 1 KM before the American Embassy, on the right side you will see a signpost for “The Cure”, turn right at the sign and stay to your right at the fork in the road. 011-124-5404; admin@cureethiopia.org. Call Metlick Michael-Admin Sec. for Appt. 011 124 5404

**Kadisco Hospital**
Hospital that also specializes in mother and child health. Top of the range maternity and child health services including pre-natal, delivery, post-natal, pediatrics, obstetrics & gynecology. Also equipped with Doppler. Includes a well-stocked pharmacy. Near Gerji, near Sunshine condominiums and the Mexican Embassy in the eastern part of Addis. 011-629-8902/03/04.

**Dejazmach Balcha Hospital – Russian Red Cross Association**
Well-equipped general hospital with specialists on site. Emergency and ambulance service available. Please note that the doctors speak Russian so you will go through a translator. Coming from Mexico towards Federal High Court, first big street to the right, after 700 meters turn right in Sao Tome Rd and Principe Street. Next to St. George Brewery. 011-551-6263 or 011-544-7748.

**Landmark Hospital**
Well-equipped general hospital specializing in heart care and neurology. Mexico area. 011-552-5719/552-5463.

**Addis Cardiac Hospital**
The only modern cardiac hospital in the country. Provides investigation and advanced treatment of cardiovascular diseases. Equipped with ICU wards, lab, pharmacy, X-ray, device implantation (Pacemaker and ICD), coronary angiography and Percutaneous Coronary Intervention (PCI). Ambulance service. The hospital gives 24 hours service. It is recommended that you bring cash - as of this writing, credit cards are not accepted.

**Hyatt Hospital**
One of the largest private hospitals in Addis. Surgical, dermatology, dental, pediatrics, neurology, ambulance services. 011-662-4488 / 011-661-4250. On the ring road in Bole, near the airport.

**Saint Yared Hospital**
Turn off the Ring Road onto the CMC road at the Meganagna Circle. St. Yared will be on your right: a big white and blue building, with a sign in the median of the road. Western-trained doctors and general good care (started by an ICS scholarship student). St. Yared also has an ambulance service that you can subscribe to for a reasonable fee. St. Yared's hospital 011 645 4697/04.

### 6.4 Clinics
The following clinics have been recommended by ICS families and staff.

**Swedish Clinic**
Tel: 011-271-0768
24-hour on-call physician: 0911-206-291
24-hour on-call nurse: 
0911-206-514
Accepts Visa credit card

The new head of the clinic is Dr. Olle Liungman, specialist in family medicine with lots of years of experience. He is there from Mon to Fri.; Dr Nigina Muntean, specialist in gynaecology, from Monday to Thursday; Dr Sandra Soeria Atmadja, Swedish paediatrician, Fridays from 8 am to 2 pm. The Swedish Clinic gets its medicines from Sweden.

Blue and White Clinic

Dr. Margaret is a USA certified General Practitioner with a lot of experience with children and adults. The clinic has rapid tests for quite a few diseases but also works in close collaboration with ICL laboratories (see below). All vaccinations can be given, including the one for rabies. Office hours are 8 AM-5 PM on weekdays, 8 AM – 1 PM on Saturdays, and closed on Sundays. Office: 011-661-6229. Nurse Hanan, customer service manager, is available on 0911-372-242 or 0913-868-076. Dr. Margaret’s mobile is 0911-962-831.

CHANGED LOCATION! The Blue and White Clinic is now just off Bole Japan. Once you turn off Bole onto Bole Japan, there is a right hand turn about half a kilometer down the road, with a big sign for the clinic. After turning right, the clinic is another half km on the left. The formal address is Bole, Kebele 02, House number 345.

Sunshine Higher Clinic

Dr Wafa is a Tunisian doctor trained in France. Although trained in Western medicine, she is open to alternative treatments like homeopathy and fytotherapy. 

Dr Feseha Sahile Special Clinic

Dr Feseha Sahili is trained in Ethiopia, worked as a GP for ten years before he did his specialization of pediatrics in Addis Ababa. He worked as a pediatrician for 7 years with the Brooks hospital. He speaks English very well as does his lab assistant. His receptionist is not totally comfortable in English (be aware her clock shows Habesha time!). Dr Feseha Sahile himself can be reached at 0911214951 and his clinic at 0920341124. His email is fesehasahele@yahoo.com. Recommended by parents. Clinic is located on the road going from Victoria Road to Pushkin Square in Old Airport, on the top floor of the building between Shopper’s Mart and Yod Abysinia. It has a small lab.

Ethiopian Doctor Yoseph, trained in Germany, comes to the house (on call) 0911242175.

6.5 Laboratories

- Swedish Clinic. Has an excellent laboratory with a Swedish-trained laboratory technician. See section of Health facilities.
- International Clinical Laboratories (ICL). Used by Blue and White Clinic. Located off the Ciao Road (see restaurant section in this guide), with good signage. 011-467-1818 or 011-552-9252, info@icladdis.com. Etsegenet Tedla (supervisor).
- Bethezata Hospital. Has reliable laboratories in Addis, multiple locations, including next to Adam’s Pavilion shopping center at Pushkin Square in Old Airport. If you are in front of Adam’s Pavilion, Bethezata Hospital will be to the right on the little side street. 011-553-3458.
- Ethio-Canada Diagnostics & Imaging Center. CT scanning, Chest imaging, ultrasound. From Mexico Square, go due north. After 200 meters take right fork and go to first major 4-way intersection. Turn right onto Sudan St. Pass Ministry of Health and take the first right. Has 24/7 on-call radiologist 011-550-7228/011-515-2299/0911-406-256.
- Korean Hospital. X-Ray, new CT, Doppler ultrasound, in fact all examination available. 011-629-5424, on the Gerji road. 24 hour service.
• **Intermedical Diagnostic & Imaging Center.** X-Ray, CT, Ultrasound with Doppler. 011-553-0632 / 43/91.

• **Bethel Teaching Hospital.** X-Ray, mammography, MRI. 011-349-5475/76/77 Fax: 011-349-5839.

• **Brook Clinic.** X-Ray. 24 hrs service, all examination available. Lab, U-sound and x-ray. Two locations: On the road from Ghion Hotel opposite the “The Cottage” restaurant, 011-551-3435 / 551-5115, and in Old Airport at Victory Road, 011-665-5004 or 011-372-5866.

### 6.6 Pharmacies

There are many pharmacies throughout the city. You should be able to find basic items at just about any of them.

• If you are looking for something special go to **Pelican Pharmacy** and talk to Mesfin Getachew. Located on Bole Road (heading towards Meskel Square, it’s on the right past Mega House and across from Free Zone). 011-661-3420 or 0911-372-242. Ato Misfit’s number is 0911-612-562.

• **Lion Pharmacy** - on Churchill / Mahatma Gandhi Road - is a big pharmacy and has a list of pharmacies on duty in case they are not open. 011-155-1893.

### 6.7 Dentists

• **Lizi Higher Dental Clinic.** Dr. Lizi has been Ethiopia for a long time and three other dentists work with her. They offers x-ray, oral and maxillofacial surgery, orthodontics and prosthetics (replacement bridges, dentures and cosmetic). Located near the intersection of Bole Road and Ethio-China Road. Pass FAO on Bole Road and turn right at the sign for Floral Tropical Gardens. The clinic is on the right. 09110-633-952 or 011-554-5938. druoweili@yahoo.com.

• **Dr. Wondwossen Teshome, DMD.** Dr. Wondwossen speaks fluent English. 011-661-2991 or 011-663-6626.

• **Dr. Yayya.** Puts on and adjusts braces. Located near the Hotel Taitu. 0911-607-459.

• **Dr. Jan.** Bole Road. 0911-633-952.

• **Dr. Raina.** St Gabriel Hospital, Dentist with x-ray, 011-661-3622/4400 home 011-1551560.

• **Gojob Dental Clinic.** Dr. Yehya Seid, orthodontist, is reputed to be good with children. 011-156-6521/6296 or 0911-607-459. Clinic is at Getahun Beshan Building, somewhere in Piazza.

• **Lunadent Clinic, Dr. Tsehay Berhane.** She is not only a German-trained and German-speaking dentist but also a dental technician and is absolutely excellent. Does all her own technical work and uses materials brought in from mainly Germany. 661 64 22, 0911-310-770.

### 6.8 Opticians and Ophthalmologists

Uncomplicated lenses are available in Addis Ababa.

• **Sun Optics Special Eye Clinic.** Two locations: in Piazza next to Muhammed Music Shop and in Friendship City Center shopping mall on Bole Road. 011-156-7576/7/8 or 011-122-3700. Dr. Abonesh works in the Friendship City Center store and is a US-trained pediatric ophthalmologist. She also works out of the Seyoum Special Eye Clinic (011-646-3611) and Menelik Hospital.

• **Samri Nued Special Eye Clinic.** Located on Bole Road, opposite the Mega Building. They offer contact lenses. 011-551-2538.

• **Bahre Negash Special Eye Clinic.** 011-111-5202.

• **Dejene Negatu Optician.** 011-111-2044 or 011-618-0799.

• **Map Optics Plc.** 011-155-1142.

• **Signum Vitae Eye Care Center.** Located close to Signal Camp and Adwa Bridge, on the new road north of Haile Gebre Selasse Road, coming from Meganagna roundabout. 011-661-1136 (clinic), 011-662-5166 (optics) and 0911-633-759 (Mary); they are only responding in the mornings for appointments. Has a good collection of frames, including for children, imported as well as own production.

• **Eyetropia** in Dembel, 3rd floor for children and adult optics. Modern equipment and can order glasses from Europe (5 to 6 weeks); can also order contact lenses.

### 6.9 Orthopedists

• **Dr. Said.** Health First Higher Clinic, 011-662-1440, 011-662-1298 or 011-618-4319
6.10 Physiotherapists
- **Ms. Lin.** Near Sandford School. 011-124-6024.
- **Dr. Roberto Baglio.** Chinese medicine, acupuncture, Tuina, treatment massage, relaxation massage, rehabilitation and reflexology. At Andinet Square, opposite National Theatre, above Shi Solomon Supermarket. Entrance next to stationary. 011-551-2525 or 01913-573-421.

6.11 Chiropractors
- **Dej Balcha Hospital.** 011-551-6263 or 011-544-7748.
- **Filwoha.** 011-551-9900.
- **Yordanos Higher Clinic.** 011-551-7316.
- **Dr. Selam** at the Brook clinic 3rd floor, Old Airport, 011-653-4472 - when not in the country, she has a substitute working at her second clinic, close to Bole Airport behind Brass Hospital.

6.12 Gynecologists & Midwives
- **Dr. Mekonnen (of Addis Maternity and Children's Hospital) is considered by many to be the best, but there is huge waiting list. Make appointments two months in advance. 011-124-5345 or 011-124-5348.** To get to Addis Maternity and Children Hospital go to Arat Kilo roundabout, drive east onto the Queens Road. Don't follow the newly built road, but cross it and take the Getachew Haile Street to the north. You will find the clinic after 300m on the left.
- **Nigina Muntean.** Swedish Clinic. 011-271-0768.
- **Regina Abelt.** Very experienced German midwife. Knows a lot about homeopathy as well. 0911-225-300.

6.13 Pediatrician
- **Dr. Sue Lim** working at the Cure Hospital, 011-124-5404.
- See Swedish Clinic.
- St. Yared. Hospital on CMC road has a pediatrician on duty 24 hours. People reported to have used it more than once and were happy with their comprehensive approach to care, and the "asking of the right questions".
- Kadisco hospital has pediatricians on board.
- Dr Feseha Sahile Special Clinic on the road going from Victoria Road to Pushkin Square in Old Airport. Dr Feseha Sahile can be reached at 0911214951 and his clinic at 0920341124. His email is fesehasahele@yahoo.com.

6.14 ENT (Ear, Nose and Throat)
- **Dr. Izana.** Brook Clinic near the 7th Day Adventist church, Ras Desta street, north of Meskel Square.
- **Dej Balcha Hospital.** Russian hospital has a very good ENT and you can see her very quickly upon request.

6.15 Counseling and Psychotherapy
- **Dr. Jonathan Banes,** Bsc. Chartered clinical psychologist (British Psychological Society). Individual, couple, or family therapy. Japan Embassy Road, Bole. 0910-071-684 or email jonbanes@gmail.com.
- **Sandra Seastedt,** MS, Licensed Marriage and Family Therapist (MFT), California License MFC #37009, providing psychotherapy for couples, families, individuals and children. Email: Sandra@seastedt.com. 0913-546-814.

6.16 Dermatology
- **Dr. Ruth, Rank Clinic** on Ethio-China Road close to Bole Road on the south side, white building - 4th floor. Call for an appointment. 011-553-6074.
6.17 Earn, Nose, Throat
- Dr Adefis Debalce can be found in the Electric World Building, 5th floor that is just behind the Balcha (Russian) Hospital. 0911209690; 0921420405; ad_ORL@yahoo.com.

6.18 Physiotherapy
Paragon Physiotherapy and Sports Medicine Clinic www.theparagonclinic.com Dr. Theodros W. Gebriel, Doctor of Physiotherapy, licensed in Virginia and Ethiopia. Ethiopian Athletics Federation Building, Gurde Shola, CMC Road. 011-646-1108

6.19 Chinese Medicine
- Dr. Song, 0911-159-889, offices 011-662-2374, sees patients in Bole, near Hyatt Hospital.
- Dr. Roberto Baglio, Chinese medicine, acupuncture, Tuina, treatment massage, relaxation massage, rehabilitation and reflexology. At Andinet Square, opposite National Theatre, above Shi Solomon Supermarket. Entrance next to stationary, 011-551-2525 or 0913-573-421.
7  Living in Addis with Children

7.1 Babies
More and more baby supplies are available in Addis but, like with food shopping, what you want may not be available consistently, it may be very expensive or the quality may not meet your standards. What you decide to bring with you will depend on your own personal preferences, your baby's needs and the personal shipping allowance from your sponsoring organization.

- There are several brands of disposable diapers and wipes to choose from but they are expensive and larger-sized diapers are hard to find sometimes. Pampers-brand nappies are almost 3x the price of nappies in the US: wholesale = 30 cents/diaper; retail = 37 cents/diaper. The slightly less expensive ones are Chinese imports of inferior quality. If you intend to use cloth diapers, bring them with you.
- Infant formula (even soy), baby food in jars (2x as expensive as in Europe) and baby cereals are available but the latter two often have sugar and milk in them.
- Cribs are available but they are on the small side.
- Clothes and shoes are available but it can be hard to find very small sizes and the quality of shoes is poor. Boutiques for maternity dresses and clothes for small children mostly import from ‘London, the USA and Djibouti’ and can be found in shopping complexes like Adam’s Pavilion, Laphto and on the road opposite Edna Mall in Tele Bole.

Expat parents advise to bring the following items with you:

<table>
<thead>
<tr>
<th>Clothing</th>
<th>From the drugstore</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Both hot and cold weather clothes, including sweaters, long-sleeved shirts, jackets</td>
<td>• Baby/child sunscreen</td>
</tr>
<tr>
<td>• Socks and shoes, including some that are appropriate for rain and mud (rubber boots)</td>
<td>• Baby medicines, including diaper cream</td>
</tr>
<tr>
<td>• Pajamas (including blanket sleepers with feet)</td>
<td>• Baby thermometer</td>
</tr>
<tr>
<td>• Bibs</td>
<td>• Bottles &amp; extra nipples (if you are bottle-feeding)</td>
</tr>
<tr>
<td>• Sun hats</td>
<td>• Nursing pads (if you are breast-feeding)</td>
</tr>
<tr>
<td>Furniture</td>
<td>Leisure</td>
</tr>
<tr>
<td>• Crib, crib mattress &amp; water-proof mattress cover</td>
<td>• Age-appropriate toys</td>
</tr>
<tr>
<td>• Crib sheets (consider flannel for the cool, wet months) &amp; blankets</td>
<td>• Books</td>
</tr>
<tr>
<td>• High chair</td>
<td>• Swimsuits</td>
</tr>
<tr>
<td>• Baby car seats</td>
<td>• Strollers</td>
</tr>
<tr>
<td>• Soft tub mat</td>
<td>• Baby carriers (front or back style)</td>
</tr>
<tr>
<td></td>
<td>• Gates for stairways</td>
</tr>
</tbody>
</table>

7.2 Playgroups
There are at least three different playgroups for parents and their young children. With the exception of the playgroup at IEC, participating parents take turns hosting the playgroup and there is no fee. Coordination of the groups rotates yearly. The IEC playgroup charges a small fee to cover the cost of snacks and drinks.

- **Old Airport playgroup.** Takes place every Friday from 9:30 AM – 11:30 AM. Email Anne Bouma at atmbouma-pers@usa.net.
- **The Bole playgroup** meets every Thursday and has an AM and PM group according to age. AM is for babies and young toddlers (0-3) and PM for older toddlers up to school age. Its e-mail address is boleplaygroup@gmail.com. Vicky coordinates. 0922 111873.
- **IEC playgroup.** Takes place every Tuesday morning at the International Evangelical Church.
7.3 Pre-Schools

- **ICS’ early childhood program** accepts children who are three years old on or before August 31. For younger children, there are many local pre-schools available but if you’re looking for one that operates mainly in English, your options are limited, especially in Old Airport.

- **Flipper Kindergarten** - Accepts children ages 2 to 5 years of age. Located in Kasanchis. 011-553-0236, 0911-246-013 or 0911-218-747.

- **Big Mama’s Child Care Center.** Located close to Imperial Hotel next to Debora Primary School. Children ages 0-4 accepted. 24-hour service. Qualified nurse care & pediatrician consultation. Transport available. Nanny training. Education & fitness for expectant parents. Doula services. 0911-401-397 or 011-629-4082.

- **Mrs. Georgia’s Childcare & Learning Center.** Located on the 2nd paved driveway entering from Ring Road from Megagna. Look for signs. Daycare for 6 months to 4 years. Childcare and after school programs for 5- to 13-year-olds. Monday – Friday 7:30 AM – 6:00 PM, Saturday 10:00 AM – 6:00 PM. Closed Sunday. 011-663-2059 or 0911-913-333.

- **Head to Toe Early Learning Center & Pre-School.** Opened in 2009 and directed by Jane Pyecha, who previously taught for four years at ICS. Children 2-4 years old can be enrolled for 2, 3, or 5 mornings a week. Afternoon activities also available. 0911-547-782. headtotoe.addis@gmail.com.

- **De Taaltoekel.** Located at the Netherlands Embassy grounds. 2 mornings a week. Children 1.5 -4 years can be enrolled. “Classes” are in Dutch. 0920-567-852.

- **The New English Private School (NEPS);** Located in Old Airport on the road between Metro Pizzeria and Total Square (Ring Road). 011-320-5720. Children of 1.5 years and above can be enrolled.

- **Rispins International School** just behind St Michael’s Catholic Church on the Ring Road, Megenagna. Children from 2 ½ to 7 years. Montessori/Steiner school/nursery. 011-651-1841.

- **German School Kindergarten** for children from the age of about 2 ½ to 6 or 7, on the compound of the German Embassy School. Professional German kindergarten. German and German-trained kindergarten teachers. The language is German, however, the majority of children there are Ethiopian or of other nationalities. It acts as a feeder for the German School. Contact Monika Biegel, the headmistress of the entire school, phone: 011-553-4465, email: info@dbsaa.de, webpage: http://www.ds-addis.de.

- **Fidel – French speaking pre-school.** Ages 1 ½ to 6 years. 011-651-1283. Cross streets Djibouti street and Haile Gabre Sallasse Road.

- New American standard pre-school called **Hosana Preschool** is located in CMC/Summit Area. Welcomes babies starting from 1 year old. Leila Karim is the Director. 0911-385474.

See also list in appendix.

7.4 Playgrounds

- **Africa Park.** In the center of Menelik II Avenue (Hilton) near ECA Headquarters towards the President’s palace. At the time of this writing, the entry fee is 25 Birr per adult and 10 Birr per child. Also has café with coffee and juices.

- **Top View Restaurant.** In addition to being a great place to eat, it has a wonderful playground for children.

- **Hilton Hotel.** The Hilton Hotel has a miniature golf course as well as a nice playground beside the poolside restaurant. You can eat a nice meal and the kids can play.

- **Sheraton Hotel.** The Sheraton Hotel has “Simba Kids Club” located behind Breeze’s restaurant and the pool. They have playground equipment and a climbing house. Popcorn, cotton candy and ice cream are available for a small fee. Open from 10:00 AM – 6:00 PM.

- **Ghion Hotel.** A large children’s playground is located at the pool area with a number of motorized rides.

- **Addis Ababa Golf Club.** You can enjoy a leisurely lunch and the kids can play on the playground in a beautiful garden. You don’t have to be a member to play here or to eat in the restaurant.

7.5 Activities for Children

- **ICS After School Activities and Lunchtime Activities**
ICS offers a variety of after-school activities each day of the week, to ICS community members only, ranging from physical activities/sports to arts & crafts to the performing arts. Most after school activities take place on the ICS campus. Most of these activities are arranged through the activities office by Kirby Boychuk, Assistant Principal for Athletics and Activities.

For Middle and High School students, there also are lunchtime clubs, including National Honor Society, National Junior Honors Society, French Club, Student Council, Sports Council, Scholarship Club and Math Club.

- **Gymnastics.** Starting the 1st Wednesday of September, weekly gymnastics classes are available for children 5-10 years of age at the German School. Call Gail for more information: 0911-388-835.

- **Toddler Gym Class.** Each Saturday from 9 to 10 AM at the German School gym. The class is intended not as your usual fitness class but rather as something fun but physical, to get our youngsters used to sports, for children and parents alike and also an exercise in trust-building and getting to know one another even better. Gymnastics for kids is run by Tony Lowe - 0910512824. If you are interested in receiving updates on toddler's fitness, contact toddlersfitnessinaddis@gmail.com, put "subscribe" as reference and your name in the body of the text.

- **Horseback Riding**
  - **Addis Ababa Equestrian Society.** Stables are located in the Old Airport neighborhood but not on the old airport itself anymore. They moved to a place ½ km east of Metro Pizza just past the Norwegian Consulate sign. Riding lessons and trail rides are available. Horse owners who would like to keep their horses at the stables must purchase memberships. Non-owners may ride for a small fee. Horses may also be purchased. 0913-135-357 or 0911-196-818 or visit the stables for more information.

  - **British and German Embassy Compounds.** Both have stables but have restricted membership.

  - **Equus** Horse riding school moved its Stables to Somita. 2 hrs tracks are among the possibilities. www.equus-ethiopia.com. 0911-102-609/18 or 0911-468-659.

  - **Italian Embassy Stable.** Very nice stable, nice dry ring to ride at bottom/with café. Must have horse there to enter compound. Huge riding field with jumps higher up on the compound. Easy access to riding on Entoto. Some courses for children. Mostly best for adult and children which are confirmed riders.

  - **Government stalls,** in Ayat Houlet end of CMC road (end of the tarmac road), pass the roundabout (you see a mini-bus station and a gari station), pass by a new settlement, some crop fields, take a small road. You will see a tin fence and a yellow building. This is the stall. Advisable to take services of a trainer as most horses are stubborn and try to find the way out of the arena. Only one trainer, Yohannis, speaks English. The stalls are open until 4 pm sharp. Saturdays until 1 pm. Cheap rates.

  - Also check Ababa Villa, in the vicinity of the French Embassy. See http://www.abbabasvilla.com/. They apparently have a couple horses too.

- **Ballet.** -Antonina Grigorian gives Ballet classes at the Juventus Italian Club on Wednesdays from 4 to 6 pm, and on Saturdays from 8:30 to 11:30 am for children age 5 and above. She also teaches ballet at ICS on Mondays and Thursdays from 3:30 to 4:30 pm. 0911-60-32-73. antonina_grig@yahoo.com

- **Summer camp.** ICS organizes a summer camp in the ICS Gym every year during the two weeks following the summer break closure of the school. ICS students are eligible to attend.

  - For elementary school kids, i.e., early childhood to grade 5 in the previous school year, activities include: computers, sports & games, language arts/math games, and arts & crafts from 8.30 AM to 12.00 noon.

  - For secondary school kids, i.e., grade 6 and above, activities include: volleyball, basketball, tennis, cooperative games, and orienteering from 1:00 PM to 4:30 PM.

- **Music Lessons**
  See sheet for private teachers in the appendix.
Miscellaneous
You can buy sand for sandpits near the train station. There is a small road where there will be trucks lines up to buy it.

If you want a jumping castle for a children’s event contact The Garden Paradise at Adam’s Pavilion. 0911-825-882 (Lance) or 0911-794-645 (Almas).

7.6 Tutors
Ask at ICS. Some ICS teaching assistants are interested in giving tutorials after school hours.

- **Arabic Tutor.** Nuru Dewi-Shifa. Tutors all ages. 0911-433-905.
- **Science and Math Tutor.** Hunlign Hallu. Tutors grades 3-12. Seven years of experience. 0911-886-820 after 7:30 PM.
- Math: Sisay Debele (not English as mistakenly mentioned in 2nd edition). Email: Sisaydebele@yahoo.com, 0911-426-125.
- **English Language.** Windsor School of English. Good for training household staff. 011-552-6362/6357, 0911-243-417.
- **Spanish Tutor.** Miguel Angel Posadas. 0911-449-253.
- **Amharic Lessons:** ask ICS teaching assistants or
  - Yetesha. 0911-149-308.
  - Fikadu. 0911-635-966.
  - Eyader. 0912-026-104.
  - Dereje Atale, Amharic language teacher and expert, 0911-370106. a.atale@cgiar.org
  - Learn Amharic, Oromiffa or other local languages at the Leslau Language and Cultural Center. Monday through Friday, three mornings per week (9:00-11:00 AM), or three evenings per week (6:00-8:00 PM). Located on the road from Atlas Hotel to Desalegn Hotel, in from of National Oil Company (NOC) headquarters. Contact: 0911-014-994/0911-125-094 or info.llcc@yahoo.com
8 Leisure in Addis
There are many recreational options in Addis. The city’s restaurants and eateries, health and beauty services and entertainment attractions will not disappoint. Look for the monthly publication What’s Out! Addis as well as the Addis Guide. What’s Out! Addis is available for free at numerous locations around the city (including the reception area at ICS) and the Addis Guide is available for 7 birr at grocery stores and stationeries. In addition, special events often are posted on the notice boards at ICS, Bambis, Fantu, the Lime Tree restaurant, etc. Another source for information is www.addisallaround.com.

8.1 Restaurants and Eateries
There is an abundance of restaurants in Addis – too many to list in this guide. Eating out in Addis is usually quite safe and can be very enjoyable if you take the usual precautions of avoiding raw vegetables, tap water and ice. The local soft drinks and bottled water are safe as are the local beers and wines. Make sure that meat is thoroughly cooked. You can eat in Addis for 10-30 birr per person, excluding alcoholic beverages, unless you are dining at the high-end establishments.

Leaving a tip is customary; the amount is up to you, some people tip 5 birr for a meal others go as high as 20 birr. Use your own judgment; there is no right or wrong. As a rule, a service charge of 10% and a tax of 5% are added to your bill. It is polite to tip the parking guard at the restaurant (often located on the street outside the restaurant). Usual payment is 1 birr.

Serving times vary at the local restaurants, so always check, but lunch is typically served from noon – 2:30 PM and the evening meal from 7:00 PM – 10:00 PM. Some restaurants will let you in before opening time but be prepared for an extensive wait for your food.

The restaurants listed below have proven to regularly provide good, safe food but are only a smattering of the options available. Ask around for other suggestions or check out the restaurant listings in What’s Out! Addis and the Addis Guide.

8.1.1 Ethiopian
- **Addis Ababa Restaurant.** Located in the Piazza just before the Yemen Embassy on the road from St. George Church to Siddist Kilo. Known for its meat wots (stews). If you want to experience Ethiopian food with Ethiopians, this is the place to go. Open 7 days per week. Contact numbers: 011-111-3513 or 011-156-6157.
- **Agelgil Restaurant.** Located in the Villa Verde Hotel. From Meskel Square, go down Bole Road toward the airport. Turn right after Dembel City Center onto Meskel Flower Road. At the Meskel Flower Hotel, turn left and drive along the railroad tracks. Agelgil will be on the left. Traditional Ethiopian food, coffee ceremony and full bar. Traditional dancing every evening except Wednesday. This restaurant is open and airy and it is easy to get a nice view of the dancing. Order its well-known Agelgil dish for a combination of different Ethiopian dishes. Open 7 days a week. 011-465-3299.
- **Habesha Restaurant.** Located on Bole Road. From Meskel Square it is on the left. They have traditional dancing and are known for their Bozena Shiro. Vegetarians enjoy their five-vegetable dish. Reservations are recommended. They get very busy and are small so if you don’t have a good seat you will not be able to see the dancing. 011-551-8358.
- **Fasika Restaurant.** Located off of Bole Road in front of the Sunshine Building. From Meskel Square it is on the right (look for the signs). Known for traditional dancing. Closed on Mondays. 011-550-9912 or 011-551-4193.
- **Shangri-la Restaurant.** On the EU Road opposite the Desalegn Hotel. Open daily. 0911-201-183 or 0911-223-489.
- **Yod Abyssinia.** Bolet and Old Airport locations. On Bole (011-661-2985 or 011-618-7061), behind Friendship building. In Old Airport (011-372-0607) between the Victory Road/ETC circle and Pushkin Square. Short walk from ICS. In Old Airport only dinner. Features traditional dance every night. [www.yodabyssinia.com](http://www.yodabyssinia.com). Accepts VI/SA and MasterCard.
8.1.2 Continental

- **Tivoli Pizza.** Coffee bar, continental/Italian, in Old Airport on Victory Road opposite South African Embassy, 011-320-3918.
- **The Showroom.** Mexico Square in the VW Dealership. European cuisine 011-665-8317/0911-374-582. Live Music Tuesday, Thursday and Saturday. Great pastas!
- **The Cottage.** This restaurant has a very pub-y feel and is known for its fondue, steaks and veal as well as its Irish coffee. If you are going from Meskel Square on the road toward the Stadium (across from the Debre Zeit Road), it is on the right side next to the Seventh Day Adventist Church and across from the Ghandi Hospital. 011-551-6359 or 011-554-1532/3. Reservations are recommended, and they are open every day.
- **Lime Tree Restaurant.** In Boston Day Spa building, close to Friendship mall on Bole Road. Fusion of Asian and Continental food. Has a popular Sunday morning brunch and wifi.
- **Le Grand Rêve.** Belgian chef, opened end of 2009, fine dining at its best, reservations recommended at 0912-498-878, when coming from the Atlas Hotel driving towards the Airport (i.e., Tele Bole or Cameroon Street) you turn right at the corner with the Blue Drops restaurant. Le Grand Rêve is at the end of the street next to the Blue Drops restaurant (when coming with a taxi be sure he brings you to Blue Drops and not Blue Tops).
- **Bole Mini.** At the end of Bole Road, close to the airport. Hamburgers, pastries, French fries, fruit juices, and good ice cream! Kid friendly, and they will serve at your car, like a drive-in. 011-663-9899.
- **Amsterdam Bar and Restaurant.** Located on Bole next to the Bole Mini. European food including many vegetarian dishes, barbecue. 011-661-3493.
- **Family Restaurant.** Three locations - Ethio China road, Olympia Rd near USAID and a third location in Debre Zeit. The Family Restaurant is a favorite among the teenage crowd. Known for their American and Mexican dishes. Famous for their warm chocolate cake with ice cream. Said to have best cheese cake in town. 011-371-3238/011-850-0279 or 011-371-3238.
- **Island Breeze** restaurant has a stone brick pizza oven and delicious Tex Mex style food set in a cozy islander atmosphere. Located on the little one-way road that connects the City Hall with the old Post office in Piazza. Ample parking space inside the compound that they share with Shoa printing press. 0913010976.
- **Randa Fast Food.** On Bole Road across from City Café: grilled steak sandwiches and crunchy French fries, and almost FAST.
- **Chez Fasil** "The BEST steak in town!" “Cool Atmosphere!” “Pleasant, Pleasant”. These are just some of the comments overheard when taking friends to this restaurant. From the moment you walk in, Chez Fasil and his staff greets you with a special welcome drink and then they seat you at the nicely decorated, clean dining room. Service is slow though. 011-465-3299/Mobile: 0912-067-559. Heading to Bole airport, take a right after Dembel Mall. You will find the restaurant on the left side across St. Yared Church and Meskel Flower Hotel.
- **Addis Rodeo.** On Bole heading to Bole Airport across the street from Shoa Shopping/Supermarket. Good American-style steakhouse with a large cocktail menu. A little spendy but worth it. 0911-246-320/0911-121-203/011-551-0294.
- **La Petite France.** Recently moved to Alliance Francais, Wavel Street, Piazza.
- **La Phoenix.** Olympia Rd behind Deluxe Furniture. Know for its seafood fresh from Djibouti also their European cuisine. Must try the lobster when available. 011-515-4981/0911-365-340.
- **Caesars Court.** Past Friendship mall turn right. Mask Bar on left, three buildings down is Caesars Court Hotel. French chef, continental cuisine.
- **The Addis Carnivore.** Located on Haile Gebre Sellasie Road). Coming from Meskel Square, it is on the right side of the road before Bambis. It has a BBQ in the center of the restaurant and the salad bar.
- **Beer Garden.** Behind Edna Mall. Coming from Asmara Rd., turn right before mall and go to the bottom of the road. Turn left. Offers locally brewed beer and assortment of German and Continental food. Choose between indoor or outdoor balcony and tent dining. Also sells kegs for parties. 011-618-2591/95.
- **Hamlet Steak House.** Located on Meskel Flower Road. If you’re coming from Bole Road, it will be on the left side toward the end of the road on the second floor. Owned by Ethio-Americans, this is the closest thing you will find in Addis to an American steak house. Nice service and pleasant atmosphere. Open 7 days per week. 011-416-8691.
Meda Sports Bar and Grill. Located on the Debre Zeit Road. If coming from Meskel Square, it will be on the left side of the road about a mile south of the turn-off to CDC in the bottom floor of the Global Hotel. There is a large, spacious bar that is comfortable for chatting or watching a game. The downstairs lounge is more of an intimate setting for quiet conversations. The upstairs restaurant has a relaxed, casual dining atmosphere. Known for its fried mozzarella appetizers. 011-466-1603.

Sky Light Restaurant. Specializing in continental cuisine and pizza, with a view of the city. Located on the 4th floor of Dembel City Center on Bole Road. 011-553-5607 or 011-553-5608.

Les Arcades. In the Sheraton Hotel. One of the more expensive restaurants in Addis, with an extensive list of wines and spirits. Open Monday-Saturday, dinner only 7:00 PM - 11:30 PM.

The African Queen. On Bole Road. Coming from Meskel Square, it is on the left just before Dembel City Center. Enter the white gate, where parking is available. It has a quiet, pleasing atmosphere. A place where you will enjoy the most pleasant dining out. 011-551-1334, 011-515-4582 or 0911-223-971.

Loti Restaurant. French cuisine. Recently relocated to Old Airport on Victory Road, 50 meters from the Telecom Circle, on the ICS side. Owner also organizes salsa classes. Serves brunches on Saturdays and Sundays. 011-372-9254, 011-333-2838, 0911-216-140, 0911-411-066 or 0911-480-252. Open 7 days, 9 AM to 11.00 PM. www.lotirestaurant.com.

Zebra Grill. On Hayahulet Road next to Millennium Building, on CMS Road and in the Bedesta Building (opposite Dembel City Centre on Bole Road). 011-662 3630. Owner is ICS alumnus.

Wim's Holland House. Located near train station La Gare. Bar (draft beer), restaurant and pizzeria. Known among Dutch for basic potato-based Dutch Food and bitterballen. Has a camping site mostly used by overlanders. 011-515-5279, 0911-608-088, 0911-887-770. See www.wimshollandhouseaddis.nl.

Le Mandoline is a French café restaurant run by Oppé Ermias who worked in France for many years. It has a small tasty menu that changes regularly with a plat du jour during weekdays. Café open 8.00 AM - 10PM. Restaurant 12 PM -3PM and 7PM -11PM. Tele Bolé on the street behind the Medhanyalem Church. 011-662 9482/ 0921328507.

Desta Mender offers lunches and picnics in its J uniper café during the weekends between 9AM and 5PM. Wholesome food from on-site vegetable garden, chicken and diary farm served in the rural setting. May soon start horse ride facilities. Call Hasahun for more info 011- 6534648, 0911446819 or 0922138777. See also 12.2: Day trips from Addis.

'Ababa's Villa', near the French Embassy. Lovely refurbished place near French Embassy with 2 horses. You have to call the owner before you go so she can prepare a lovely lunch, use the mobile number given on the website. See http://www.abbabasvilla.com/.

Face of Addis Restaurant. Good meat dishes and a superb view. Delightful deserts (even for the ones with milk allergies). In same neighborhood as Top View near the Meganagna roundabout on Ring road. To get there take road to Top View but turn left up a very steep road. 0911-230-001 or 0911-525-790.

Kuriftu Diplomat Restaurant. Has a monthly changing menu for which it flies in foreign chefs. In the Boston Partners building. Daily 12-3PM and after 6PM.011-6184363 and 0920959697. Comes highly recommended.

8.1.3 Asian

Gati Thai Restaurant. Near Saay Pastry opposite UNHCR office in Bole (turn down road at the Clark’s store). 0912-156-396 or 0913-020-988, open 7 days a week. Sundays only dinner from 5 PM on.

Rainbow Seoul. Serves Korean, Japanese and Chinese. Located on Bole Road next to the Oromiya Investment Authority (look for the signs). Open 7 days per week. 011-551-2311.

Korean Restaurant. New Korean restaurant next door to Kaldi’s and across from Savemore supermarket on Mauritania Road in Old Airport. Popular with ICS families on Sundays.

China Bar. Off Meskel Square, next to Ghion Hotel. Good Chinese food. Closest to "American" style. Most dishes are good. Opens at 6:00 PM, 7 days a week. 011-551-3772.

China Paradise in the Concord Hotel. Good Chinese food, spring rolls and a wide variety of Chinese food. Located in the Concord Hotel Building on Debre Zeit Road. Owned and operated by the same folks who run the China Bar. 011-465-4959.

China Great-Wall Restaurant. Located just off the Debre Zeit Road on the road perpendicular to the Concord Hotel. Huge menu, excellent food and private dining rooms.
Genuine Chinese Restaurants (complete with CCTV)
- **Tian Fu** near Sarbet, heading towards Mekanissa area, opposite the Vatican and Arcobeleno
- **Da Tang** (011-629-9888) north of Bole Airport, in the area of Gerji. From the Bole Airport round about, head north on the ring road until the next round about. Turn right. Da Tang is an entire building on your left hand side about 200-500 meters down the road. They have karaoke on the fourth floor as well as private rooms holding up to 15 people.
- **Chinese Hot Pot and Barbeque** (0911-002-855 or 011-618-0470), off Bole, near the Bole Novis & in the alley next to Bole Fantus - there’s a big red sign on your left as one drives towards the Bole Airport from Ethio-China Friendship Road

8.1.4 Indian
- **Jewel of India.** Located on Meskel Flower Road. If you’re coming from Bole Road, it’s on the right side of the road. Serves authentic Indian and Indian-style Chinese cuisine cooked with spices imported from India. Known for its tandooris and tikkas. Offers free home delivery, children’s entertainment corner, cozy bar with satellite TV, outside catering and dinner group booking discounts. Open 7 days a week for lunch and dinner. 011-551-3154 or 0911-214-320.
- **Sangam Restaurant.** Located on Bole Airport Road, next to Mobil gas station and across from Shell gas station. From Meskel Square it is on the right. Over 25 years of service. Serves very affordable North and South Indian food (some find it a bit Chinese style food though). Open daily. 011-551-8976 or 011-551-6579.
- **Shaheen Restaurant.** Located in the Sheraton Hotel. The open kitchen allows you to watch your food being prepared. Open daily for lunch and dinner. Thought to be the best and is the most expensive Indian restaurant in town. 011-517-1717.
- **Zaika.** Located in the Dreamliner Hotel in Meskel Flower Area. Reported to be “good - they specialize in Tandoori non veg and Nans. I found the food extremely delicious. The ambience and service is very good (8/10). “ 011-467-4000.

8.1.5 Italian/Pizza
- **Castellis.** Located in the Piazza on Mahatma Gandhi Street (also called Arada Road) in front of Mahmoud Music Shop. The restaurant is owned and run by the same Italian family that founded it in 1948 and is known as the best restaurant in town. Reservations are suggested: 011-157-1757 or 011-156-3580. Closed on Sundays.
- **Antica Pizzeria.** In Bole. Coming from Ethio-China road, take a right onto Bole Road. Make your first left across Bole Rd. The road ends on what is known as “EU Road”. Turn left onto EU road and make the next immediate right. Antica will be on your left, across from the tennis center. Great brick oven pizzas and calzones. Friendly service. 0911-225-019.
- **Il Caminetto.** Located off Bole. Drive toward the airport, go through the airport traffic circle, and after the airport turn right and drive along the Ring Road. Take the first left and drive under the Ring Road, then take the first left and drive down the road toward Bole. Il Caminetto will be on the left. Nice menu and Italian chef. 011-662-5587.
- **Le Jardin.** They have a brick oven, so when there is no power in Addis, you can still get your pizza. Good salads, pasta and sandwiches. 100 m from Enderase Hotel, Kasainches, road to Abware, opposite Total gas station, near British Embassy. 011-551-9765 or 0911-623-342. Opening hours are 12-2.30 PM and 6-10 PM. On Saturday and Sunday lunch hours are extended until 3 PM.
- **Arcabaleno.** Located on the Vatican Road, on the right as you are coming from Pushkin. Excellent pepper steak and it is safe to try Arcabaleno’s steak medium-rare! The chocolate mousse is the best in Addis. Open 7 days per week. 011-371-3257 or 0911-248-121. Arcabaleno is ICS’ cafeteria caterer.
- **Pizza Deli Roma.** Two locations – on Bole Road near the Dembel Building and opposite the Ibex Hotel. 011-618-5874 or 011-551-1204.
- **Pizzeria Italia.** Pizza and other Italian dishes, served inside or outside. From Bole Road, follow the sign at Bole Printing Press. Open daily. 011-515-6553.
- **Top View Restaurant.** Known for their Italian food and for their view of the city. They also have a playground for children with a full time attendant. Closed on Mondays. To get to Top View, drive up the hill from the Meganagna round about. 011-662-7340.
**Blue Tops.** Located across from Addis Ababa University on Entoto Road. Dinner is mainly Italian but they also have steaks, veal and fish. They make a good pizza (30 kinds) and serve hamburgers, French fries and ice cream (best soft ice in town). Closed on Mondays. Same owners as Top View. 011-155-0934 or 011-155-9973.

**Rico’s Restaurant.** Italian cuisine and oven-baked pizzas, well stocked bar. Located on Bole Road. They also serve a midnight breakfast every Friday and Saturday from midnight – dawn. 011-553-9462.

**Makush Art Gallery.** Located on Bole Road in the Mega Building, on the second floor. Nice Italian food, pleasant ambience. Open every day from 10:00 AM to midnight. 011-552-6848 or 011-552-6855.

**Stagioni Restaurant.** Located in the Sheraton. Expensive. 011-517-1717, ext 6097.

**Hilton Pizzeria.** Located in the Hilton Hotel. 011-551-8400, ext 962.

**Napoli.** Opened in 2004 by the same family that runs the Le Jardin Restaurant. Italian food. From Meskel Square, turn right at Dembel City Center. Napoli is on the left. 011-551-4320 or 0911-612-629.

**Metro Pizza House.** Brick oven pizza made in Old Airport and Bole. The Old Airport restaurant is near the end of Victory Road. If you’re going down Victory Road headed away from ETC, turn left at the end of Victory Road and Metro Pizza House will be on your left. Management told us they do home delivery in the neighborhood if you order 5 or more pizzas. 011-653-1304 or 011-709-751. The Bole restaurant is located adjacent to the Exhibition center. 011-552-2828/552-2754 or 0911-149-948.

**Ciao.** Located about 1 km north of the Gofa-Sefer/Kera intersection, around the Bulgaria Embassy. Pizzas, pastas, meat and fish dishes. Tasty tiramisu and chocolate mousse. Nice atmosphere with outside dining available. Good for large groups. Closed on Tuesdays, open for lunch and dinner. 011-416-1431.

**AVANTI** serves delicious Italian food in a nice modern ambiance. Located on the ring road just west of the main Bole road, next to Bole meteorology. Open every day from 11 am to 3 pm and from 6 to 11 pm. 011-860 20 26.

**Don Vito.** Italian food, pizza and ice cream, pastry. Moved from the Debre Zeit Road to Micky Leyland road, in the Yoly building, 1st floor.011-618-4500.

**8.1.6 Mediterranean/Middle Eastern**


**Aladdin Restaurant.** Serves the flavors of Lebanon, Turkey and Armenia and is famous for its grilled meat, hummus and taboulleh. Located off of Bole Rd near the Japanese Embassy Residence and open daily. 011-661-4109 or 011-661-5256.

**Al Baraka Restaurant.** An informal restaurant with Arabic-style cooking. On Bole Road next to Bole Printing Press. 011-515-5903 or 011-551-1502.

**Lebanese Restaurant.** Service & outside catering, on Ethio-China Friendship Road. 011-515-3714 or 0911-905-454.

**Nakhluh.** Simple Yemeni food in a casual environment. Fresh juice and baklava. Close to the Lebanese restaurant on Ethio-China Friendship Road. 0911-026-666 or 011-551-6047.

**Al Sultan.** Lebanese food. On Tele Bole, across from Atlas Hotel. Specialty is grilled kebab, chicken, beef and lamb. Open from 12 noon to 12 at night. Open 7 days a week but may close on Tuesday in the future. 011-662-0070 or 0911-203-174 (Fabi).

**Bait Al Mandi** is a Yemeni cuisine restaurant with typical Arabian food. The restaurant has several rooms decorated according to the styles of several Arabic countries. Located on Micky Leyland road, opp the Yoly building. 011-6634490/6627037/0920929292. Owner is ICS alumni.

**8.1.7 Pastry Shops, Ice Cream, and Cafes**

**Kaldi’s Coffee.** The Starbucks of Addis Ababa. Many locations: Medhane Alem Road at the Hiwalot Mazoria circle below the Atlas Hotel; Old Airport in Adam’s Pavilion shopping center at Pushkin Square; End of Old Airport Road opposite Savemore Grocery; Opening Soon – Debre Zeit Road at Confusion. Good sandwiches, breakfasts, pastries, ice cream and all of the coffee drinks from home, including frappacinos.
• **La Chocolata.** Located on Victory Road in Old Airport. Nice chocolates, snacks and makes tortilla chips. Great salsa, too.

• **La Parisienne.** Located off of Bole Road. From Meskel Square, turn right after Dembel City Center onto Meskel Flower Road. La Parisienne is on the left. Known for croissants. 011-552-8820.

• **Bruno’s Ice Cream.** See map of Medhane Alem Square in paragraph 5.2 for its location in Bole - *just behind Bole Medhane Alem church.* Home made ice cream considered the best in Addis. Standard as well as creative flavors such as tiramisu, yogurt, and wafer. Prices are a bit above average but recommended by any kid who has been there. 011-661-6314 or 011-661-1364.

• **Denver Café.** A variety of cakes, juices and snacks. Located in Kazanchis. 011-552-2166.

• **City Café.** On Bole Road. From Meskel Square it is on your right just after the Mega building and before Sangam restaurant. A favorite place for ice cream. 011-515-1807.

• **Hilton Hotel Pastry Shop and Café.** Nice sliced bread for sandwiches. They also have “to-go” sandwiches in their pastry case. 011-551-8400, ext 839.

• **The Sheraton pastry shop** sells pastry and bread. Breads are the closest thing to North West European bread you can get in Addis.

• **On the Rise** is a new ‘orders-only’ gourmet bakery specializing in baked goods that are not available elsewhere in Addis. They use only premium and fresh ingredients to ensure the finest and most delectable desserts in town. They take orders for pick-up or delivery. 0913-871-724.

• **Frosty Frills** makes and sells ice cream for a reasonable price considering the high quality ingredients used. Call Donek Tesfaye at 0911214654 or 0911223429 for your order and free delivery. Minimum orders of 2 litres. Sells ice cream in small quantities at fairs and US Embassy Market Day.

• **IGLOO** has ice cream in a large variety of flavours and sells it in special isolated containers. On Bole Japan Road, when driving towards the ring road on your left hand side. 0118-302791

• **Cakes:** Martha Tilgal, who is also an ICS mom of two kids, makes amazing cakes for birthdays - both adults and kids. Not the dry, wet cakes but light, delicious and artfully decorated. Contact her at 0920-143-821 or buduknur@yahoo.com. And she caters amazing food, too.

### 8.2 Cinemas
There are 2 big cinemas in Addis Ababa: Alem and the Matti multiplex in Edna Mall. The latter has the widest selection of recent English language films. See also [http://www.ednamall.net/](http://www.ednamall.net/). It is advisable to check timings before going (011-661-6278). A third cinema is expected to open in the Laphto complex in Old Airport soon.

### 8.3 Beauty and Spa Services

• **Boston Day Spa.** Located on the ground floor of the Boston Partners Building on Bole Rd. Open: 8:00 AM to 7:00 PM Monday through Sunday. Hair care, manicure, pedicure, sauna, steam, Jacuzzi and massages. 011-663-6557 or 011-651-2509.

• **Euphoria.** High-end hair products. The owner, Mimi, trained and worked in the US. Hair care, nail care and skin care. The Euphoria Salon is in Old Airport across from ICS. Hours: Monday-Saturday 10:00 AM-6:00 PM and Sunday morning and afternoon. 011-372-9898/9.

• **Suzanne's.** A French hairdresser who has a beauty salon in her home. Located in Old Airport Area, near the Korean Chancery. 011-372-4581 or 0911-616-814.

• **Byogenic Beauty Spot.** Three locations: one opposite the Ibex Hotel on China road/Olympia Road, one on the Debre Zeit Road and the other is of Victory Road, next to S. Gabriel's church in the Laphto Complex in Old Airport. Open Monday through Saturday. In addition to massage, they offer men's (see Teddi’s below) and women's hair styling (cut, color, style), manicure and pedicure, hair removal (electrolysis), permanent makeup, waxing, and European facials. 011-652-2278/79 or 011-416-0284/85.

• **Teddi's.** Professional Man Salon - located at Byogenics in Old Airport - very experienced with European hair. Closed on Tuesdays. 0911-330-835.

• **Rosy's Garden.** Home pampering service: Rosy was the top manicurist and pedicurist at the Hilton Hotel before she branched out on her own, offering home services. She brings everything that is required to do manucures and pedicures at home. She also does basic hair styling and eyebrow shaping. Call ahead; her calendar gets booked fast, English speaking. 011-550-9769 or 0911-604-928.
• **Black and White Salon.** For European and African hair: located on the second floor of the Awaris Hotel in Hiwalot Mazoria on Mazoria Road (the same road that the Zebra Grill is on). The owner and head stylist, Dereje Tegegn, was the head stylist at the Hilton Hotel before he opened his own salon. They do a great job with “European” hair. Open seven days. Dereje speaks excellent English. 0911-241-526.

• **Abe Hair Salon.** For men: located in Dembel City Center, on Bole Road. Hair care, body massage, manicure, pedicure and facial treatments. 011-552-9150.

• **Aida Beauty Classic.** On Bole Road, they offer a wide variety of services, hair care, waxing, and facials. The owner, Aida Melaku, speaks excellent English. 011-662-0396.

• **Sunshine Beauty Salon.** Located in the Sunshine building on Bole Road, haircuts, waxing, manicure and pedicures. 011-551-4639.

• **Hilton Beauty Salon.** Located at the Hilton Hotel and provides haircuts and styling, waxing, manicures and pedicures. It is best to call ahead and make an appointment because they get very busy. 011-551-8400.

• **Real Beauty Salon.** Two locations: one on Victory Road in Old Airport, next to Rainbow Flowers, in front of Samet Restaurant and the other in Bodywise in Adam’s Pavilion at Pushkin Square. Services include haircut, braiding, manicure, pedicure, facial, waxing, hair color, etc. 011-371-8840. The Adam’s Pavilion location includes a men’s salon that also cuts European style hair.

• Relaxing massage at your home, by Senna. 0911-242-330.

• Hair Salon Rogios. European hair specialist Mekdela trained in Germany. 0911-145-057. mekdelag@yahoo.de. At the Mintwab building 1st floor (near USAID in Bole area).

• Teddy Yigezu (who used to work at Biogenics, Laphto) now has his own men’s salon in one of the shops between Yod Abesinia and Shopper’s Smart in Old Airport. 0911330835.

• **Dagem Hair Salon** in Old Airport. 0920-729-564.

• **Hiwot Bislanta** is a certified massage therapist that received training in different massage techniques from Swedish trainers. Practiced for many years in Accra, Ghana, and now is back in Addis. 0912284502.

8.4 Fitness and Exercise

8.4.1 Gyms

• **Ker Fitness.** Located in Old Airport on the other side of Ring Road behind the Swiss Embassy and Shell Station near Tzna Hospital and Girogis Club. 011-320-6102, 011-654-0295, 0911-178-802 or 0911-340-044.

• **Bodywise Wellness and Fitness Center.** Located in Old Airport in Adam’s Pavilion shopping center in front of Pushkin Square. 011-372-0052/54/56.

• **Hilton Hotel.** Located on Menelik II Avenue next to the UN/ECA. Offers an excellent health club and individuals or families may purchase memberships. 011-551-8400.

• **Rock Bottom.** Located on the Ibex Hotel Road off of Bole Road, which has been used by expats in the community. Rock Bottom is also a popular spot for the teens to meet during the weekends. 011-552-9237.

• **Bole Rock Swim and Fitness Center.** Located near Edna Mall, and offers a fully equipped workout gym and a 50m pool. 011-618-8171 or 0911-539-669.

• **Vigor Sports.** In the Laphto Complex located just off Victory Road next to St. Gabriel Church. Wide range of activities for all ages including swimming and bowling. 011-372-8777/78, 0912-210-888, 0911-420-065, 0913-546-328, 0911-408-311 (Yeshi). www.laphto.com.

• **Tony Lowe.** British Personal Fitness Trainer, professional service for all your health and fitness requirements. 0910-512-824 or antony.lowe@mac.com.

• Several sports for all (and not just “German school-people”) will most probably take place at the German Embassy School during the school year 2011/2012:

  - Mondays 19.00 to 21.00 hrs - Circuit training (Tony Lowe)

The circuit training class is aimed at adults and young adults (anyone from the age of about 14-16) who wants to improve their fitness. Anyone can attend as everyone just does the stations Tony sets out according to their level of fitness and abilities. The stations vary greatly, the whole body is worked through and usually there are about 14 stations. Charges ETB 100 for the two-hour session. The circuit on Thursdays takes place at the gym.
of the German school from 18.00 to 20.00 hrs. There is probably also regular circuit training at the gym of Sanford School on Tuesdays from 15.00 to 17.00 hrs.

- Tuesdays: 16.00 to 18.00 hrs - Football for kids (Dr Tefera Negussie) 19.00 to 21.00 hrs - Volleyball for adults (Amha Zewdie)
- Wednesdays: 16.00 to 18.30 hrs - Gymnastics for kids (kids have to be registered to attend, plse contact Tony Lowe well in advance)
- Thursdays: 16.00 to 18.00 hrs - Football for kids (Dr Tefera Negussie) 18.00 to 20.00 hrs - Circuit training (Tony Lowe) 20.00 to 22.00 hrs - Basketball for adults (Martin Dirr)
- Fridays: 14.20 to 17.30 hrs - MMA - Mixed Martial Arts for all (Tony Lowe)
- Every other Saturday: 09.00 to 10.00 hrs - Toddler Fitness (plse contact Tony Lowe for exact dates, see 7.5)

Usually NO SESSIONS take place during the school holidays but speak to the organisers.

♦ Tai Ji - Qi Gong. Private Lessons, for information, Stefano Tabanelli 0912 200 325

8.4.2 Yoga
- The Yoga Studio. Opened in 2010 on the EU road, above Hahu Café, is Addis Ababa’s first authentic yoga studio with quite a few programs on different times of the day. 0920-538-659.
- Chandra Yoga. Located in Old Airport between ICS and the Sierra Leone Ambassador’s residence on Ring Road. Instructor: Alpha. 0911-943-111.
- Eva Drager. Teaches a combination of yoga with meditation (Vipassana); also gives massage and mindfulness training. 0911-565-190. Email: edrager@hotmail.com.
- ABS Ayurveda Center. Offers a yoga and meditation program. 0911-224-882, 011-553-0000 or 011-515-8000.
- World Food Program. Mondays at 6:00 PM. 0911-209-676.
- Alem Fitness Center. Located on Bole Road in the Alem Building. If you are headed towards the airport, it will be on the right. Instructor: Samjhana Thapa. 0911-389-626 or 011-663-3897.
- Eskew Yoga Center. Located near Hayat Hospital (if you are on Ring Road and pass the airport, you will see Hayat Hospital on the left side) opposite Moenco Company and behind Dini Supermarket. 011-663-8206 or 0911-225-447.
- Bole Rock Swim and Fitness Center. Located between Edna Mall and Harmony Hotel in Bole. Yoga is given on Wednesday and Friday at 11 AM and Monday, Tuesday, Thursday at 6:30 PM. 011-618-8173/ 0911-767-717.
- After spending many years overseas, Aida and Deborah have returned home to educate their community the principals of Yoga and its benefits. 09-21 14 69 56 or 09-20 73 19 26. Email: dhaddis@hotmail.com or yoga2heal@yahoo.com
- Emily Gilchrist offers yoga and ‘she is the best teacher I’ve ever had’. Contact 0921787115 or emily_gilchrist@hotmail.com

8.4.3 Golf
- Addis Ababa Golf Club. Located in Old Airport. The main entrance is from the slip road that runs parallel to the Ring Road past Savemore Supermarket. The Golf Club has nine holes and you can either join the club or pay a greens fee. A driving range is available and clubs can be rented. There is also a good restaurant at the club. 011-320-1893 or 011-371-3062.
- British Club. Located on the British Embassy Compound. The British Club has a six-hole course that is open for members. 011-661-2354.

8.4.4 Tennis and Squash
- International Community School (ICS). The four clay tennis courts are available for ICS community members. Ato Kebede is responsible for the tennis courts so if you have any concerns, please contact him. Please contact them directly to arrange private lessons:
  - Kebede Daniel: 0911-678-333
  - Mesfin Wajaye: 0911-616-129
  - Abraham Beyene: 0911 884 564
- International Tennis Club. Located in Old Airport near Laphto and St. Gabriel Church. 011-320-0145.
- Hilton Hotel. Has both tennis and squash courts. 011-551-8400.
• **Ghion Hotel.** Has tennis courts. 011-551-3222 or 011-515-1161.
• **Ararat Armenian Club.** 011-111-3572.
• **International Livestock Research Institute (ILRI),** CMC road. Tennis and squash courts for use by its club members. Outsiders can apply for membership through ILRI staff. Information and forms can be obtained from the ILRI Housing Office (011-617-2642/2600 ext 26).

8.4.5 **Swimming**

• **Hilton Hotel.** Heated pool is available via membership or for a daily fee. 011-551-8400.
• **Sheraton Hotel.** Aqua club at the Sheraton: Memberships or daily prices available at Addis's favorite swimming oasis. Heated lap pool with underwater music along with a “zero entry” swim area for relaxing. Kids enjoy their own wading pool with water slide and "Simbas Playground" for a break from swimming. The Aqua Club also features separate men’s and women’s dressing rooms, sauna and Jacuzzi. Poolside food service available or enjoy full service dining at “Breezes” restaurant adjacent to the pool. 011-517-1717.
• **Ghion Hotel.** Olympic-size pool with a high dive. They also have a variety of motorized rides for children. 011-551-3222 or 011-515-1161.
• **Bole Rock Swim and Fitness Center.** Located near Edna Mall, and offers a fully equipped workout gym and a 50m pool. 011-618-8171 or 0911-539-669.
• **ILRI.** On CMC road. Has a pool for use by its club members. Outsiders can apply for membership through ILRI staff. Information and forms can be obtained from the ILRI housing office (011-617-2642/2600 ext 26)
• **Vigor Sports.** In the Laphto Complex located just off Victory Road next to St. Gabriel Church. Small swimming pool that is good for laps though. Check daily rate; relatively economical packages for children. 011-372-8777/78.

8.4.6 **Jogging**

• **ICS Track.** The track is available for use for free by ICS parents before and after school and on weekends as long as it doesn’t conflict with student use.
• **Hash House Harriers.** The Addis Hash, the highest Hash in Africa (2500 m.), runs every Saturday afternoon, rain or shine, outside the city of Addis Ababa. They meet at 2:00 PM at the Hilton Hotel parking lot. Transportation is provided for those without. There is a weekly registration fee of 10 Birr for regulars and 25 Birr for newcomers. The average size of the Addis Hash pack ranges from 40-60 runners, with some 250 registered runners. The Addis Hash is a "Family Hash", meaning that we welcome local and expatriate, young and old, female and male runners, as well as walkers. The actual run, or shorter trail for walkers, lasts 45-60 minutes. For more information: http://addishhh.kwbworld.com/runinfo/index.html or email the organizer, Michael Green, at michael.green@wstgroup.com or 0912-964-369.

8.4.7 **Other Activities for Adults**

• **ICS Evening Sports.** During the school year, volleyball, soccer, basketball, ultimate frisbee and softball games often are organized in the evenings for ICS parents and staff. See the After School Activities Booklet for more information.
• **Latino Dancing Classes.** Learn to salsa, meringue, lambada, etc. At Dream Club on Ethio-China Road on Mondays & Wednesdays 6:30-7:30 PM, Tuesdays & Thursday 6:00-7:45 PM. At Alem Gym on Bole Road on Saturdays 5:00-6:30 PM and Sundays 10:30-noon. Contact Behailu at 0911-360-0843.

8.5 **Clubs and Societies**
The following list of social clubs, organizations, cultural institutes, lecture series and sporting events is by no means exhaustive. Many groups are started because someone perceives a need (i.e. girls’ softball/boys’ baseball) and volunteers donate their time to get a group going.

• **Ethiopian Wildlife and Natural History Society.** This is a very popular group since it gives you an opportunity to learn about Ethiopia while traveling around the country. Membership entitles you to travel with expert leaders on half-day, full-day or weekend trips to places of interest. The group has monthly meetings at 6:00 PM on the 3rd Wednesday of every month at the Ethiopia Hotel. The society
produces a monthly newsletter and a journal entitled Walia. For more information, contact Elizabeth Asfaw at: 011-551-7200, ext 35334 or 011-416-4045.

- **Horticulture Society.** The sister society of the Wildlife and Natural Society. Founded in 1955. Members can visit several private gardens and gardens of Embassies. General meetings may include a display of slides of gardens and exchange of seeds, seedlings, cuttings and pot plants. The Society has two flower shows per year and its members, who are experienced in Ethiopian horticulture (especially in Addis Ababa) are willing to offer practical advice and assistance. A few years ago, membership used to be 30 birr for a single membership and 50 birr for a family. For more information call Elizabeth Asfaw at: 011-551-7200, ext 35334 or 011-416-4045.

- **Interest Group.** This organization promotes the appreciation of Ethiopian culture through lectures and usually meets from October – May every Friday at 9:00 AM at the Hilton Hotel. The programs are a community service for all and there is no entrance fee.

- **Friends of the Institute of Ethiopian Studies.** Through weekly lectures, this group introduces Ethiopia’s diverse and unique culture to Ethiopians and foreigners. Lectures take place Wednesday evenings at 6:00 PM at Addis Ababa University. Applications for membership to this group are available at the lectures. Call Rita Pankhurst at 011-371-2901.

- **International Women's Club.** This organization is open to all women in Addis Ababa and meets the 1st Thursday of every month at 9:00 AM in the Hilton Hotel. The club is active September – May and membership dues can be paid at any meeting. Information on membership can be obtained from Betty Halle at 011-661-1017.

- **Motley Singers.** A community choir of some 30-50 people that is always happy to welcome new singers. No requirements, just the joy of singing. Membership is open to anyone in Addis Ababa. The group usually rehearses for two performances during the year; a Christmas concert and a spring concert. The group holds rehearsals September – May on Monday evenings from 7:00 – 9:00 PM at the International Evangelical Church. Further information: call Philipp (0913-001-231) or motleyaddis@gmail.com.

- **Toastmasters.** This group offers a supportive and positive learning environment in which you can practice and develop your communication and leadership skills. There are several groups that meet in Addis. At the Ghion Hotel, meetings are twice per month, every other Wednesday. Call Alula Pankhurst at 011-112-6029 (office) or 011-371-4669 (home) for more information. Toastmasters also meet at ICS. Check with the receptionist to verify the time and days of the meetings.

- **Blis.** Blis is a club that gives members a discount at various shops, hotels, restaurants and cultural events. The membership fee is 375 birr. Registration information is at any BookWorld outlet as well as at the Hilton and Sheraton Hotels. You can also call Better Living at 011-155-7856/6200/9013 for more information.

- **Hash House Harriers.** See Section 8.4 above.

**Bridge Club.** This group meets every Monday evening at the Hilton Hotel at 7:15 PM.

### 8.6 Cultural Institutes

The following institutes have centers in Addis. They all offer language courses, films, exhibits and sometimes concerts. Some have email listing for their announcements.

- **The Institute of Ethiopian Studies.** Located in the Ethnographic Museum on the grounds of Addis Ababa University. This is the best place to start for a well presented overview of many aspects of Ethiopian culture. 011-111-9469.

- **The Italian Cultural Institute.** Located on Gojam Road, the Institute is open on Tuesdays and Thursdays from 8:00 AM – 6:30 PM (closed 2:00 – 3:30 PM for lunch). It organizes concerts, films and exhibitions. 011-111-3655 or 011-155-3427.

- **The Italian Club Juventus.** Located off of the Debre Zeit Road, the Club is open Tuesday – Sunday. Lunch is served every day but Saturday. There are tennis courts and playground equipment for children. 011-551-6464.

- **The Alliance Ethio-Francaise.** Located on Wavel Street. Open weekdays 8:00 AM – 6:00 PM (closed noon – 2:00 PM for lunch). The Alliance has exhibitions and cultural nights. They also offer French classes. 011-155-0213. Send an email to culture@allianceaddis.org to get on their email list for the latest announcements.
**The French Center for Ethiopian Studies.** The Center is located near Ras Amba and is open from 9:00 AM – 5:00 PM (closed noon – 2:00 PM for lunch). The Center has a library and a research center. There is a membership fee. 011-156-2353.

**The British Council.** Offers knowledge and learning services and excellent library/video membership. The British Council is open Tuesday - Saturday 10:00 AM – 6:00 PM. Lunch is available on weekdays. Email: [www.britishcouncil.org](http://www.britishcouncil.org). 011-155-0022.

**The Goethe Institute.** Located in Arat Kilo next to the Menelik School. Open daily from 4:00 – 6:00 PM. German newspapers, magazines and books are available. Lectures are given on Thursdays and films are shown on Fridays. Many events are open by invitation only, so call 011-155-2888 for more information.

**The Russian Center for Science and Culture.** Located in the Piazza and open weekdays 9:00 AM – 5:00 PM and on Saturday 9:00 AM – noon. The center has a library and reading room. 011-155-6575. Email: pushkin@telecom.net.

**Ararat Armenian Club.** Located between Arat and Siddist Kilo towards St. Mary’s Church, turn right on the first street. The Club has a restaurant and a tennis court. 011-111-3572.

### 8.7 Places of Worship

**Holy Savior Catholic Church.** Located in front of the Telecommunications Office on Churchill Road. English language services are held at 10:00 AM and 6:00 PM on Sundays. 011-515-7508.

**Apostolic Nunciature.** Mass is celebrated Sundays at 10:30 AM at the Embassy of the Holy See in Old Airport. Offers catechism classes for children. 011-371-2100.

**St. Matthew’s Anglican Church.** Going up Entoto Road toward the US Embassy, turn right at Arat Kilo. At the 1st big fork in the road, take the right fork. St. Matthew’s is on your left. Sunday Services in English are at 8:00 AM for Holy Communion and 10:15 AM for Sung Eucharist. 011-111-2623.

**International Evangelical Church.** Services in English Sundays at 9:00 AM, 10:30 AM, 11:30 AM and 5:00 PM. Located on the road that runs between Mexico Square and Pushkin Square, across from the Novis grocery store. The Evangelical Church has Sunday school classes for all ages. 011-515-0660 or 011-371-0013.

**International Lutheran Church.** Located near Mexico Square, past the Pan Afrique Hotel. English services are held at 11:00 AM on Sundays. 011-371-0974.

**German Evangelical Church.** Located near Siddist Kilo. If going up Entoto Road toward the US Embassy, turn right at Siddist Kilo, then take the second right at the gas station. The church will be on the right. 011-112-0676.

**Anwar Mosque.** Located in the Mercato. Parking is difficult. 011-275-0559.

**Mekanisa Mosque.** Located in Mekanisa. If coming from Pushkin Square, take the Vatican Road. After a few kilometers, you will see the mosque on your left.

**Sheik Zaid’s Mosque.** Located in the Bulgaria neighborhood. If coming from Pushkin Square, take the road to Bole. Pass the abattoir on the left and then look for the mosque on your left.

**Aisha Mosque.** Located on Meskel Flower Road in Bole. As you are driving from Bole Road toward Debre Zeit road, as you are getting to the end, look for the small mosque off to the right.

**Jewish Synagogue.** Located off the Piazza near the Shoa Supermarket. Call Rick Hodes for more information. 011-661-3826 or 011-661-3827. Services are on Saturday at 9:00 AM.

**Bahai Center.** Located in Bole off the EU Road. English service is held 11:00 AM on Sunday. 011-618-1372 or 011-662-7751.

**The Church of Jesus Christ of Latter Day Saints.** Megenagna Branch, located off Asmara Road. Heading out of town on Asmara Road from Meskel Square, it is approximately three kilometers beyond Bambis. Take the first right after the Total station onto a dirt road. The Mormon Church will be on your right. Look for a sign on the entrance gate. Services are from 9:00 AM – noon each Sunday. 0911-608-023.

**Seventh Day Adventist.** Located on the same street as the Ghion Hotel. English Language services are held on Sunday at 9:30 AM. 011-321-1199.

**UN/ECA Mosque.** In UN/ECA compound: Friday prayers from 12:30 to 1:30 PM. For information: Gassana at 0911-202-661, Nasru at 0911-615-680.
Shopping in Addis

Most shops are open Monday – Saturday from 9:00 AM-1:00 PM and then from 3:00-6:00 or 7:00 PM. Some of the smaller shops are closed on Saturday afternoons. Very few shops are open on Sunday. In many shops around town, bargaining is not only in your interest but expected.

**Can't settle on a price?** Then end on a friendly note. Rather than criticize, say that you respect his goods but simply can't afford them or that the price is fair but the item doesn't meet your exact needs. Whether or not you buy, conclude with thanks for the hospitality.

**9.1 Where to Shop**

Almost everything you need or want is available in Addis, though you may have to really hunt for it. It may not be available consistently, it may be very expensive, or the quality may not meet your standards. What's Out! Addis produced a shopping guide on Addis Ababa that is really worth having when settling in.

**9.1.1 Supermarkets**

The following grocery stores are popular with faranjis in light of the quality and selection of items they offer. These stores offer a variety of local and imported items (not surprisingly, imported items are expensive), canned goods, cheese, meats, fruits and vegetables, wine, local and imported beer and spirits. In addition, most of these stores have another floor or two that offer toiletries, household items and small appliances, stationery items, furniture, etc.

- **Bambis.** One location on Asmara Road. Favorite of many expats, Bambis has nice selections of just about anything you really need. Its produce is very good and often has items you can’t find elsewhere. If you need something special from the deli or butcher, call Mrs. Bambis in the morning at 011-550-5584 and they will hold it for you.
- **Novis.** Six locations: at the Hilton Hotel (smallest store), Old Airport (across from the International Evangelical Church), on Bole Road, on Churchill across the street from Shi Solomon's, in the Piazza next to the British Council on Adwa Road and near the National Theater. Many people favor Novis in the Old Airport area for their good quality meats. For others it is first choice for children's birthday gifts.
- **Fantu.** Five locations: two on Bole Road (one near Novis and the other across the street), one on Debre Zeit road, one on CMC road near ILRI and one at Old Airport across from the Canadian Embassy.
- **Shoa Supermarket.** Two locations, on Bole Road and on the Ring Road in Old Airport (near the Swiss Embassy). Known for its excellent selection of cheese as well as for having fresh herbs that often can’t be found elsewhere. Sometimes has fresh sweet corn! Has a section for diabetics. Almost everything is imported from Turkey. The produce is clean, fresh and sanitary. Open daily 7:30 AM – 11:00 PM.
- **Shi-Solomon.** Two locations: at the bottom of Churchill Road close to the National Theatre and on Debre Zeit Road. If you leave Meskal Square and drive down Debre Zeit, the Debre Zeit location will be on your left. These stores are known for their good quality meats (especially ground beef) and a great selection of produce.
- **Negash Grocery.** One location in Old Airport, on the circle at the opposite end of Victory Road from Telecom Circle. Good selection of dry and canned good, rice, and pastas. Also has a small meat and cheese counter. In the back of the shop, you will find a good collection of all kinds of household ware and baby stuff. The proprietor was an ICS student many years ago.
- **Savemore.** Two locations: Ethio-China Road and in Old Airport at the end of Old Airport Road on the corner before turning onto Ring Road. Tends to be more expensive than other similar stores but is convenient for those who live in Old Airport. 011-552-5889 or 011-371-0126.
- **Shopper's Mart.** Two locations: one near the telecommunication roundabout going towards Pushkin square and one on CMC road close to ILRI. Has most of the basics but no alcohol. Open 24 hours per day. 011-320-5857/58.
• **Friendship Supermarket.** Located in the basement of Friendship City Center shopping mall. A very convenient and well-stocked store but parking is difficult. Quiet big, good stock.

• **Loyal Supermarket.** Located on Churchill road, opposite the French Lycee.

• **Safe Way Supermarket.** Western Style supermarket that sells brands like Casa Siesta Seasoning en Lays Chips. On CMC road.

• **Souks:** There are hundreds of these small “Mom and Pop” shops in most residential neighborhoods of Addis. Some are several meters long where you can buy eggs, camera film and batteries, olive oil, soft drinks, etc. These shops are convenient and inexpensive.

### 9.1.2 Malls

• **Denbel City Center.** Located in the heart of Bole, it provides indoor shopping, restaurants, jewelers, and more. Parking is available in the back and basement.

• **Edna Mall.** Located at the Bole Medhane Alem circle on Bole-Tele Road. Just opened in 2008, this mall has stores and restaurants as well as a video/game center and indoor playground for kids. Edna is most known for it’s American style movie theatre with stadium seating and newly released movies at good prices (ETB 30 on weekends; ETB 20 weekdays). Seats can be reserved. Call 011-661-6278/6208 or visit their website [http://www.ednamall.net/](http://www.ednamall.net/).

• **Adam’s Pavilion.** Located next to Pushkin Square. Small mall where one can buy computer accessories, furniture, clothing, baby items, a cup of coffee at Kaldi or a meal.

• **Laphto.** Multi purpose complex. Recently opened in Old Airport, next to Besrete Gebriel Church on Victoria Road. Complex for leisure and shopping with a variety of shops including a bakery, houseware and boutiques. See [www.laphto.com](http://www.laphto.com).

### 9.1.3 Bazaars

• **Monthly NGO Bazaar:** many (mostly) Ethiopian NGOs sell their goods from 9:00 AM – noon at the International Evangelical Church, mostly on the last Saturday of every month.

• The bi-annual Designer’s and Artisan’s Bazaar takes place usually in December and May at the Floral Tropical Gardens (look for the sign just past FAO near the intersection of Bole Road and the Ethio-China Road). This bazaar includes both non-profit and for-profit sellers and the goods tend to be more high-end than those at the NGO Bazaar.

• Many artisans set up tables during the PTA Spring Carnival at ICS.

Other bazaars happen throughout the year. Watch the notice boards at ICS and grocery stores.

### 9.1.4 Specialty Grocery Shops

• **Mama’s.** One location on Bole Road, across the street from City Café. They stock dairy products including cheeses that come recommended. Their products can be found in most grocery stores in Addis. Make sure you check the expiration date on dairy products.

• **Fresh Fish Market.** On Meskal Flower Road, features fresh fish brought in from Djibouti, they also stock Philadelphia Brand Cream Cheese, and sometimes carry processed sliced cheese for grilled cheese sandwiches. They sometimes carry coconut milk and curry paste.

• Twice a week fresh fish from Djibouti arrives in Addis: tuna fish, grouper, shrimps and barracuda. For orders call 0911-437-418.

• Frozen fish can be bought in the DSTV building opposite the German Bakery on the Tele Bole road (the street leading to the airport).

• **Prime.** Just opened in 2009, this meat market has recognized that there is a demand for pork. Provides grain fed organic pork from its own farm in Ethiopia. Located on the west side of Mekanissa road coming from Pushkin Square just after the Vatican Embassy.
• **Organic-Ethiopia.** Office/Shop near La Gare, the train station (2 blocks east of Mexico Square). Good place to get local produce, including apples from Awassa and strawberries from Debre Zeit. 011-554-6140. 0910-121-375. [www.ecopia.de](http://www.ecopia.de).

• **Rut & Hirut.** Sell milk, different kinds of cheeses, yoghurt, cream and butter. In Kasanchis near the InterContinental Hotel. Best to order in advance. 0911-123-855 or 011-551-9154.

• The Japanese market is a group of **vegetable shops** in the vicinity of the Korean restaurant in Bole (west of the Bole road). Next to the usual vegetables, you can find vegetables and other cooking ingredients that are hard find with other shops in the city e.g. ‘sinde’ (wholewheat flour usefull for Indian chapattis), christophenes, and fennel bulbs.

• **Almeta Farms.** Normally exports vegetables and sells directly to upscale supermarkets in Addis. You can call to Aida for home delivery of strawberries, basil and other herbs. 0911-218-932 or 0911-145-383.

• **Beral milk shop.** Sells milk, several types of fresh cheeses and yoghurt from their own farm next to groceries. Fresh milk is delivered 3 times a day. Located on Sheraton (or Taitu) road, a little bit down from the mosque, on the other side of the road. Open daily, 7 AM - 8.30 PM. Also sells milk and some dairy products at their farm in Old Airport between 7-8 AM and 4-5PM or until milk is finished. To reach there go down the rough road that continues down from Victoria Road and look at the left side for the white window shutter to be open. There is usually a small crowd waiting. The trouble is worth the very nice fresh milk and dairy products.

• **Jittu vegetables.** Farm that exports to Middle East but also sells in Debre Zeit and on Victory Road in Old Airport (opposite Terry’s)

• **Bisrat Organic Chicken products.** Bisrat and Fasil have a organic chicken farm in Debre Zeit. You order on Monday or Wednesday and they deliver(@ ETB 20) the next day at your place. Orders of chicken legs, thighs, wings, breasts, eggs, cottage cheese, etc possible. Ask for non-fat chicken if you wish. Fasil 0911218710 and Bisrat 0911405073.

• **Abbafany meat products.** Small butcher shop on Ethio-China road. Especially good for al kind of smoked (European style) sausages. 0911201560; 011-4392666; [Abbafany@yahoo.com](mailto:Abbafany@yahoo.com).

• **Apple supermarket.** This small supermarket distributes organic apples from Chencha, Southern Ethiopia. In Mekanisa in front of the Melane Yesus Seminary. For more info call Rahel Sehmolo 0911116570 or 0911023107. According to leaflet, Rahel does home delivery as well.

9.1.5 **Bakeries**

• **Enrico Pastry.** One of the oldest Italian Pastry shops in Addis. For special occasion desserts, mille feuille. Piazza, across from Mega bookstore. General Wingate Street. 011-157-1490

• **German Bakery Münch.** In Kasanchis opposite German House/Continental Hotel Monday–Saturday 7.30 AM - 7.30 PM and Sunday 9 AM – 5 PM; in Bole close to Medhane Alem Church and in between Swiss Café / Bole Int Hotel and the Ring Road, 7.30 AM - 9.30 PM and on Sundays open after 9.00 AM. 0911-218-534 or 0911-685-307.

• **Mulmul Bakery.** Opened in 2010 on Victory Road in Old Airport, at the corner of St. Gabriel Church. Specializes in bread for health conscious clients: barley bread, whole wheat bread, whole grain bread, soy bread, tef bread, rye bread, flax seed bread and oat bread. But they have also wheat only products: burger bread, baguettes, croissants, brioches, donuts, muffins, bread sticks, a delicious variety of cookies, etc... Has a slicing machine. Mulmul Bakery has two more branches: one at Yeka sub-city near Denberwa hospital and another one at Arrada sub-city in front of the parliament.

• **Grand Bakery.** In the Laphto complex; does home delivery of pizzas. 0913-204-705.

• **On the Rise.** A new ‘orders-only’ gourmet bakery specializing in baked goods that are not available elsewhere in Addis. They use only premium and fresh ingredients to ensure the finest and most delectable desserts in town. They take orders for pick-up or delivery. 091-387-1724.

• **Bagel Corner Bakery.** Located near Edna Mall. Coming from the airport, turn right at Medhane Alem Square. Take your first right past the academy. Bakery is on the left. Bagels, brownies, whole wheat breads, pies, and more. 011-651-3067. 0911-455-510.

• **Zola Pastry Shop.** On Bole Road. From Meskel Square it is on the left. Known for their Éclair Towers, that must be ordered in advance. Zelalem 0911-243-966.
• **Hilton Hotel Pastry Shop and Café.** Nice sliced bread for sandwiches. They also have “to-go” sandwiches in their pastry case. 011-551-8400, ext 839.
• **Sheraton Pastry Shop.** Nice bread and pastries at decent prices. 011-517-1717.

### 9.1.6 Coffee

- **Tomoka.** Located off Churchill Road. At the last stoplight before Churchill ends, turn left and look for the two-storey yellow building on your right. Tomoka has several varieties of roasted coffee available and you can buy whole beans or ground. While you’re there, enjoy a cup of coffee and leave smelling like roasted coffee beans for the rest of the day. Open 7 days per week. 011-111-2498.
- **Mokarar.** Located in Piazza, few hundred meters from Saint George Church on Samien Hotel Road (Dejazmach Belay Zeleke or Tunisia street), just up from Giorgis (some guide books call it Adwa Square). Like Tomoka, offers many blends of roasted coffee and you can buy whole beans or ground. Enjoy a cup of coffee while you’re there. 011-155-2783.
- **Aster Buna.** Located on Bole road, on the right if you are heading towards Meskel. Coffee roaster and distributor. 011-515-9315.
- **Robera.** Coffee producer and exporter on the main road of Gerji coming from CMC road (close to the Mexican Embassy). According to many, has the best roasted coffee beans in town. 011-646-1451/52. [www.roberacoffee.com](http://www.roberacoffee.com)

Most grocery stores carry good coffee at very reasonable prices.

### 9.1.7 Household Wares

In general it is hard to get the bigger electronic household goods in Ethiopia. Expect to see one or two models per shop, often not the biggest or the latest models. If your sponsoring organization provides a shipment, it is advised to ship household goods (see also in ‘the what to bring’ tables earlier in this guide). If not, check out the following places and quite a few other shops in Addis.

Unbreakable tableware for (cups and plates for children) are also not widely available

- **ETHOF** (Ethiopian Household & Office Furniture Enterprise) is the government department store in Piazza (011-551-3507). It is a large two storey place for cheap household, furniture and camping items. There is a parking area on the left side of the building.

- **Houseware Mart** sells top end cutlery, porcelain, plastic wine glasses, cooking pots, stoves, etc., mostly imported from Italy, and some camping items. It has two shops: in Piazza (011-155-5295/97) and in the Laphto multi purpose complex in Old Airport (0911-473-537).

- If you have duty free privileges, **the ETTC duty free shop** on Haile Gebre Selasse road is worth checking out especially for the larger fridges (saves a couple of US$100), Pyrex, suitcases, TV sets and other white electrical goods. Do not expect the latest models or much of a choice. Do expect lengthy procedures, writing letters for getting the larger goods (that can only be picked up after a day or two) and paying in dollars. ETTC has smaller outlets without electrical goods and alcoholic drinks at the Hilton where one can avoid the lengthy procedure. Above US$50 Visa cards are accepted.

- Most supermarkets have sections for smaller household wares.

- In Old Airport, **gas bottles** can be bought at Fantu or the small shop between the Zambian Embassy and the mirror shop on the old road between the telecommunication roundabout and Pushkin Square. The later also sells complete sets, i.e., bottle, tube and adapters.

- In Kasanchis (close to Bambis) there are many light and plumbing shops.

- **Nu Trading** is said to have very good cleaning equipment, 2nd floor Dembel City Center, 011-515-9586/87.

- **Tree Savers** can be found at the monthly NGO bazaar selling (kids) colorful furniture made of recycled paper and card boxes. Orders can be placed with Daniel as well: 091-143-2007.

- The **Victoria Department Store** in Old Airport reopened in January 2011 after having been burned down a few years before. It is owned by the same owners as the ETTC Duty Free shop on Haile Gebre
Selasse Road. It sells the same items as the duty free shop but here you pay the tax. Particularly good in strong alcoholic beverages, cooking utensils and large electrical items such as fridges and washing machines. Also sells gas cylinders. Cleaning materials are a good deal here. Consider buying a lot at a time as the payment procedure is a bit lengthy.

- The **Rainbow Foam Factory** can be found behind the NOC fuel station on the Kera-Bulgaria road (in the neighborhood of the African Union). They sell 1st and 2nd class foam. Odd sizes are also possible. Open Mon-Sat, between 8 AM and 5PM.

- **Fibertech** is the first and by now long standing fiberglass products manufacturer in Ethiopia. Known for durability of watertanks, sanitary wares and the like. 011-4393285/550, fibertech@ethionet.et.

9.2 **House Furnishing**

- **V. Karebean** in Piazza has good house furnishings. It has the biggest choice in curtains and carpets. If the customer's choice is not in store they also order/import it.

- IKEA style cloth can be bought with the IKEA supplier on the 7th floor of the FinFin building. The Fin Fin building is one of the buildings on Meskel Square that also houses the Abyssinia Bank. Note that as it is pure unwashed cotton that this cloth may shrink up to 25%.

- Ornamental wrought iron items (railing, gates, door panels, furniture) can be made by Saliz. Call Samuel Lemma at 011-646-5402 or 0911-215-050.

- Hassan is a good carpenter. 0911-621-542.

- Salvatore is one of the local favorites for furniture.

- Haile is reported to be good at indoor and outdoor furniture (children castles) and reasonably priced. His workshop is located left of the Mega cinema just north of the Tewodros roundabout, just off Churchill Ave (where maps indicate Mahatma Gandhi Ave). Look for the blue and white sign of Book Store and the Joburg hotel). 0911-753-815.

9.3 **Gardening**

- For garden supplies, head to **Atkilt Terra**, the wholesale vegetable market in Piazza. Some shops sells basic seeds and hardware: hoses, secateurs, shovels - if imported, most are from China. Building material shops also sell garden hardware. Hand and motorized lawnmowers are available. (Note that if you decide to bring a motorized lawnmower, to also bring fuel filters, etc). Chemical fertilizers, pesticides and fungicides are sold in small bags/quantities. Big bags are only available in the rainy season.

- **Angels**. Angels looks after the gardens of ICS. Owner Mulu used to have a shop on Bole Road but now only sells on order. She is a great source for all kinds of herbs and seedlings. She can also help you with compost, either by the bag or pick-up load. 0911-203-704.

9.3.1 **Sewing Materials**

Nice ribbons, buttons and other haberdashery, cotton underwear, socks and bras (e.g. Lovable), cotton baby pajamas, shoe laces, etc., at **Elda Fashion**, which is just off Churchill Road on Mahatma Gandhi Road next to the MK Business Centre and opposite Black Lion Pharmacy. This shop is run by a gracious Italian lady and has been there since the 1960s! 011-122-2959 or 011-111-5571.

9.3.2 **Sportswear**

In general it is advisable to get sportswear from outside Ethiopia but if you happen to be without while in Addis check out the following:

- There's a whole string of sports shops along the main drag where the British Council used to be in Piazza. They have good quality, reasonably priced stuff.

- The sports shop next to Mega Building, Bole (where Makush Art Restaurant is), ground floor.

- Bole Rwanda / Bole Japan (but they tend to be more adult sports stuff).
9.3.3 Gift Shops and Handicrafts in Addis Ababa:

Traditional Ethiopian handicrafts include Coptic crosses made of silver, nickel or brass, silverwork (jewelry, etc.), woven woolen carpets, baskets, icons, wooden crosses, parchment books, wooden stools and embroidered, hand-woven cotton items. The places listed below are just a few of the shops that have become popular with farenjis but there are literally hundreds of shops through Addis. Start with these shops and then explore on your own.

- **Muya Ethiopia.** This shop is a challenge to find but is worth it. If you’re heading up Entoto Road toward the US Embassy, turn right at Siddist Kilo. At the sign for the Irish Embassy Residence, turn left. Go to the end of the road and turn right. After the Egyptian Embassy turn left, continue to the end of the road, turn right and then left again. Look for a gate on the right that has a small sign on it that looks like the red face to the right. This shop offers traditionally hand-woven products, excellent pottery and carved furniture. The prices are a bit higher than other places but that’s because the owner, Sara Abera, pays fair wages to the craftspeople. 011-123-4015.

- **Suzanne’s.** In a large terracotta-orange building in Old Airport near the Korean Embassy. Suzanne’s has art, jewelry, textiles (including curtains) and furniture as well as a hair salon and French crepes. Open Monday – Saturday 10:00 AM – 1:00 PM and 2:30 – 7:00 PM. 011-372-4581 or 0911-616-814.

- **Dawe Emede Handicrafts.** In the Mercato at Teklehaimanot Square. This shop has something for everyone if you like to have to “find” your treasure. Beads, antiques, wooden items, furnishings. Don’t be dismayed when you enter the small first room – the shop is five rooms deep. The owner, Tekaligne Besepa speaks excellent English and takes care of his customers. Ato Teka will take you to his warehouse, if you are searching for something that he doesn’t have in his store. If you want to make sure that Ato Teka is there when you are, call ahead. 011-277-9605. While you’re there, check out the shops across the street and to the left that also sell similar items.

- **Ethiopian Tourism Commission.** Ras Makonen Avenue (across from Meskel Square) and Bole Road. They offer souvenirs, posters, prints, postcards, maps, guide books, T-shirts, hats, silk scarves, cloth bags, leather handbags, pottery, dolls, lamps and traditional carved furniture (special order). The ETC has a large selection of Henry Salt prints.

- **No Name Shops.** Also known as the “Green Shops”. This is a series of shops on a street perpendicular to Churchill Road, across the street from the Post Office and across Churchill Road from the Black Lion Hospital. Look for a sign for Wudassie Souvenirs on the corner, start there and work your way down the street. These shops offer a wide variety of items.

- **Other Churchill Road Shops.** Churchill Road has lots of shops worth looking at, including: **Shumeta Leda** (next to the Lion Pharmacy), **Pottery Store** (across from Shumeta Leda), **Rohobot Souvenir Shop** (across the street from Hope Enterprises - Eysu Befekadu, the store manager, speaks excellent English and is very helpful. 0911-212-017), **Abyssinian Hand Crafts** (across from Rohobot, 011-277-9605), **Goodies Shop, Jewelry and Handicrafts** (owner, Beniam Assefa Girma, speaks excellent English. If you are looking for something special, let him know, he has lots of treasures tucked away in his store. 011-155-9983) and **Abebe Asfar, Riva Souvenir** 011-111-3867.


- **Mela.** A great little store with great T-shirts, bags, objects, scarves, t-shirts for presents. Close the Elephant Walk restaurant on Bole, on the right hand side. A second shop opened in the Laphto complex. 0911-209-603 or 011-998-283. Email: melabemela@yahoo.com.

- **Sabahar Handmade Silk.** High quality silk scarves, dresses, etc. Often gives tours of their silkworm farm. Located off of Mekanissa road. From Vatican embassy, drive south approximately 2 kilometers. Drive over bridge and take next right just before apartment complex. Go approximately 1 km. Turn right past the Salam’s Nursing Academy. Go 200 meters. Sabahar is on the right. 011-321-5112/3. Mobile: 0911-217-948. [www.sabahar.com](http://www.sabahar.com).

- **OSSA.** Olympia Road. On the left hand side if coming from Denbel. Known for its beautiful quilts and pillows. 011-518-286, 011-520-699. ossa@telecom.net.et.

Trio Craft, PLC. Located off the Debre Zeit Road. Hand-made carpets (will make carpets to order - just bring a picture), table linen, fabrics, place mats, table runners, pillow covers, etc. 0911-641-949 or 0911-679-359.

Cotton House. Two locations: in Friendship City Center (shopping center) near Boston Day Spa/Lime Tree on Bole Road and on Churchill Road (across from French Lycée Gebre Mariam). They offer hand-made cotton items such as place mats, tablecloths, napkins and dresses.

Bethlehem Center. From Bole Road heading towards the airport, turn left at the UNHCR sign. At the end of this road take a left. At the traffic circle, take the left spoke. You will see a sign for Bethlehem Center on the right. Open Monday – Friday 8:30 AM - 12:30 PM and 1:30 - 4:00 PM. They offer hand-woven items - carpets, rugs, cushions, bags, shawls, dolls, stuffed toys, tablecloths, napkins. They also do lovely embroidery on linens, garments, cushions, bags, tablecloths, napkins and towels. A great place to buy items for babies and children. They can also do mending and alterations. 011-618-4197.

Sheba’s Daughter. Located on Olympia Road. This store offers traditional hand woven silk pillows, wall hangings, table-runners, woven shawls and beads. The furniture and souvenirs are overpriced, but the silk pillowcases are worth the visit. They have ready-made styles and you can order pillows. 011-551-2430.

A.L.E.R.T. The African Leprosy/TB Education & Research Training (A.L.E.R.T.) Center is located on the Ring Road, next circle south of the Total roundabout. They offer good quality handmade crochet items, tablecloths, napkins, curtains, potholders and pillowcases, made by people disabled by leprosy. Sometimes they have ready-made carpets for sale. They also accept orders.

Misrach. Located near the Blue Tops restaurant, which is on Entoto Road. If you’re coming from Arat Kilo, head towards Siddist Kilo and turn right directly before Blue Tops. Misrach is on the right side. Hand-made bags, sweaters, stuffed toys, puzzles and seasonal cards. Disabled persons make all of the products. Open Monday – Saturday, 8:30 AM-noon and 1:00-4:00 PM. 011-123-4528.

The Good Samaritan Training Center. Located in Old Airport and known for the beautiful shawls they make. Call Elizabeth at 011-371-0844.

Shemma Design. Carries 100% Ethiopian cotton hand spun and hand-woven, scarves, shawls, traditional gabis, shirts and girls cloths. Can also provide curtain materials. The cotton is dyed with natural dye in the most beautiful colors. Located close to Edna Mall/Medhane Alem Square, on the right side of Bole High School, next to the Bagel bakery. Call Ababa at 0917-803-423, email: anerayo@yahoo.com.

Clayworks. Located on Olympia Road near Haile Gebre Selase Rd. Handmade furniture and clay mirrors, lamps, figurines, etc. Definitely one-of-a-kind crafts. Can also do special order customized furniture. Call Fidel. 0911-735-915 or email clayworks_ethiopia@yahoo.com.

Kechene Women’s Pottery Cooperative. Located off the Gojam Road, this is an independent, indigenous women’s cooperative that has been making traditional, functional and artistic pottery since the early 1990s. Open: Monday- Friday 9:00 AM-6:00 PM and Saturday 9:00 AM-1:00 PM. They also sell at the NGO Bazaar. 011-112-5861.

Hope Ceramics. Glazed (safe for food) and unglazed earthenware. Nicely done work in earth tones. Worth a visit. Open weekdays 2:00-5:00 PM and weekends 9:00 AM-noon. Hope is always at the monthly NGO Bazaar. 011-155-3734.

Genuine Leather Craft Shop. Located on Old Asmara Road near Meskel square. This store offers excellent quality leather goods.

Lucy Leather. Located across from the International Evangelical Church in Old Airport, Lucy’s has ready to wear items and can make pretty much anything to order. Her generous patrons have donated American catalogues and magazines so she can copy any style. Although more expensive than Genuine Leather, most patrons find her work of higher quality and she has a better selection of leathers and suede.

De’Cor Colonial Furniture. Located near the Brass Clinic. Imported Asian furniture, very expensive but worth visiting if only for window shopping. 011-663-2211.

St. George’s Interior Design and Art Gallery. Located down the hill from the Sheraton on the same side of the street. High-end furniture and furnishings, art, handicrafts, etc. that bring a modern twist to traditional Ethiopian designs. Like De’Cor above, St. George’s is expensive but absolutely worth visiting.

Negist/Home Accents. Handmade interior accessories and clothing. In Old Airport, near UNHCR offices.

Marco makes beautiful top quality glass flamework that he uses in jewelry, silver and table jewelry. Located in South African Embassy. 0912-096-806/07
• **Salem's.** Located off Tele Bole Road. Turn right at sign for India House and go about 700 meters until you see a green gate with a bright yellow “S” on it. Unique jewelry, woven home accessories and scarves, pottery, etc. Great place for finding gifts. The owner is called Salem Kassahun. 0911-645-5619 or 011-655-4036.

• **Iguana.** Quality furniture. Located next to the Lime Tree Restaurant in the same building. Owner also runs the Lime Tree and Serenade Restaurants. 011-550-5048 or 0911-144-609.

### 9.3.4 Jewelers

Many of the vendors listed above also sell jewelry and beads.

• **Salem's.** See description above.

• **Armenian Jewelry.** Located on Adwa Avenue (in the Piazza). Once on Adwa Road, coming from Churchill, look for Bethlehem Jewelry on the right. The Armenian Jewelry store is directly across the street. If you get to the British Council, you have gone too far. Lovely silver jewelry and they will custom design pieces for you. 011-111-1660.

• **Mulu Kidane.** Adwa Avenue (opposite the old British Council building in Piazza). They offer silver and gold, and also do repairs.

• **Narbadian.** Adwa Avenue, Piazza. They offer special orders for specialty items in silver and gold.

• **Occhi Bellis.** Good silver and gold. They can copy almost anything from a drawing or photograph. Located off of the Piazza on the way to the Mercato as well as in Dembel City Center. 011-517-2443.

• **The Piazza contains many jewelry shops and is a good place for comparison-shopping. Most are located on Adwa Road. **Lalibella Jewellery **on Adwa Ave 189-1 is recommended for gold. 0911-601-508, 0911-654-023, 0911-204-369. Also has a shop at the Hilton Hotel.

• **Makush Art Gallery.** Located on Bole Road in the Mega Building. Displays the artwork of 30 local artists. Restaurant and frame workshop also on site. Be sure to make your framing instructions very clear. 011-552-6848/55.

• **Abyssinian Art Gallery.** Located in the Addis Ababa Museum off Meskel Square. Owner Tsegehanna Desta. 011-321-3059 or 011-661-3314.

• **St. George's Interior Design & Art Gallery.** For artwork, handicrafts, and furniture. Located next to the Sheraton Hotel and the Mosque. Email: stgeorgegallery@yahoo.com.

• **Artistic Glass Center.** Located in the Hilton Hotel. Nice stained glass pieces. 011-551-8400 ext. 632.

• **Asni Gallery.** Drive past the French Embassy and take a left after the Total Gas Station. Offers excellent exhibits as well as children’s programs and art classes. They have a vegetarian buffet lunch on Saturday at 1:00 PM. The gallery sells prints and cards as well as original artwork. 011-111-7360 or 0911-206-697.

• **Bazart Pan African Gallery.** From Bole Road on the way to the airport, take a right at the sign for the UNHCR Director’s House. Take the second left onto a dirt road. The Pan African will be on the left. 011-618-6333. The African Queen restaurant is located at the gallery and serves lunch and dinner.

• **Goshu Art Gallery.** Located on the EU Road just past the Atlas Hotel. Goshu’s paintings can be seen in restaurants and hotels around Addis. 011-661-4747/0397 or 0911-553-294.

• **Universal Gallery of Arts and Exotic Garden.** Located by the Ureal Bridge. Sunday Brunch is also served. 011-618 - 5557 or 0911-215-489.

• **Tibeb Ethiopia.** Across from the Ras Ambas Hotel. 011-515-0923.

• **Zion Art Center.** On Bole Road near Bole Printing Press. 0911-212-620.

• **Zoma Contemporary Art Center.** 011-372-6099.

• **Janet Studio, East African Art.** From Meskel Square, head toward the airport. Turn left at the first light. Janet is located on the right before you get to USAID. 0911-225-003.
LeLa Art Gallery. Contemporary fine arts space. Tuesday to Sunday, 11 AM to 6 PM. Located off Ring Road in Old Airport, near Swedish Clinic and Ghana Embassy. 011-653-5506, 011-371-2852. lelagallery@gmail.com.

9.3.6 Flowers/Floral Shops/Greenhouses

- **Hilton Flower Shop.** At the Hilton Hotel. Expensive but great quality. 011-551-8400 x753.
- **Floral Images.** At the Sheraton Hotel. 011-517-3699. Open 9:00 AM – 9:00 PM.
- **Rainbow Flowers.** Three locations: one on Bole Road past the Flamingo Intersection, one in Old Airport across from Samet Restaurant. 0911-201-403 or 011-371-8839, and one in the Adams Pavilion at Pushkin.
- **Selam Children’s Village.** A great source for potted plants, seedlings and potting soil as well as fresh breads, vegetables, cheese, milk and soy products. Also serves a great lunch (M-F) prepared and served by young women being trained for domestic work. ETB 45 for a 4 course meal. Portions are small but adequate. Drinks cost extra. From Meskel Square, take Asmara Rd (also called Haile Gebre Selassie), past Bambi and continue all the way to Ring Road Circle. Continue to go straight pass the circle and pass ILRI (International Livestock Research Institute). Pass the Ethiopian Management Institute on the left and the church on the right. Take a left and follow directions on a (very faint) blue sign for Selam. Open weekdays and until noon on Saturday and Sunday. 011-646-2956. www.selam_eth.org.et.
- **Flora.** Near Peacock Park, one of the original nurseries established by the Sebhatu family. This is an inspiration to visit as well as a good place to find larger plants. 011-515-6453.
- **Street Garden Nursery.** Gardener’s cooperative located behind the Nigerian Embassy. You can buy wide selections of flowering seedlings for 2-4 birr each.
- **Abyssinia Flower Center.** At Olympia traffic intersection. Potted plants, seedlings, cut wildflowers and bouquets. 011-551-9868.
- **California Flowers.** On Bole Road past Flamingo intersection. Potted plants, seedlings, cut wildflowers and bouquets. 011-550-3062.
- **Enat Flower.** On Bole Road next to Nevin Building. Potted plants, seedlings, cut wildflowers and bouquets. 0911-209-980.
- **Ethio-Flower & Craft Shop.** Located on Churchill Road. Cut flowers, indoor and outdoor potted plants, wild flowers, seedlings and bouquets. Also, hand-made carvings, paintings, pottery, souvenirs, artifacts and silver jewelry. 011-111-0720.
- **Hahu.** Nursery for plants located on the little street between Chocolate Café and the tailor on Victoria road in Old Airport, first gate on the right. Look for ‘plants’ sign. Very good for potted plants.
- **Tsheday Plant Nursery** is hidden in the Indonesian furniture shop opposite the Ethiopian Airways office on Telebole near the airport. Nice place with good collection of plants and herbs. Mebrat G/Egzabehar 091-169-2001 or 011-663-2211.

9.3.7 Book and Music Stores

- **Book World.** Multiple locations, including in Friendship City Center shopping mall and the Lime Tree and another off Churchill Road (go to the last traffic light towards the top of Churchill and turn left). Sells many of the same books that are available in the Hilton, Sheraton and Lime Tree book stores. 011-155-9010/3
- **Libreria Italiana.** In the Piazza next to Enrico Pastry. 011-111-1372.
- **Mega Book Store.** At Meskel Square. 011-551-0472.
- **Books for All.** In Edna Mall. Big shop with mostly dated academic literature.

9.3.8 Stationary & Art supply Shops

- The ICS has a stationary shop that also sells typical American stationary (e.g., binders) needed at school.
- **Churchill Stationary.** Opposite the French Lycee. 011-573-178 or 0911-609-422. Bigger than the usual stationary shops.
- Stationary shop in Adam’s Pavilion. Good collection of stationary, cards and small gifts.
• **Wube** art store in Dembel City Center does framing and runs an art gallery. It sells different types of brushes, different kinds of paints (oil, acrylic, water color), knives, canvases, charcoal, palates, easels, pastels and sketch pencils.
10 Services In Addis

10.1 Computer Service
A word of caution: Macs/Apple computers are difficult to service in Addis. For PCs, there are many companies that offer computer service...some better than others. The following companies are known to provide quality service.

- **Complete PC Solutions.** Sales/Service/Maintenance. 011-515-1299/011-515-0887 Bole Road, Olympia-Getu Building.
- **Impact Technologies P.L.C.** Maintenance. 011-663-1966/76. Next to Brass Hospital, Bole Haile Gebreselassie Building.
- **Snap Computer Center.** Sales/Maintenance. 011-662-3040/41 Bole Road, Alem Building.
- **Net Computers Trading.** Vendor. 011-551-8818/011-551-5746/011-618-6270 Bole Road, Mega Building.
- **Quality Computers.** Can service Macs. Located on Asmara Road. If you're coming from Bambis, it will be on the left just before the Queen of Sheba Hotel. 0911-225-063.

10.2 Cell phone repair
In the local market, opposite Dembel Centre on Bole Road. One of the repair guys is Mesfine (0910-020-252, no English, though good at his job).

10.3 Pets, Pet Supplies & Services

Pet Adoption
Look for ads on the notice boards at ICS, Bambis, Fantu, etc., for dogs, cats, rabbits, etc. It also is possible to adopt a pet through HAPS (see listing under Veterinary Services below). In addition, you often will see people selling puppies on the street (especially near Fantu in Old Airport and Friendship City Center shopping center on Bole Road) but it is best to avoid these puppies. These puppies usually come from street dogs and have not been vaccinated. There are many stories of people who have bought one of these puppies only to find out later that it has rabies.

Pet Supplies
Dog and cat food is increasingly available in grocery stores in Addis, though it is expensive. There is also a company called **TopDog PLC** that sells dog and cat food, worming syrup, shampoo, vitamin supplements, dog biscuits, kitty litter and more and they even deliver it to your home. 0911-219-648. Email: topdogplc@yahoo.com.

Veterinary Services
- **CASA-INCIS Clinic.** 011-551-9427 or 0911-210-204.
- **HAPS.** 0911-683-002.
- **Shalom Vet Care Clinic.** Dr. Dawit Ketema. Makes house calls. 011-629-1877 or 0911-247-335. Looks after horses of the British Compound.
- **Dr. Shenkut Teshome.** Makes house calls and does surgery and teeth cleaning. 011-551-9427 or 0911-210-204.
- **Dr. Sisay Guta.** House calls and clinic. 0911-410-020. mobilevetclinic@yahoo.com.

Taking a pet with you when you leave Ethiopia
In order to bring a pet out of Ethiopia, you will need an export certificate. You can get this from a local veterinarian and it should cost 20 birr. You will need to provide a picture of your pet as well as the pet's vaccination records. Some less scrupulous vets have been known to overcharge for this certificate (sometimes up to 500 birr!) so beware. Once you have this certificate, you will need to have it signed and stamped by the veterinarian at the Ministry of Agriculture.
10.4 Plumbers/Electricians/Carpenters
There are a million and one plumbers, electricians and carpenters around town but it can be difficult to find ones who are reliable and do quality work. Ask around for suggestions. In the meantime, you can try:

- Ato Fantaya for electrical repairs and carpentry. 0911-176-300.
- Sammy for furniture, house renovation, welding. 0911-220-980. Is used to working with creative people!
- Binjam for electrical problems in your house. 0912-193-240.
- Tamrat for carpentry, house renovation, painting. 0911-670-891.
- KAT Temeche Technician for electronics repair. 0911-42-85-48 or 0913-79-60-11. His shop is located on the service road alongside Ring Road in between the Total Circle and the Kaldi’s Road at the edge of Old Airport.

Repairmen go mostly to Mercato for materials. However, for good electrical sockets go to Le Grand, DAMA trade in Old Airport, in a street opposite the Vatican Embassy. Wholesale only (buy by the dozen), but at least European quality. 011-202-105.

10.5 Auto Repair and Accessories
The following shops and/or individuals have been recommended for providing quality auto repair.

- **NOR Automotive Mechanics.** On Ethio-Chinese Road near Norwegian Church Aid and Bole Road. 011-551-2922 or 011-515-4212.
- **Ravi.** Great for all types of cars but especially good for Mercedes and Toyota. Ravi also speaks excellent English. Please call: 0911-249-039.
- **ProCar.** Behind the Meskal Flower Hotel. Also has a fender & body and paint shop. Used by many expats. The owner speaks English well.
- **Asku Truckers PLC.** 011-551-3223.
- **Mias Garage.** 011-416-6118 or 0911-207-763.
- **Tadesse Deyass.** 0911-225-423.
- **Teshale Garage.** 0911-207-465.
- **Ethiolakes.** Specializes in repair of Ford, Land Rover and BMW. 011-443-1492/93; Fax: 011-442-1424; Email: customers@ethiolakes.com; http://www.ethiolakes.com/location/index.htm.
- **Afrikan Lakes (Ethiopia).** Specializes in repair of Ford, Land Rover and BMW. Sidist Kilo area in front of Lion Zoo. 011-1232 363/64, 011-124-3727 or 0911-224-196.
- **Tyre repair: “GIGAR TRADING”.** The company itself is the importer for most of the machines used in the garages, see www.gigortrading.com. Next to tyre repair they also do computerized axle alignment, (high pressure)wash and grease ect. Fair payment is according to price-list. You can find this company in Burundi Street, opposite of Lideta Mekane Yesus Church. Gigar Trading signpost at the street. 0115159460.

Note that it sometimes takes ages for original spare parts to arrive in Addis. In the meantime you could help yourself with what is available and fits in one of the Somali terras. The old one is between Piazza and Mercato the other at the end of the road next to the High Court when going north (i.e., continuation of the road coming from Old Airport).

For car accessories go

- Near Teklehaymot Square
- Sangatare i.e., the area around Wabe Shebele Hotel which is between Mexico Square and Andinet Square/National Theatre.

Note that all fuel is relatively dirty in Ethiopia. If you have a car that was made for the European market, you have to bring fuel filters as they may be difficult to get locally. Count on changing fuel filter twice a year. **Tokyo Trading in** Sangatare (coming from Mexico Square going to the National Theatre) sells bottles fuel cleaner for both diesel and petrol.
Grum is a good ‘tapseria’ to change the look of your car seats (and sofas). His workshop can be found below the minaret of the mosque next to the Sheraton Hotel. He has original-looking materials to choose from but you can also bring your own material. 0911-222-944.

### 10.6 Couriers
- **DHL.** 011-662-1600 or 011-661-3569.
- **EMS.** 011-515-2072 or 011-551-5011.
- **FEDEX.** 011-551-4154.
- **TNT.** 011-551-5795.
- **UPS.** 011-662-1308.

### 10.7 Caterers
- **The Good Samaritan Training Center for Street Girls.** Highly recommended by former US Ambassador Brazeal. The training center's purpose is to provide vocational training to underprivileged women aged 18-25 to make them more economically independent. In addition to catering and food processing, they are taught embroidery, mat making, knitting and sweater production, weaving, sewing, hairdressing and basket making. Contact Rahel or Elizabeth at 011-371-0844 or 0911-501-168. [www.ethiopianchamber.com/samaritan](http://www.ethiopianchamber.com/samaritan).
- **Serenade Catering.** See listing for Serenade in the restaurant section.
- **Jewel of India.** See listing in restaurant section.
- **Sure Catering Service.** On the Ethio-China Road. Contact Elizabeth Getahun: 011-618-6627 or 011-618-7633.
- **Alemnesh Andualem.** 0911-660-803 or 0911-600-921.
- **Le Gran Rêve.** See listing in the restaurant section.
- **DASTAS.** Flavors of Portugal. Delicatessen and Outside Catering. 0911-010-179, 0911-467-457. We are in Bole and deliver large orders. Dastas.luso@gmail.com; for the updated menu consult their website: [http://ethiopia-and-us.com/](http://ethiopia-and-us.com/).
- **Wim’s Holland House.** Catering along with St. George draft beer trailer/bar delivered to your house.
- **Gary Stout, Scottish guy, excellent service, properly trained chef.** 0921329530. garystout@yahoo.co.uk.
- **Grab'n'Go in the Lido Hotel.** Contact Moira, 0911245883, grabn_go@yahoo.com. Really excellent service, very efficient.

### 10.8 Entertainment at Parties
- **Dream Circus Ethiopia.** [dreamhats@yahoo.com](mailto:dreamhats@yahoo.com). Seife: 0911-311-391, Tsegaye 0913-019-624.
- **DJ Yonatan** for weddings, birthdays, home parties etc. 0911-450-300.
- **DJ Anty.** Anteneh Regassa is his real name, puts on Indian music, Latino music, international and a little Ethiopian. 0911-664-437 or 0911-414-444.
- **PINATAS:** Carmen makes piñatas in any shape you can imagine. Contact her at 0910-032-730 or cjcaballero@yahoo.com.mx. She asks that you send a picture in an email when describing what you would like.

### 10.9 Party Supplies Rental
- Party supplies such as tables with or without umbrella, chairs, dishes and cutlery can be rented from the owner of Mela. 0911-209-603 or 0911-998-283. Email: melabemela@yahoo.com.
- If you want a jumping castle for a children’s event contact The Garden Paradise at Adam’s Pavilion. 0911-825-882 (Lance) or 0911-794-645 (Almas).

### 10.10 Tailors/Seamstresses
- **The Good Samaritan Training Center for Street Girls.** See listing above. Contact Rahel or Elizabeth at 011-371-0844 or 0911-501-168.
- **Atsede.** Skilled Seamstress. Does alterations. 011-122-9473.
- **Style Tailor.** Suits made in two days. Located in the Piazza. Also has a seamstress and does watch repair. 011-111-0169.
- **K Design.** Weaving and dressmaking. Contact Rahel Zewde at 011-122-7073.
• Tutu is a well-recommended tailor/seamstress somewhere in Bole. 0911409494
• Abduselam Adem has been recommended as a tailor in old Airport. His place is coming from ICS/Victory road, passing the South Africa Embassy on your left side, going towards St. Gabriel church (on your left side), towards a round about where the “Negash market” is on your right side, turning there to the main street right, following the street till the last possible left turn before the “Jimna round about” is coming. The tailor’s shop is then 5meters right sided where the new “Abesha” Restaurant is. The shop has a purple colour…0911 60 41 66
• Eshetu is a highly recommended creative tailor. 0911 401992

10.11 Dry Cleaners
• Apollo Laundry. 011-544-3680.
• Atomic Laundry. 011-551-6030 or 011-515-4405.
• Hilton Dry Cleaning. 011-551-8400.
• Magic Press Laundry. 11 locations. 011-618-5510.
• Snow White Laundry. 6 locations. 011-551-2483.
• Sunshine Dry Cleaners. Four locations, including one on Bole Road across from Flamingo in the Sunshine Building, one next to the Atlas Hotel and the other two in Old Airport and on Mexico Road. 011-515-5301. Open Monday – Saturday 7:00 AM – 7:00 PM. The Bole location offers deliveries on Sunday from 8:00 AM – 6:00 PM.

10.12 Money Matters

Until recently there were only two ATMs in town from which non account holders could draw cash in birr. For these, you need to have a credit with the VISA logo on it. These ATMs are located in the lobbies of the Sheraton Hotel and the Hilton Hotel.

Recent developments are that more and more banks have ATMs that can be used non bank account holders. In April 2011 one of them, Dashen, wrote us:

“OUR 70 ATMs and around 600 Point Of Sale (POS) terminals all over Ethiopia accept VISA, MasterCard, Maestro, Plus and Cirrus branded cards issued all over the world for cash withdrawal and payment respectively. Holder of these cards can even cash at our 62 branches easily. Therefore, we accept VISA, MasterCard and Maestro cards.”

“The ATMs can deliver a maximum of ETB 4,000 at a time on international cards. But per day, we put no limit unless there is such a limit from your card issuer side.”

Look up http://www.dashenbanksc.com/atmnetwork/ to find the locations of their ATM machines.

As a general warning, make sure you check your account a few days after withdrawal from the ATM as some reports of fraud have occurred.

10.13 Non Ethiopian Newspapers

Direct Publications International PLC (DPI) provides over 1530 daily international newspapers from well over 90 countries in about 46 different languages. DPI is dedicated to delivering daily newspapers for many organizations in Ethiopia and individual subscribers. Their customers receive daily International Newspapers such as International Herald Tribune, Financial Times, Le Monde - France, Corriere Della Sera, De Volkskrant, De Telegraaf and so on. If you have any questions or would like a free sample of our product please call at 011-629-9951/52 or send an email to dpiplc@yahoo.com.

10.14 Dog trainer

Dogtrainer Ato Kifle 0911152535. Various ICS parents have made use of his services. Some are happy, some not.
11 Inconveniences

11.1 Crime
Addis Ababa is a relatively safe city, though petty crime definitely is on the rise. The incidence of petty theft, including mugging and pick-pocketing, has increased noticeably, especially in the Old Airport neighborhood where ICS is located but also in Bole, the Piazza and Merkato areas. The vast majority of incidents are non-violent, though some victims have been beat up, threatened with weapons, etc.

Petty theft is highly organized in Addis. The culprits often work in groups and rely on distraction. The individuals involved are usually young men and teenage boys. Below are descriptions of the more common tactics utilized:

- **The “there’s something wrong with your tire” trick:** Two or more people will be stationed along a road. As you pass the first person in your car, he will point animatedly at your tire, giving you the impression that you have a problem. When you pass the second person farther up the road, he will do the same thing. When you pull over and get out of your car to check your tire, they will grab something out of your car and run. Having two seemingly random people point out a “problem” with your car can be very convincing and even people who are aware of this scam have been victimized by it.

- **The “day-dreaming pedestrians” trick:** As you pull up to an intersection in your car, one or more people will appear to be crossing the road in front of you. As they get in front of your car, they slow down or stop. While you are distracted, another person will open one of your car doors, snatch something out of your car and run.

- **Mobile snatching:** It is increasingly common for thieves to snatch mobile phones right out of the hands of the users while they are walking or in a car with an open window.

- **The “I’m hungry” trick:** Anyone who has spent more than a few minutes in Addis has been approached by beggars claiming to be hungry. Some of them are genuinely needy. Others, especially children, are not particularly needy but have learned that begging from ferenjis often results in money. Others are part of an organized criminal ring. The bottom line is that you should beware of beggars, particularly if you are on foot. It only takes a second for them to snatch a purse or bag and run off with it.

- **The “Don’t you remember me?” trick.** Someone will approach you saying that you have met before. These people can be very convincing but beware. If you are not 100% sure that you have met them before, remove yourself from the situation before you become the victim of a con artist.

- **The “Hey Buddy” trick.** This scam is usually used when you are waiting in the car for someone who is making a quick stop inside a shop. A person will approach you and engage you in conversation. While you are distracted, the person’s accomplice will snatch something out of your car.

In the event that you are a victim of crime, the information below serves as a guide in reporting the crime and taking steps to replace the items you have lost.

I. **Report the crime as soon as possible to the nearest police station.** If you are not fluent in Amharic, bring a translator with you. After you have reported the crime at the nearest police station, you also must file a report at the central police station for the zone in which the crime was committed. Make sure to obtain a copy of your police report or at least a letter from the police as this may be needed to replace the items such as a passport, etc.

II. Your embassy is likely to require a translated version of the police report/letter when you apply for a replacement passport. Take the police report/letter to Be-Na Translation Office, located in the group of shops beneath Addis Ababa Stadium. They offer translation services in many languages. As of this writing, Be-Na charged 30 birr to translate a one-page letter.

III. **Get a replacement SIM card for your mobile phone that retains your old telephone number.** You can do this at any ETC office but at some locations you will need a translator. If you do not have a translator available, use the ETC office near the Siddist Kilo roundabout (if you are going up Entoto Road from Arat Kilo, take the first right off the Siddist Kilo roundabout and look for a modern, multi-storey building on the left) where you likely to find an English speaker. Obtain a
stamped, signed letter from your sponsoring organization explaining that your SIM card was stolen, including the telephone number. Your new SIM card with your old number will be activated within three days.

IV. Get a replacement Ethiopian Drivers License. You will need a translator for this. Obtain a letter explaining the theft/loss of your license from the zonal police station addressed to the City Government of Addis Ababa Transport Authority. Take a photo ID (a photocopy of your Ethiopian Drivers License is ideal) and submit this letter, one photograph and, as of this writing, 100 birr to the Transport Authority office along with the appropriate completed form. If you can present the receipt from your previous Ethiopian Drivers License, that will expedite the process.

V. Get a replacement Residence Permit. You will need a translator for this. Obtain a letter explaining the theft/loss of your permit from your local police station. Take this to the zonal police station. For 50 birr (as of this writing), they will write a letter to the Immigration Department (if you are not a diplomat) or to the Ministry of Foreign Affairs (if you are a diplomat). Take this letter along with a photograph and your passport to the Immigration Department or the Ministry of Foreign Affairs and follow the same procedure used for obtaining your original residence permit.

Though you should not expect to have your stolen items recovered by the police, it does happen sometimes. If the police apprehend the alleged criminals, you will be asked to identify them as well as your recovered property. The accused criminals may deny the charges against them, in which case you will be asked to testify at a hearing before a judge. Depending on the value of the items you lost, it may not seem worth the time and hassle to stick with the legal process but please do. Unless victims of crime make an effort to “fight back”, petty crime will continue to explode and could lead to bigger and more dangerous criminal activity.

In the meantime, to protect yourself from becoming a victim of crime, you should:

- **Always** lock all of your doors and car doors when you are away from home or another safe place.
- If a seeming “Good Samaritan” tells you there’s something wrong with your car, wait to check it out until you are in a safe place.
- When walking, do not carry a visible purse/bag. If you choose to do so, make sure that it is hidden, that it has a sturdy strap that cannot easily be broken if yanked or cut or that is securely attached to you. Only carry the bare minimum of what you need in terms of money, ID, etc.
- When walking and talking on your mobile phone, be aware of your surroundings. If you are using your mobile in a car with an open window, hold it against the ear on the side opposite the open window.
- Make photocopies of all of your important documents such as your passport, Ethiopian drivers license (and home country drivers license), residence permit, work permit, etc. Consider carrying the copies and leaving the originals in a safe place at home.

11.2 Water Shortages
Expect to be without water at times in Addis. If you have an older house, your water pipes are probably old and can affect the reliability of your water supply. During the dry season, water is rationed and may only be turned on in your neighborhood twice per week. Most houses have water tanks to store water, though they may not be adequate for your needs.

**Water Tankering**
In the event that you run out of water, you might want to consider having water trucked in to your house. You have two options for this service: government or private companies.

- **Government:** Addis Ababa Water & Sewerage Authority Head Office. 011-155-7251. A 3,000 liter tanker costs 102.70 birr and a 7,000 liter tanker costs 138.92 birr, as of this writing.
- There are several private companies to choose from. Private companies cost significantly more than the government but is still very reasonable. A 7,000 liter tanker costs about 500 birr. Here are a couple of recommended ones:
  - **Zehon Water & Sewerage Service.** 0911-217-658, 011-674-849 or 011-371-2246.
  - **Terefe.** 0911-217-658.
  - **Nur Oure Water Supplier Company.** 0911-419-137 or 0913-751-522.
11.3 Power Outages

Expect to be without electricity periodically. During the dry season, power outages are more frequent and can last for hours at a time. Quiet a few employers arrange for big generators as a power back-up. If your employer does not, consider buying a small generator yourself, an inverter charger system, or stock up on candles and make sure that you have a sufficient number of working (rechargeable) flashlights for you and your guard(s).

As a rule of thumb, one can say that ‘mobile’ generators cost about US$1000 for every 1000 KVA. 1000 KVA keeps the lights on, 5000 KVA keeps on the lights and one heavy electrical appliance like a stove or washing machine running. Generators are generally bought in Mercato or in Piazza in front of the Post office.

An inverter charger system is a silent power back-up option that basically uses powerful batteries to supply electricity when the main power drops. It is very common in Delhi (India) and common for solar power systems. In Addis, Davis & Shirtliff can provide you with these systems. Prices start at about US$2000, for a 1250W installation with two batteries, including installation. The price may drop as this kind of equipment may be considered under the Harmonic System code and then could be imported duty free. Call Joseph Wanane at 011-515-9341/0913-060-711 or send email to sales.et.dayliff@gmail.com.
12 Exploring Addis, Ethiopia and the Region

12.1 Addis
There are lots of interesting things to see and do right here in Addis.

Museums
- **National Museum of Ethiopia.** Located on Entoto Road across the street from the Blue Tops restaurant. This museum has a large archeological exhibition that was gathered from the northern Ethiopian provinces. The “Lucy” exhibit is housed here, but only a replica may be seen. A collection of crowns and costumes are on display as well as contemporary paintings by Ethiopian artists. This museum is also known as the National Archeological Institute and Museum. 011-111-7950.

- **Ethnographic Museum of the Institute of Ethiopian Studies.** Located a bit farther up Entoto Road from the National Museum on the campus of Addis Ababa University in the former palace near Siddist Kilo. The museum has a large collection of Ethiopian pottery, baskets, shields, furniture, jewelry and paintings. The exhibits are well-presented with English descriptions. Operating hours are Monday – Friday 8:00 AM – 5:00 PM (closing for lunch from 12:00 - 1:00 PM) and Saturday 10:00 AM – 5:00 PM. 011-111-9469.

- **Beata, Menilik’s Mausoleum.** Taaka Negest Beata Mariam Church is east of Menelik’s Grand Palace (now the Prime Minister’s Palace). There you can see lovely wall paintings, a garden that is home to 17 large tortoises and the burial place of Menelik, Etege Taitu and Queen Zewditu. 011-551-5278.

- **Addis Ababa Museum.** The large yellow mansion behind the exhibition center on top of Meskel Square. The former house of Ras Birru, Minister of War during Menelik’s time. Exhibits are in Amharic but there are English-speaking guides available. 011-551-3180.

- **Ethiopian Postal Museum.** Located on Churchill Road, next to the main Post Office. The exhibit at the Postal Museum contains copies of every stamp ever issued in Ethiopia, the original drawings, designs and proofs of each minted stamp. 011-551-2999.

- **The Zoological Natural History Museum.** Inside the Science Faculty of Addis Ababa University, Arat Kilo. 011-552-2543 ext 186.

- **National Archives and Library of Ethiopia.** Located near the Black Lion Hospital. The library has books written in seven different languages. The second floor contains a collection of historical objects and a permanent exhibit by Afework Tekle, Ethiopia’s most famous living artist. Open Monday – Saturday 8:00 AM – 8:00 PM. Closed noon - 2:00 PM. 011-155-7020 or 011-551-6247.

- **The Other Face of Ethiopia.** A new museum. Open Monday – Saturday 9:00 AM – 3:00 PM by appointment only. 0911-317-352 or 011-416-7352/3. Email: berhanethiopia@ethionet.et.

Buildings and views of Interest
- **City Hall (Municipality).** Located on Menelik II Square, the Municipality, built in 1965, is shaped like a three-cornered star and symbolically embraces the city. It occupies a commanding position facing the railway station.

- **Railway Station.** Built by the French in 1929, the Railway Station is located at the bottom of Churchill Road. A bronze Lion of Judah statue stands in the square in front of the station. The statue was taken to Italy during the occupation (1935-1941) and returned after Liberation (1941).

- **African Union Headquarters.** Located just south of Mexico Square on the road leading to Pushkin Square.

- **Africa Hall.** Located just north of Meskel Square on the right side of the road that leads to the Embassy. This is the headquarters of the United Nations Economic Commission for Africa (ECA). Dominating the foyer of Africa Hall is a bold, modernistic stained glass window created by Afework Tekle that depicts Africa - past, present and future. Tours of Africa Hall can be arranged by calling the ECA Information Office.
• **Addis Ababa University.** Located on the left of Entoto Road just after Siddist Kilo heading toward the American Embassy. The University is housed in the Genete Leul (Prince’s Paradise) Palace that once belonged to the late Emperor Haile Selasie. In 1961 the Emperor gave it to the future generations of Ethiopia for use as a university. The gardens have fine old juniper and palm trees. The second floor of the former palace houses the Ethiopian Studies Library and Ethnological Museum. The John F. Kennedy Library, built with USAID funds, is also housed on the grounds.

• **National Palace.** Located across from the ECA. Also known as the Jubilee Palace, it was built in 1955 to commemorate Haile Selasie’s reign. Imperial lions once wandered through parts of its spacious gardens. It is currently used by the Ethiopian Government for official functions and is not open to the public.

• **The Ghibbi (Menelik’s Palace).** Located on the road leading to the US Embassy between the area above the Hilton Hotel and Arat Kilo. The compound also contains the mausoleum where Menelik is buried. Empress Zauditu built the mausoleum in 1911 and she is buried there along with Princess Tsehai, daughter of Haile Selasie. The church of Kidane Mehret, built in traditional tukul style with a thatched peaked roof also stands in the compound. The church can be visited. To reach the palace, go up past the Hilton Hotel and turn right. Follow the palace wall and you will see the entrance.

• **The Art School.** The art school was started in 1948 with 15 students. The first director of the Art School was Agegnechew Engeda, who designed the first Ethiopian paper currency. The Art School was closed during the Italian occupation and reopened in 1957.

• **Yared Music School.** The Yared Music School is named after St. Yared, the father of Ethiopian church music. 011-155-0166.

• **Jan Meda Sport and Education Center.** The Emperor’s playground. Jan Meda is where Timket is celebrated. It is also where the first small engine-powered airplane landed in Ethiopia in 1920. Sports competitions are held here. 011-156-6455.

• **Addis Ababa Stadium.** Built in 1968 and located in Meskel Square, the stadium has a seating capacity of 36,000. Athletic competitions and concerts take place in the stadium. The national soccer team plays there most Sundays.

• From the top of Entoto, on a clear day, you can enjoy a wonderful view of the city. Mt. Zuqualla, an extinct volcano, dominates the horizon. To the left beyond Mt. Erer, you may be able to see the edge of the plateau before it drops off into the Rift Valley. To the right is the peak of Mt. Wuchacha and next to it the smaller Mt. Menagesha. You can park at the overlook, where there is a small art gallery and refreshment stand.

**Churches of Interest, Historical and Cultural**

• **Entoto Mariam.** Two historical churches – Entoto Mariam and Entoto Raguel – can be reached by traveling north past the US Embassy to the top of Entoto Mountain. Both churches are open for services on Sunday mornings. If you do visit, it is customary to leave a donation. The octagonal church, Entoto Mariam, was built in honor of Emf Taitu and was the site of the coronation of Menelik II. The grounds surrounding the church are lovely and wooded with cedar trees.

• **Entoto Raguel.** Pass Entoto Mariam and stay on the main road. The church is one mile beyond on the left, just past the microwave relay station. The church has two stories and is also built in an octagonal style. Arches encircle the lower level. The second floor houses traditional paintings. In a corner of the churchyard there is a small cliff containing a cave that is hewn into three different rooms. It is said to be the original Raguel Church and the burial place of Menelik II. You must pay a small fee to take a tour.

• **St. George Cathedral.** Located on Menelik II Square. St. George is the patron saint of Ethiopia. The cathedral is built in an octagonal shape with a high dome. The walls are covered with national and religious paintings and murals. The noted Ethiopian artist Afework Tekle created the tile mosaics in the church. The cathedral is open to visitors. St. George Cathedral was built in 1906 by Menelik II to commemorate Ethiopia’s victory over the Italian invaders at the Battle of Adwa in 1896.
• **St. Stephen's Church.** You can visit this contemporary style church, which is located on Meskel Road facing the road that leads to the United Nations Economic Commission for Africa (ECA).

• **The Grand Mosque (Al Anwar).** Located in the Mercado, the Grand Mosque was built in 1922. Al Anwar is the city's largest mosque and an important landmark in the Mercato.

• **Trinity Cathedral.** This is the most magnificent church in Addis Ababa. Its large dome and slender pinnacles are one of the landmarks of the city. The Empress Menen is buried here. The churchyard is the burial ground of many patriots who lost their lives during the Italian Occupation (1936-1941). In front of the church is the tomb of Sylvia Pankhurst (1882-1960) an Englishwoman devoted to Ethiopia. She is the author of Ethiopia, A Cultural History the first comprehensive survey of Ethiopian art and history. To find this church, travel uphill on the road leading to the US Embassy and turn right at the road immediately before Arat Kilo.

• The Church of **Kidist Mariam** serves as the Patriarch's Chapel. It is particularly interesting because of its paintings and bell towers.

**Organized exploration**

'Behind the Scenes' is an outing organised by GOBAZ Travel at least once a month. It is for people who are interested in finding out more about what happens in and around Addis, and in particular to meet with an enthusiast who is prepared to share knowledge and expertise - to take us behind the scenes and show us how it all works. It's also a great way to meet other like minded people living or staying in Addis. To be added to the mailing list or to find out more, contact Pamela 0913 195 854, ethio.gobaz@gmail.com www.gobaztours.com. Pamela also does 'bespoke tours' of the city when people have guests and they don't really know where to take them.

**12.2 Day Trips from Addis**

There are many interesting, beautiful and historical sites to see within one-day's drive of Addis. A few highlights are listed below. For more suggestions, get a copy of Twenty One-Day Trips from Addis Ababa by the Ethiopian Heritage Trust, a copy of which is available in the Parent Room.

A local Addis guide that comes highly recommended is Emmanuel Ayono, 011-553-0215. An anthropology major in college, he knows a lot about the area, and speaks excellent English.

• **Bethel Women's Center.** Only 20 minutes from Addis, this is a shelter for women being trained in claymaking. It is open to the public who wish to enjoy the gardens and walking paths in a eucalyptus forest or just relax and have a coffee in one of the tukuls. There is a very nice gift shop. Black pottery and face pots are their specialty. You can also watch as the women make the clay items. There is also a small cozy house that can be rented for a night or weekend getaway. Although located on the Old Ambo Road, it is easier to access from the new Ambo Road. Go west approximately 17 km from the Kolfe Circle on Ring Road. At the truck checkpoint, turn right (the only significant road that you will see coming from the right). Go 1-2 km. You will see the Gefersa Lake on the right. Continue until the dam and look on the left hand side for a small black sign shaped like a cauldron. Turn left at the sign, continue up the hill approximately 100 meters. The gate for Bethel will be on the left. You will most likely be greeted by children who will expect a couple birr for helping you find the parking lot.

• **Desta Mender Training Center for Women.** 15 minutes from Addis. Desta Mender started as a Fistula Hospital project to treat women who need ongoing care after child birth. The center has grown into a conference center with beautiful grounds and a restaurant that serves organic food grown at the center. Also ideal for daily outings, picnics by the lake, or just walking in a quiet setting, take the Ambo road approximately 15 km. Turn left on a small dirt road and go 1 km. To arrange conferences or retreats, call 011-654-0425. 011-654-6697.
• **Debre Zeit.** The small resort town of Debre Zeit is a one-hour drive southeast from Addis Ababa. At an altitude of 1900 meters, it enjoys a warm climate and is surrounded by lovely crater lakes. It is an excellent location for birding and hiking.

• **Kuriftu Resort and Spa.** Located in Debre Zeit (also called Bishoftu) on the way to babougaya, near Medhanialem Church. This place opened in 2006 and is under the same ownership as Boston Day Spa. Situated on a small lake, Kuriftu offers spacious bungalows with luxurious king-size beds and private outdoor patios. Restaurant, movie theater (choose from their small DVD collection or bring your own) and spa facilities (massage, manicure/pedicure, hair salon for ladies). 0911-091-185 or 011-662-3605 in Addis Ababa or 011-437-1220/58/61 in Debre Zeit.

• **Adadi Mariam.** 90km southwest of Addis Ababa is the Adadi Mariam Cave Church. This church dates from the Lalibela era and is one of the holiest places in the region.

• **Lake Langano.** 200km from Addis Ababa on excellent roads. It takes just a bit under three hours to get to Langano. It is one of the many Rift Valley lakes, measuring 15km long and 10km wide. Langano is the only bilharzia-free lake in Ethiopia and is therefore safe to swim in. A lovely setting and excellent location to get away from Addis.

• **Addis Alem.** At one point this was the capital of Menelik II, before he moved back to Addis Ababa. The town is now famous for the church of Debre Zion, which sits on top of a small hill.

• **Debre Libanos.** 100km north of Addis Ababa is the 13th century monastery of Debre Libanos, also the site of the massacre of monks during the Italian occupation. Near Debre Libanos is the picturesque Jimma Gorge, famous for a 16th century bridge referred to as the Portuguese Bridge. Debre Libanos is an easy day trip; the road is paved the entire way.

• **Melka Kunture.** 50km southwest of Addis Ababa, located on the banks of the Awash River. This is the home of the fascinating archeological site of Neolithic man.

• **Lake Ziway.** 160km from Addis Ababa. It is the largest of five lakes in the region. On the north side of the lake where the Macchi River flows there is an abundance of hippos.

• **Menagesha Forest.** This lovely, densely-wooded area is home to 400-year-old trees and acts as a sanctuary for many endemic animal species and birds, like the Abyssinian Catbird and the Menelik Bushbuck. About 32km outside of Addis. The first 16km are on the Jimma Road off the Ring Road and is an excellent paved road. You will turn off this road onto the road that goes to the Meta Beer Brewery but there are two roads for this. Turn right at the 2nd one (approximately 400 meters from the 1st one). Once you turn off the highway, turn left at the 1st fork. The next 16km are mostly-decent dirt road. From this point, there are no signs indicating that you’re heading to the forest. There used to be a thatched archway at the park entrance but now only the foundation and ashes remain. Drive past Suba Village, up into the forest and continue up the side of the mountain on a poor dirt road until you reach the Park Headquarters. Here you pay a nominal fee and obtain a free map of the park. This excellent map tells you where hikes and roads are located as well as camp grounds and picnic spots. The “waterfall” hike is especially nice. You can return to Addis either by going back to the Jimma Road or by continuing on around Mount Wuchacha toward the North to Holeta (the location of the Ethiopian Military Academy) and then join the Ambo Road. From here you join the Ring Road at its northwestern terminus at the Greek Church. As you leave the park entrance (by the ashes of the former archway) an English language sign directs you to both return routes.

• **Debre Berehan.** 130km northeast of Addis Ababa. This is one of the oldest towns in the country, known for the production of wool and weavers. Near Debre Berehan are the ruins of Ankober, one of Menelik’s palaces.

• **Rift Valley/Natural Spas.** The volcanic origins of the Rift Valley have left a legacy in natural hot springs and spas. Bubbling out of the rocks or cascading from the cliffs, into clear pools, these wonderful natural springs bring their health giving qualities to local residents and many visitors.
Mount Wenchi Crater Lake. Three hours from Addis over rough terrain. Take the Ambo Road to Ambo then drive, hike, ride horses or mountain bike up the steep walls of the crater or side road to the rim. There is also an easy - though narrow - road around the crater. The turnoff is unmarked, but is on the left a kilometer or so short of a weather station near the highest point in the road. Another option which does not require a 4WD is to continue past the weather station down toward a small village. Turn left just before the village and drive through a narrow canyon back up to the top of the crater. Park near the abandoned-looking row of tukul-like cottages (a tourism project that appears finished, but apparently is on hold for the time being). Here you can arrange for horses or a guide for the rest of your visit. In a half-day, you can do a combination of driving, hiking and horseback riding to see several different areas of the crater. It also is possible to arrange a short boat ride to the island monastery. Bring a picnic lunch to enjoy at one of the many scenic spots you will encounter. While it is possible to do this trip in a day, the accommodations in Ambo are good and the extra time at Wenchi is worth stretching into a two-day trip.

- Washa Michael Rock-Hewn Church Ruins. Hike to the ruins in the mountains on the eastern edge of Addis. To get there, drive southeast on the road in front of the British Embassy to a paved road on the left just before Yeka Park. This road ends at a dirt road. Turn right and drive or hike, depending on the condition of the road, up the mountain to a clearly-marked sign at the church entrance. During the rainy season there may be some flooding in the ruins, though most of it is still accessible.

Bombarded during the Italian occupation of Ethiopia by soldiers who mistook the church for an Ethiopian military hideout, the remaining ruins still retain a haunting glimpse of the once magical architecture. A new church has been built nearby, and they offer a guided tour of the ruins for 30 birr, plus 15-30 birr to bring in a camera or video camera. The guide provides a detailed history of the church dating back to the 3rd century (though some guidebooks suggest it was built in the 1100’s). Whether these stories are history or legend, the ancient carved arches that remain provide undeniable evidence of the splendor this amazing church once had. In addition, the guide can also take you on a short walk past the church to a rocky outcropping with an outstanding view of Addis.

12.3 Traveling beyond Addis
Traveling in Ethiopia can be very easy and relatively inexpensive. Ethiopian Airlines offers many flights to all places of interest; most resident rates for round trip flights within the country are less than $100. Many of the places of interest within the country can be visited in just a day, so ask community members for their suggestions.

It is advisable to use a guide when traveling outside the city if you haven’t organized your trip through a travel agency. Local guides can be hired at every place of interest, their wages are negotiable, and should be determined before you use their services.

When staying overnight in a hotel, be aware that room rents are sometimes more expensive for foreign guests. With your residence permit however you can stay paying local tariffs.
12.4 Weekend Trips from Addis

You can organize visits to these destinations yourself or, if you prefer, go through a travel agent. There are many travel agencies in town so ask around for recommendations.

- Dawe Emede Travel and Tour Agency. Located at Teklehaimanot Square. 011-155-7545 or 0911-204-625. Email: dawemett@ethionet.et.
- GETTS Travel Agency and Tour Company. Particularly recommended for their South Omo Tour to visit the Mursi, Hamer and Konso tribes. Located next to the Ras Hotel. 011-157-6609 or 011-156-1361. Email: grandexpress@ethionet.et, www.getts.com.et.
- Village Ethiopia. Recommended for the historical route (Lalibela, Axum and Gondar). They also operate Bilen Lodge near Awash National Park. 011-552-3497.
- Ethiopian Rift Valley Safaris. 011-155-2128/8591.
- Elijah Tour. Will design custom tours to meet your ideal holiday adventure. 0911-137-492. 0911-551-552 or email elijahtour@gmail.com or mail@elijahtour.com. www.elijahtour.com.

- Negash Lodge. In Wolisso at 110 km from Addis on the road to Jimma. Hotel with tukuls in several sizes and styles from all over the country. It is located on hot springs, has a swimming pool, spacious green areas, a garden restaurant with good pizza’s in the weekends, coffee machines on several corners, a tree house and public baths, 1st and 2nd class. Hotel guests seem to have right to 1st class baths. Avoid the Addis building downstairs as you can hear the drainage of your upstairs neighbors. 011-551-4882, 011-341-0002 or 011-341-1744.

- The Safari Lodge in Adama is popular families with kids because of its pool and small green garden. It has 18 rooms, of which 15 have a salon with bedroom and bath. Guests are requested to make reservations one week in advance. 022-112-2011/13 or 022-111-5101.

Lake Langano

On the way to Langano, stop for lunch at Jazzy’s Restaurant in Ziway. Jazzy’s is on your left as you are leaving Ziway, just before the rows of greenhouses start. Owned by an American/Ethio-American couple, Jazzy’s provides tasty food and a great rest stop along your way. 046-441-2380 or 0911-639-346.

- Bishangari Lodge. Located on the eastern side of Lake Langano, 235 km from Addis Ababa. 1600 meter above sea level. Driving from Addis Ababa, make the usual route to Langano taking the turnoff in Mojo and through the small towns of Ziway and Bulbula. At the 209km milestone, take the first turn onto a rough red road. Drive for 7km on this road and then turn left immediately after the third bridge. Drive 5km and you will cross the container bridge - it may be a tight fit for larger SUVs. Drive a further 4.5km up to Bishangari Lodge. There will be a gate and signs. The restaurant at the Bishangari Lodge is a large open air patio is covered with a giant tukul-like thatch roof that shields diners from the sun and the rain. The relaxing atmosphere by the lake is matched by the excellent cuisine, all made from fresh ingredients from nearby farms. If you’re vegetarian, just let them know and they will accommodate you. Bishangari is an eco-lodge on the eastern shores of Lake Langano by the well-preserved Munessa Shashamene Forest. Shadowed by huge ancient fig trees and located in a natural wilderness, the lodge encompasses a wildlife sanctuary of wetlands where baboons laze about during the day and hippos come to feed at night. An ancient equatorial forest with several 500-year-old trees is home to vervet and colobus monkeys, antelopes and warthogs. There also is a secluded beach. Daily excursions can be planned, but you may choose to remain at the site for fishing, swimming or just to unwind on the porch of your bungalow. www.bishangari.com (includes site map).

- Wenny Ecolodge. At the 184 km milestone, you will be in the Langano area. After the entrance to the Bekele Molla Hotel, proceed toward Shashamene and after 2 km you will find the Wenny Ecolodge sign. Turn left, follow Bishangari signs, going through a container turned into a bridge and looking for the Wenny entrance after about 16 km. The name ‘wenny’ means colobus monkey, which are abundant in these area. The facilities include a restaurant, bar, bungalows, convention rooms, sport
fields, beach and camping sites. There are many activities offered, including horseback riding, boat trips on Lake Langano, fishing, swimming, trekking, bird watching and cycling. www.wennyecolodge.com. 011-118-5875 or 0911-203-614.

- **Sabana** is a new resort, a sister of the Top View Restaurant in Addis. Sabana has new rooms and a very popular restaurant. The beach is full of activities but is located down hill from the other premises. 046-119-1181, 046-119-1466, 046-119-1467 from 7.30 AM until 10 PM. See also http://www.sabanalangano.com/default.aspx.

- **Africa Vacation Club** opened in April 2010. It is a time share resort that is also open for day trippers and weekenders. 046-119-1590 or 0912-854-512. Email: vclub@ethionet.et.

**Hawassa (Awassa)**

Hawassa is about 270 KM south of Addis Ababa on the road to Debre Zeit. The road is good but travel time is about 3 ½- 4 hours due to obstacles in the roads. Hawassa is a very clean and quiet town compared to Addis with many things to do. Lake Hawassa is very peaceful and provides some activities – you can take a boat ride to see wild hippos! There are several decent restaurants both Italian and Ethiopian and also a very good restaurant at Haile Resort. While in Hawassa, you can also take a few hours to visit “Wondo Genet”, just 40km northeast of Hawassa. Do some research on the Internet about this “Place of Heaven with its own hot springs – really a don't miss experience on a trip to Hawassa.

- **Haile Resort**. A five star hotel that opened in May/June 2010. Yes, the famous Haile name is that of Haile Gabre Selassie, the world-class Ethiopian marathoner; he owns the new resort. Haile Resort has 112 rooms, 8 of which are one or two bedroom suites. The hotel has all the comforts of any five star hotel in the world. From what we saw, every room has a balcony and many have a peaceful and relaxing view of Lake Hawassa. There are also many activities for kids. There is a pool just for kids, a play area with play equipment and mini-golf. For the adults, there is a larger pool, an indoor bar/cafè area overlooking Lake Hawassa, a pool lounging area and bar and two spas (one for men and one for women). There is a restaurant that serves international cuisine with a very good Turkish chef. We met the chef and had a tasting of some of his favorite dishes; the food alone is worth the drive to Hawassa! For sweets eaters, there is a pastry shop with a pastry chef and an Italian espresso machine. There is also to be a daycare for younger children. One of the best natural features of the hotel is its location; Lake Hawassa is a flurry of activity. Between the fishing, boating and bird watching, it provides the beautiful backdrop for Haile Resort. At the time of the opening rooms started at US$99. Phone Reservations: 011-663-0155. www.haileresort.com.

- **Oasis Hotel**. If you are looking for a simple and less expensive hotel, you can try the Oasis Hotel; it was the best in town before Haile Resort opened.

- **Circle of Life** is a smaller scale hotel at the lake side in Hawassa owned by an Irish -Ethiopian Rastafari couple. It includes a restaurant/bar, gymnasium, massage service, steam bath, arcade room and cake and ice-cream! Tel 046-220-7800 or 046 2201318 or 091 140 2046-220-1318 or 0911-402-718 (Tibebwa). Email: circleoflifehotel@gmail.com.

**Yirgelam (Sidama Region)**

- **Aregash Lodge**. Nestled on the outskirts of Yirgelam (Sidama region), Aregash is not the easiest place to find but certainly worth finding. It is exactly 35km south of Awassa. On the main road you will cross a one-lane bridge and after driving under a metallic portico turn left on a tarred road. You might want to ask someone if you are on Yergalem road since there are no signs. Pass straight through Yergalem on the bumpy, dirt road. After 10 minutes you will see a sign on your left for the lodge. Turn left and keep following the dirt road. It’s best, but not essential, to use a four-wheel drive to reach the lodge. Contact: Marika and Gregory Mihailadis. 046-225-0575/1136. Reservations are recommended and can be made directly or though Addis: 011-551-4254/82/90.

Aregash Lodge is considered the best eco-lodge in Ethiopia for many reasons. First, there is lush vegetation and beautiful forests with many species of plants and great pathways (that usually aren’t too muddy). It has a clean, vibrant and exotic atmosphere. The view is spectacular with hills covered in coffee fields and lush forest – you can’t wait to go for a hike in the morning. However, the thing that really separates Aregash from the other lodges is the food and drinks. With its buffet and array of
healthy fruit juices and teas you won’t go hungry or thirsty. They pick the fruit from their own garden and their special avocado is unforgettable - it’s a unique shade of green! The bungalows are very new or else well maintained and comfortable with plenty of warm water. Stay two nights and talk to the owners who have a wealth of information on Ethiopian culture and history.

**Awash Game Reserve.** 225km from Addis Ababa. Drive to Mojo and take the turnoff to Metahara and Awash (not the Assawa/Langano road). After Awash make sure you take the Djibouti Road (towards Awash Arba and Andido) rather than the Dire Dawa and Harar turnoff. Awash Park offers an opportunity to see game, the terrain of the crater region and natural hot springs. A 4WD vehicle is necessary. For accommodations, stay at the Bilen Lodge (see below), which lies 40km beyond the park, or Awash Falls Lodge. It is advisable to stay overnight as more game is seen in the evenings and the mornings.

- **Bilen Lodge.** From Awash Game Reserve, continue on the Djibouti Road. At Andido, there is a turnoff to Bilen. Drive about 10km. The Afar Region, where Bilen is located, is where archeological evidence of the earliest hominids has been found (including Lucy). Bilen has a restaurant (with fixed menu though) and bar located on a hill overlooking floodplains and hot springs are in the vicinity. There are fifteen individual thatched grass and reed bungalows that include a bathroom (flush toilet), bedroom and covered patio. The variety of wildlife and birds (440 species of birds have been recorded) in the surrounding wetlands is impressive for Ethiopia. As for animals, there are resident lions that come out to drink, but you are more likely to hear them at night than to see them during the day. This lodge is entirely eco-friendly and definitely an impressive experience. Bring repellent as insects can be a real nuisance. Reservations for Bilen can be made through Village Ethiopia Tour and Travel. Email: Village.ethiopia@telecom.net.et. 011-552-3497 or 011-550-8869.

- **Awash Falls Lodge** has recently opened and is located nearby the Awash River Falls in Awash National Park. The Lodge started its full services including traditional and modern dish, beverages and bedrooms as of 16 April 2009. The primary reason to establish the Lodge at this Park is to assist Awash National Park wildlife conservation and research. It is nice place to stay. The Lodge preserves traditional inspiration of bedrooms, a restaurant and a conference room constructed from local materials. As a result, be aware that many of the bedrooms share roofs and therefore are far from soundproof. The falls give a refreshing touch to the air. It adds attractions of Awash National Park, the surrounding natural resources, terrain features and various cultures and traditions. Email: etta@ethionet. 011-653-0245, 011-552-5813. [http://www.elephanttour.com.et](http://www.elephanttour.com.et).

**Harar**

523 km from Addis Ababa. If you want to drive, the scenic road is excellent and paved the entire way. There also is the option of flying via Ethiopian Airlines, which has daily flights to both Harar and Dire Dawa, which is 70 km from Harar. Harar is the spiritual heart of Ethiopia’s large Islamic community and is considered by some Muslims to be the 4th most holy city in the world after Mecca, Medina and Jerusalem. The main attraction is Jugal, the walled city that lies at Harar’s ancient heart. Explore the building by Emir Nur (five large gates supported by oval towers), mosques and Muslim shrines, handicrafts (including weaving, basket-making and book-binding), silversmiths, the Duke and Berbera Gate, Ras Makonnen’s stately old palace, Rimbaud House, Jami Mosque and the Muslim Market. The old town market is the best place for amber in Ethiopia, but beware of sellers trying to pass off resin as amber – a common trick. Old Harar is said to have the largest concentration of mosques in the world. The compulsive chewing of qat dominates every aspect of public life and there seem to be about as many bars in town as mosques. It’s the sort of easygoing, cosmopolitan town where you could spend days just soaking up the atmosphere. Expect to be without running water in Harar as this is the case more often than not. Note that museums, etc., in Harar observe national Christian holidays even though the majority of the people are Muslim.

Best restaurant in town is **Fresh Touch.** It is located along the main road.

- **Belayneh Hotel** is well-located on the fringe of the walled city (but doesn’t have hot water and is overpriced). 025-666-3020.

- **Tewodros Hotel.** The Tewodros is not as up-market as the Belayneh but it does have a nice restaurant, some rooms have hot water and it is located in a part of town often frequented by hyenas at night! 025-666-0217.

- There also is the option of staying in a Harari home.
• You can contact Abdul Ahmed in advance. He is the most well-known and well-recommended tour guide for the old town of Harar. 025-666-0107, 025-666-0821 or 0911-574-0864.

• **Waber Harari Cultural Guest House** has a shared bathroom, many water tanks and is most of all very welcoming. 025-666-4692/025-666-0614 or 0910-284-329.

• **Heritage Plaza Hotel** is relatively new hotel with its own well. Their restaurant is not fabulous but breakfast is OK. Their deluxe suite is great value especially when traveling with kids. 025-666-5137.

50 km from Harar is **Dire Dawa**. It is a planned town and it does people remind of French South. If you decide to stay in Dire Dawa for a night, visit the Afentieissa market as well as the railway town and station. www.visitethiopia.org.

• **Saai Hotel.** 025-111-2238 (Dire Dawa).

• **Gerene Hotel.** 025-111-2544 (Dire Dawa).

### Arba Minch

There are two options to get to Arba Minch, either via Ethiopian Airlines (takes about 80 minutes) or driving the 500 km over asphalt roads, which takes about 7-8 hours (once the road construction is finished - due to road construction it took 12 hours in December 2009). Driving gives you a great view of the Rift Valley wetlands including Lake Ziway and Lake Langano. Once in Arba Minch, find the road heading to Konso (the next town) and ask somebody for directions. There are two decent hotels in Arba Minch.

• **Swaynes Hotel** ([www.swayneshotel.com](http://www.swayneshotel.com)). Named after the endemic Swayne’s Hartebeest, found in the Neshisar National Park. The bungalows at the Swaynes Hotel have a spectacular view of this national park and two Rift Valley lakes Chamo and Abaya. The hotel has a path that takes you down the mountain to the park and natural springs. Their rooms are nicely decorated and comfortable. The material used is all natural and taken from the surrounding areas. The restaurant has a very pleasant and open atmosphere. There are many activities in Arba Minch and its surrounding areas that offer any tourist a real taste of Ethiopian culture. Like most hotels, it is important to make reservations and pay in advance at the Addis office. Call 011-163-4660/61 or email swayneshotel@yahoo.com.

• **Paradise Lodge**. Also in Arba Minch, this is the new competition of Swaynes. Individual tukuls are small but adequate and although fairly new, not very well maintained. Most are built only meters from the hillside with breathtaking views of the Nechisar Park and lakes. It has a conference room. The brochures advertise a swimming pool that has not yet been built. Compared to resort standards, food was mediocre at best. Those who have been to Paradise and Swaynes prefer the rooms at Paradise but prefer the food at Swaynes. Reservations – 011-553-3328 or email info@lodgeparadise.com.

### Ankober

• **Ankober Palace Lodge**. 40 km dirt road east from Debre Berehan will lead you to the very remote Ankober Palace Lodge (elevation 2,870 meters). Traditional lodge built in the style of the 19th century Menelik Palace. Situated on the top of a hill with a 360 degree view of the Rift Valley. There is a restaurant with a sparse menu so bring your own food, drinks, etc., if you plan to stay for more than a couple days. Traditional mud and straw bungalows are small but cozy. Temperatures are cold at night so bring extra blankets. The lodge will organize day trips to the local market and historical sites. A popular destination is the river bed at the bottom of the valley that is very popular with bird watchers who flock to Ankober hoping to get a glimpse of the Ankober Sarin. High altitude and low ambient light makes this one of the best star-watching locations in Ethiopia. Make reservations and pay in advance in Addis. Call Amba Ecotourism. 011-551-0433/0911-653-643 or email ankoberlodge@yahoo.com.

### 12.5 A Bit Further Afield... but Still in Ethiopia

• **Gondar.** 748 km from Addis Ababa. It is most practical to fly there via Ethiopian Airlines, which has daily direct flights. Sometimes called the “Camelot of Africa”, Gondar is at an altitude of about 2,000 meters. Gondar has some spectacular views over farmlands and is 35 km north of Lake Tana. The places to visit in Gondar are the medieval castles, the palace of Emperor Fasilidas, the Library of Emperor Yohannes, the Palace of Ras Mika’el Sehul, house of the Echege and Debre Birhan Selassie Church. Take a few extra days and use Gondar as a base for exploring the Simien Mountains National Park. [www.visitethiopia.org](http://www.visitethiopia.org). As noted in the 4th edition of the Ethiopia Bradt Travel Guide, “It can be
safely said, at the time of writing that any sentence including the words ‘Gondar’, ‘cheap’ and ‘hotel’ will almost always include the word ‘not” but your best best is the Goha Hotel.” 058-111-0634.

- **Lalibela.** Located high in the Lasta Mountains (higher than Addis at 2,630 meters), this strange, isolated town is known for its rock-hewn churches. No visitor to Ethiopia should miss it and all you really need is one day there. Legend has it that while in a coma as a child, 12th century king Lalibela was transported to heaven by angels and shown a city of rock-hewn churches, which he was ordered to replicate. When he ascended to the throne, he gathered the world’s greatest craftsmen and artisans in order to carve the churches. One of the churches is even said to have been carved by people during the day and by angels at night! Unless you are very adventurous, you should plan to fly there on Ethiopian Airlines. The drive requires a 4WD vehicle and takes two extremely long days over very rough roads (bring an extra spare tire) but the scenery through deserts and mountains is very rewarding. If you drive, stay overnight in Dessie or Kombolcha. On your way back to Addis, take the same route or go via Bahir Dar (on the shores of Lake Tana – the source of the Blue Nile). This drive takes two even longer days than the other way but, again, is packed with beautiful scenery.

- **Rafting on the Omo River.** The Omo River is some 350 km long and travels through steep, inaccessible valleys. First explored in 1973, nowadays commercial operators have set up rafting holidays on the river. The best season is from September to October, when the water is high from the rainy reason but the weather has started to dry out.

- **Hiking in the Simien and Bale Mountains.** The Ethiopian highlands are superb for trekking and mountain climbing. The best season is from September to October, when the scenery is lush and green but there is none of the rain and mud. Camping is possible in both locations. Get more information from the Addis office near the Hilton Hotel. 011-552-4758 or email lodge@simiens.com.

- **Horseback Riding in Bale Mountain Park.** Horses, mules and donkeys are the universal method of transport, especially in Ethiopia. The terrain is great in this area, only steep for short periods and mostly relaxed. You can organize with the guides at the hotel or lodge where you are staying. It is possible to organize rides ranging from one hour to ten days around the entire park.

- **Caving in the Sof Omar Cave System.** The Sof Omar cave system is remote, exotic and definitely world class. There are 15 km of underground caverns so you can be a real adventurer with your flashlight! The rounded corridors and wonderful shapes were formed by the Weyb River that flows through the forested scenery and disappears into the limestone rock where the caves begin. Plan your trip around the rainy season (begins in June or July and is heaviest from September to November). The Sof Omar caves are 120 kilometers east of Goba in the Bale Mountain region.

- **Bird Watching at Lake Shalla.** There an island in Lake Shalla that is a breeding ground for pelicans, a nesting spot for greater flamingos and a feeding ground for flocks of little grebes. The lesser flamingo is also common in this area. Over 50% of the bird species in Ethiopia are recorded in the Rift Valley because of the proximity of numerous aquatic and terrestrial habitats. In total there are 861 species of birds in Ethiopia, 16 of which are endemic.

- **Visit tribal villages in Konso.** You can visit the tribal villages but be aware that your children may be more of an attraction to the tribal people than the tribes are an attraction to you! Hess Travel is constructing a very nice resort with individual, comfortable tukuls, with running water and at least electricity at night (full day electricity is expected in the future). As for Fred for the latest information regarding the status of construction. Hess Travel: 011-661-4122, 618-1868, 618-2200, 651-9126, 618-2223-26, http://www.hesstravelethiopia.com/. Kashale Yohannes (Chuchi) is one of the few official guides in Konsoi area and a very good one (Kashale Yahannes@gmail.com or 0913-387-328.

- **On Fri, 6/11/10, Tim & Kim Otte <timandkimvillage@yahoo.com> wrote:**

  This community-based project is situated along the shores of Lake Tana in Gorgora. It is a very peaceful, quiet place, great to spot birds or just to relax! The restaurant offers home-cooked breakfasts, lunches and diners and all kinds of beverages. It’s Campsite, Shower- and toiletbuilding are up and running, tents, matrasses, pillows, sheets and blankets are available. Lodges will be finished in the near future. For 2010 the costs per campsite is +/- 100 birr, meals from 20 birr upto 100 birr. Bookings in advance can be made by e’mail or a phonecall. Please notice that we don’t always have netwerk, so it might take 2 weeks before you get a reply. Come as a guest, leave as a friend!
12.6 Beyond Ethiopia
While there is so much to see and do in Ethiopia, you should take advantage of your proximity to other countries during your stay in the country. Between Ethiopian Airlines’ vast list of destinations, the presence of many other airlines and the huge number of embassies in Addis, it couldn’t be easier to get a visa and hop on a plane to explore the world beyond Ethiopia.

Some popular regional destinations include: going on safari in Kenya or Tanzania, exploring Cairo, basking in the sun in Sharm-el-Sheikh on the Egyptian Red Sea or, alternatively, basking in the sun on the Djiboutian Red Sea. Other easy destinations in Africa include the Seychelles, South Africa, Mauritius and Namibia. Dubai in the United Arab Emirates and Israel are only a plane ride away as are many destinations in Europe including England, Italy, France, Belgium, Germany, Sweden and Turkey as well as the US. If Asia is more to your liking, Ethiopian Airlines flies to India, Thailand and China.

Ask around for a good travel agent or try one of the following:
- **World Travels and Tours.** Contact Solomon at 0911-237-609 or 011-553-4990/8. Email: worldtravels@ethionet.et.
- **Medhin Travel Agency.** Located in Adam’s Pavilion. Kidist Mamo. 011-371-8603 or 0911-220-747.
- **Eagle Travel Agency.** Located in Dembel City Center. 011-552-8224/25/28/34.

The ICS Parent Resource Center has brochures for many of the destinations mentioned above. Please stop in if you are looking for more information on travel locations inside our outside Ethiopia.
I. EMERGENCY TELEPHONE NUMBERS

City Administration
Nefas Silk-Lafto Sub City Office .................................................................................................................. 011-372-8256

Fire Department
Emergency Call ................................................................................................................................................. 939
Kera Branch .................................................................................................................................................. 011-466-3420/1
Nefas Silk-Lafto Branch ................................................................................................................................. 011-442-5563/65
Megegnana Branch ..................................................................................................................................... 011-663-0373

Police
24-Hour Emergency Information Center .......................................................................................... 991 / 011-552-6302
Federal Police Commission .......................................................................................................................... 011-552-4077 / 011-552-6302/03
Addis Ababa Police ..................................................................................................................................... 011-555-9122
Addis Ababa Traffic Police .......................................................................................................................... 011-662-8222/8086
Woreda 21 Police Command Post (Mexico Square) ............................................................................... 011-466-6917/65 / 0912-891-103
Woreda 23 Police Command Post (Old Airport) ...................................................................................... 011-320-2507 / 0912-148-113 / 0911-331-897
Kera Police Command Post ......................................................................................................................... 011-416-1292
Ledeata Sub City Police ................................................................................................................................. 011-515-3760 / 011-551-4537
Nefas Silk-Lafto Sub City Police .................................................................................................................... 011-443-1529 / 011-440-0729
For numbers for other areas see Annex VIII

Electricity
Emergency ......................................................................................................................................................... 905

Water and Sewer
Emergency ......................................................................................................................................................... 956/957/958/959
Non-Emergency.............................................................................................................................................. 011 111 6334 / 011 155 0922

Telecommunications
Information and Directory Enquiries .............................................................................................................. 997
International Calls (from landlines only) ....................................................................................................... 998
Inter-urban Calls ........................................................................................................................................... 011-550-6010
Mobile Thefts ................................................................................................................................................ 0911-299-870/71/72 or 011-550-6010
Wake-up Calls ............................................................................................................................................... 999
Internet Technical Support .......................................................................................................................... 011-517-7520

Area Codes
Mobile Prefixes 0910/1/2/3, 0920
Addis Ababa & Debre Zeit 011 Mekele 034
Nazareth 022 Shashemene 046
Dire Dawa & Harar 025 Jimma 057
Dessie 033 Gondar 058
## II. HEALTH EMERGENCY NUMBERS

Red Cross Ambulance (with First Aid-trained personnel and 24-hour service in English) .................. 907

<table>
<thead>
<tr>
<th>Clinic Name</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Swedish Clinic (24 hours on call)</td>
<td>011-371-9002 or 011-551-0110</td>
</tr>
<tr>
<td>Cell phone 24-hour on call physician</td>
<td>0911-206-291</td>
</tr>
<tr>
<td>Cell phone 24-hour on call nurse</td>
<td>0911-206-514</td>
</tr>
<tr>
<td>Myungsung Christian Medical Center</td>
<td>011-662-8428 / 011-629-2963</td>
</tr>
<tr>
<td>Emergency Room</td>
<td>011-629-4602</td>
</tr>
<tr>
<td>Blue and White Clinic (Dr Margaret Mgbemena)</td>
<td>011-661-6229</td>
</tr>
<tr>
<td>American Embassy Clinic</td>
<td>011-517-4309/4000</td>
</tr>
<tr>
<td>On call during the night and weekend</td>
<td>011-124-2400/2442</td>
</tr>
<tr>
<td>British Embassy Clinic</td>
<td>011-661-2354</td>
</tr>
<tr>
<td>For members only</td>
<td>011-662-1433</td>
</tr>
<tr>
<td>UN ECA Clinic</td>
<td>011-551-4202/5784</td>
</tr>
<tr>
<td>24-hour on call</td>
<td>011-551-1052</td>
</tr>
<tr>
<td>AU Clinic</td>
<td>011-552-5874</td>
</tr>
<tr>
<td>Dr. Grace Kalmugoto</td>
<td>011-515-5151</td>
</tr>
<tr>
<td>Dr. Paul Koki (24-hour on call)</td>
<td>011-552-5874</td>
</tr>
<tr>
<td>Canadian Embassy</td>
<td>011-371-3022</td>
</tr>
<tr>
<td>Duty nurse</td>
<td>0911-202-924</td>
</tr>
<tr>
<td>ILRI Clinic</td>
<td>011-661-3215/2284</td>
</tr>
<tr>
<td>After working hours</td>
<td>011-661-3215</td>
</tr>
<tr>
<td>French Embassy (24-hour emergency)</td>
<td>011-155-1274/0066</td>
</tr>
<tr>
<td>Yekati</td>
<td>011-155-3066/65</td>
</tr>
<tr>
<td>Paulos</td>
<td>011-275-0125</td>
</tr>
<tr>
<td>Black Lion (works 24 hrs)</td>
<td>011-551-1211</td>
</tr>
<tr>
<td>St Gabriel Clinic (24 hrs)</td>
<td>011-661-3622</td>
</tr>
<tr>
<td>Tezena Clinic</td>
<td>011-371-1208</td>
</tr>
</tbody>
</table>
## III. MEDICAL SERVICES IN ETHIOPIA

This list is based on:
1. a German Embassy/GTZ compilation of March 2010, updated by the ICS nurse in May 2010.
2. a USA Embassy list, contributions in italic.

### Hospitals, clinics and specialists

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
<th>Phone Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Addis Maternity &amp; Children Hospital</td>
<td>Dr. Mekonnen Bekele</td>
<td>011-124-5345/011-124-5348</td>
</tr>
<tr>
<td></td>
<td>Gynecologist and obstetrician</td>
<td></td>
</tr>
<tr>
<td>Aroma Higher Eye Clinic &amp; Optics</td>
<td>Dr. Negussie Zerihun</td>
<td>011-554-5963/0911-402-131</td>
</tr>
<tr>
<td></td>
<td>Ophthalmologist</td>
<td></td>
</tr>
<tr>
<td>Blue &amp; White Clinic</td>
<td>Dr. Wafa (now in Sunshine clinic)</td>
<td>011-661-6229/office 0911-962-831</td>
</tr>
<tr>
<td></td>
<td>Dr. Margaret Mgbemena Nurse Hannan</td>
<td>0911-372-242/0913-868-076</td>
</tr>
<tr>
<td></td>
<td>General practitioner</td>
<td></td>
</tr>
<tr>
<td>British Embassy Clinic</td>
<td>Dr. Geetha Murali</td>
<td>011-156-0842/011-662-1433/0911-203-085</td>
</tr>
<tr>
<td></td>
<td>General practitioner, for members only</td>
<td></td>
</tr>
<tr>
<td>EMA Dental Clinic</td>
<td>Dr. Wondwossten Teshome</td>
<td>011-661-2991/011-663-6626/0911-128-873</td>
</tr>
<tr>
<td></td>
<td>Dentist and orthodontist</td>
<td></td>
</tr>
<tr>
<td>Health First Health Services S.C.</td>
<td>Dr. Said Abdulkadir</td>
<td>011-662-1440/0911-203-961</td>
</tr>
<tr>
<td></td>
<td>Orthopedist</td>
<td></td>
</tr>
<tr>
<td>International Cardiovascular Medical Center (ICMC)</td>
<td>Dr. Elehu Feleke</td>
<td>011-613-836/0911-222-016</td>
</tr>
<tr>
<td></td>
<td>Internist and cardiologist (spends half a year working in Sweden); in patient and outpatient services</td>
<td></td>
</tr>
<tr>
<td>International Clinical Laboratories</td>
<td>011-552-9252</td>
<td>Important laboratory tests</td>
</tr>
<tr>
<td>Lunadent Clinic</td>
<td>Dr. Tsehay Berhane</td>
<td>011-661-6422/0912-119-279</td>
</tr>
<tr>
<td></td>
<td>Dentist and orthodontist</td>
<td></td>
</tr>
<tr>
<td>Myungsung Christian Medical Center (MCM) “Korean Hospital”</td>
<td>Dr. Einer Eriksen (specialist for burns and plastical surgery)</td>
<td>011-629-5420-27/011-629-5420-27</td>
</tr>
<tr>
<td></td>
<td>Dr. Kjell Magne Kiplesund</td>
<td>ext. 531/532/0913-818-801/011-629-4604/0912-049-223</td>
</tr>
<tr>
<td></td>
<td>Dr. Andargie Gedamu</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Inpatient as well as stabilization for medical evacuation</td>
<td></td>
</tr>
<tr>
<td>Panorama Clinic</td>
<td>Dr. Tofik Idris</td>
<td>011-465-1666/011-465-4668/0911-223-700</td>
</tr>
<tr>
<td></td>
<td>General practitioner</td>
<td></td>
</tr>
<tr>
<td>St. Gabriel General Hospital</td>
<td>Dr. Kassaye Ketsela (Medical director, Internist)</td>
<td>011-661-3622/011-662-4482/0911-204-396/011-618-4628/011-661-4400</td>
</tr>
<tr>
<td></td>
<td>Dr. Tewodros Agonafar (General practitioner)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>In patient services</td>
<td></td>
</tr>
<tr>
<td>Taludent Clinic</td>
<td>Dr. Wu</td>
<td>011-661-6402/0911-233-002/0911-405-140</td>
</tr>
<tr>
<td></td>
<td>Dentist and orthodontist</td>
<td></td>
</tr>
<tr>
<td>Swedish Clinic (Old Airport)</td>
<td>Dr. Orjan Johaneson</td>
<td>011-371-9002/0911-206-514/0911-206-291</td>
</tr>
<tr>
<td></td>
<td>General practitioner, also specializes in tropical medicine</td>
<td></td>
</tr>
<tr>
<td>St Yared Hospital (CMC road)</td>
<td>D. Azeka Teame</td>
<td>/St. Yared’s hospital 011 645 4697/04 <a href="mailto:ateame@yahoo.com">ateame@yahoo.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
LIST OF HOSPITALS AND CLINICS WITH AMBULANCE SERVICE

- International Cardiovascular and Medical Center 011 6613 836 (equipped ambulance)
- Myungsung Christian Medical Center (a.k.a. Korean hospital) 011 629 5421 (equipped ambulance)
- St. Gabriel Hospital 011 – 661 – 3022; 011-661-4400 or 011 – 661 – 3622
- Hayat Hospital 011 – 662 – 4488 or 011 – 661 – 42 50
- Black Lion Hospital 011 – 551 – 1211
- Menilek II Hospital 011 – 155 – 0444
- Yekatit 12 Hospital 011 – 155 – 30 65/68
- Zewditu Hospital 011 – 551 – 8085
- St. Yared's hospital 011 645 4697/04

Pharmacies

<table>
<thead>
<tr>
<th>Pharmacy</th>
<th>Contact</th>
<th>Owner(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lion Pharmacy</td>
<td>011-156-7175 011-155-0207 0911-200-549</td>
<td>Herr Karl Hildebrandt, Herr Markos Hildebrandt</td>
</tr>
</tbody>
</table>

List of Specialists

<table>
<thead>
<tr>
<th>Specialisation</th>
<th>Physician</th>
<th>Hospital</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>General/ internal medicine:</td>
<td>Richard M. Hodes, M.D., Internal Medicine/ Infectious Diseases</td>
<td>011 – 662 – 0930 0911 – 218 – 425</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Abiy Temesgen, M.D.,</td>
<td>Brook Clinic – Ambassador Theatre</td>
<td>011 – 551 – 3435 or 011 – 551 – 5115</td>
</tr>
<tr>
<td></td>
<td>Abebe Desta</td>
<td>Brook Clinic – Old Airport</td>
<td>011 – 372 – 5860</td>
</tr>
<tr>
<td></td>
<td>D. Azeka Teame</td>
<td>/St. Yared's hospital</td>
<td>011 645 4697/04 <a href="mailto:atame@yahoo.com">atame@yahoo.com</a></td>
</tr>
<tr>
<td>Pediatrics</td>
<td>Milliard Derebew, M.D., Pediatric Surgeon</td>
<td>Black Lion Hospital</td>
<td>011 – 551 – 1211 Ext 127</td>
</tr>
<tr>
<td></td>
<td>Belachew Tafesse, M.D., General Pediatrics,</td>
<td>Health Unit Contractor St. Gebriel Hospital</td>
<td>011 – 661 – 3622</td>
</tr>
<tr>
<td></td>
<td>Dr Feseha, M.D., General Pediatrics</td>
<td>Dr Feseha Sahile Special Clinic</td>
<td>0911214951, 0920341124 (clinic)</td>
</tr>
<tr>
<td></td>
<td>Dr. Fabiana Monti</td>
<td>Sunshine Higher Clinic</td>
<td>011 124 2294/95 <a href="mailto:fabiana.etiopia@gmail.com">fabiana.etiopia@gmail.com</a></td>
</tr>
<tr>
<td>Cardiology</td>
<td>Kebede Oli, Prof., Cardiologist</td>
<td>Land Mark Clinic</td>
<td>011 – 552 – 5463</td>
</tr>
<tr>
<td>Computertomography &amp; Ultrasound</td>
<td>Dr. Yonas Tadesse (Radiology)</td>
<td>Wosen Wole J ale – Diagnostic &amp; Imaging Center (W.W.J.)</td>
<td>011-467-0333 011-465-4003 0911-236-051</td>
</tr>
<tr>
<td>Service</td>
<td>Name</td>
<td>Contact Information</td>
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<tr>
<td>------------------</td>
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<td>--------------------------------------------</td>
<td></td>
</tr>
<tr>
<td><strong>Dialysis</strong></td>
<td>Dr. Kassaye Ketsele</td>
<td>011-661-3622 / 0911-204-396 / 011-662-4482</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr. Tewodros Agonafar</td>
<td>St. Gabriel General Hospital</td>
<td></td>
</tr>
<tr>
<td><strong>Dentists</strong></td>
<td>Dr. Wondwossen Teshome</td>
<td>E’ma Dental Clinic</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Tolu Duresa,</td>
<td>St. Gabriel General Hospital</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr. P. Roeina (Dental Surgeon)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr. Tsehay Berhan</td>
<td>Lunadent Clinic</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr. Wu</td>
<td>Taludent Clinic</td>
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</tr>
<tr>
<td></td>
<td>Dr. Tadesse Melaku</td>
<td>Ethio-Swedish Dental Clinic Bole</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr. Yahya Seid</td>
<td>Gojeb Dental Clinic – Piazza:</td>
<td></td>
</tr>
<tr>
<td><strong>Dermatology</strong></td>
<td>Dr. Fuad</td>
<td>Alert Hospital</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Saba Teklemariam, M.D.,</td>
<td>St. George Clinic</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dermatologist, Venerologist</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>General Surgery</strong></td>
<td>Taye Makuria, M.D., Frcs,</td>
<td>Health Unit Consultant</td>
<td></td>
</tr>
<tr>
<td></td>
<td>General Surgery;</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Gynecology</strong></td>
<td>Dr. Assegedech</td>
<td>Assegedech Higher Clinic</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr. Mekonnen Bekele</td>
<td>Addis Maternity and Children Hospital</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr Nigina Muntean</td>
<td>Swedish Clinic</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mrs. Regina Abelt</td>
<td>Midwife</td>
<td></td>
</tr>
<tr>
<td><strong>ENT</strong></td>
<td>Dr. Isshak Bedri</td>
<td>Bethzata Clinic</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kebede Demissie, M.D., Ent</td>
<td>Electronics Clinic</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Specialist</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Internist &amp; cardiology</strong></td>
<td>Dr. Elehu Feleke</td>
<td>International Cardiovascular Medical Center (ICMC)</td>
<td></td>
</tr>
<tr>
<td><strong>Laboratory</strong></td>
<td>Dr. Anke Wanger</td>
<td>International Clinical Laboratories</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Swedish Clinic</td>
<td></td>
</tr>
</tbody>
</table>

Welcome to Addis Guide
<table>
<thead>
<tr>
<th>Neurology/Psychiatry</th>
<th>Dr. Andargie Gedamu</th>
<th>Myungsung Christian Medical Center (MCM) „Korean Hospital“ Psychologist, Lerntherapeutin, Mediatorin &amp; Supervisorin</th>
<th>0912-049-223</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Bernadette Ruffeis</td>
<td></td>
<td>0911-864-883</td>
</tr>
<tr>
<td></td>
<td>Ginbaru, Psychiatrist</td>
<td>Old Airport Clinic</td>
<td>0911 – 225 – 886</td>
</tr>
<tr>
<td></td>
<td>Yonas Baheretibeb Alemu (M.D.), Child and Adolescent Psychiatrist, Assistant Professor in Psychiatry</td>
<td></td>
<td>0911 – 246 – 620</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Office: 011 – 515 – 2215</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Home: 011-270-3960</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>E-Mail: <a href="mailto:yonasbaherettibeb@yahoo.com">yonasbaherettibeb@yahoo.com</a></td>
</tr>
<tr>
<td></td>
<td>Prof. Redda Teklehaiananot, M.D., Neurologist</td>
<td></td>
<td>011 – 662 – 2538</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Home:011 –-662- 8774</td>
</tr>
<tr>
<td>Optometry</td>
<td>Dr. Negussie Zerihun</td>
<td>Aroma Higher Eye Clinic &amp; Optics</td>
<td>011-554-5963</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>0911-402-131</td>
</tr>
<tr>
<td></td>
<td>Wondu Alemayehu, M.D., MPH, consultant Ophthalmologist</td>
<td>Ethio Vision</td>
<td>011 – 662 – 0995</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Home: 011 – 551 – 3038</td>
</tr>
<tr>
<td>Orthopedist</td>
<td>Dr. Said Abdulkadir</td>
<td>Health First Health Services S.C.</td>
<td>011-662-1440</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>0911-203-961</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>0911-316-012</td>
</tr>
<tr>
<td></td>
<td>Eric Gokeen, M.D. – US Board Certified Orthopedic Surgeon</td>
<td>The CURE Hospital:</td>
<td>011 – 124 – 5404</td>
</tr>
<tr>
<td>Veterinarians</td>
<td>Dr. Shenkut Teshome</td>
<td>Casa Incis Animal Clinic</td>
<td>011-551-9427</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>0911-210-204</td>
</tr>
<tr>
<td></td>
<td>Dr. Dawit Ketema</td>
<td>Shalom Veterinary Clinic</td>
<td>011-629-1877</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>0911-247-335</td>
</tr>
<tr>
<td></td>
<td>Dr. Daniel Girma</td>
<td></td>
<td>0911-665-830</td>
</tr>
<tr>
<td></td>
<td>Dr Ketema Fantu</td>
<td>Old Airport Veterinary Clinic</td>
<td>0911-209-993, 011-349-7905</td>
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</tbody>
</table>

Physicians, Clinics and Hospitals Outside Addis

<table>
<thead>
<tr>
<th>Adama</th>
<th>Sister Aklasia General Hospital</th>
<th>022-111-9800</th>
<th>24 hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>General</td>
<td>Adama General Hospital</td>
<td>022-111-2424</td>
<td>24 hours</td>
</tr>
<tr>
<td>General</td>
<td>Misikir Higher Clinic and Diagnostic laboratory</td>
<td>022-111-7861</td>
<td>24 hours</td>
</tr>
<tr>
<td>General</td>
<td>Medhanialem General Hospital</td>
<td>022-111-5590</td>
<td>24 hours</td>
</tr>
<tr>
<td>General</td>
<td>Beza Medical Center</td>
<td>022-112-5568</td>
<td>8:00 AM – 5:00 PM</td>
</tr>
<tr>
<td>Ophthalmology</td>
<td>Dr Tegene Eye Clinic</td>
<td>022-111-3551</td>
<td>8:00 AM – 6:00 PM</td>
</tr>
<tr>
<td>Pediatrics</td>
<td>Noah Clinic</td>
<td>022-111-0182; 0911-405-103</td>
<td>8:00 AM – 6:00 PM</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>Sister Aklasia Pharmacy</td>
<td>022-111-9801</td>
<td>8:00 AM - 5:00 PM</td>
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<tr>
<td>--------------------------</td>
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<tr>
<td>Pharmacy</td>
<td>Red Cross Pharmacy</td>
<td>022-111-1529</td>
<td>8:00 AM - 5:00 PM</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>Adama Hospital Pharmacy</td>
<td>022-111-2424</td>
<td>24 hours</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>Robot Pharmacy</td>
<td>022-111-8573</td>
<td>8:00 AM - 8:00 PM</td>
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</table>

**Bahir Dar**

<table>
<thead>
<tr>
<th>Pharmacy</th>
<th>Bahir Dar RDV Medicine</th>
<th>Aside Abbisinia Bank, center of the town</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Gamby Pharmacy</td>
<td>Close to Gamby Clinic</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Child Specialist</th>
<th>Dr. Azene Arsema Clinic</th>
<th>058-226-3500</th>
<th>Opposite to Mesquel Square, Bahir Dar</th>
</tr>
</thead>
<tbody>
<tr>
<td>General practitioner</td>
<td>Bahir Dar Special Clinic Dr. Tsrhariam Seme Bahir Dar</td>
<td>0918-760-062</td>
<td>Near to the Gamby Clinic in a side road Recommended by Dr. Ritter, TMU</td>
</tr>
<tr>
<td>General Clinic</td>
<td>Universal Clinic</td>
<td>058-220-4595</td>
<td>Opposite to Cloude 9 café, Bahir Dar</td>
</tr>
<tr>
<td>General practitioner</td>
<td>Dr. Mekonnen Gamby Clinic</td>
<td>058-220-2017</td>
<td>Close to the Hyper Cinema, road to Papyrus Hotel right side, Bahir Dar</td>
</tr>
<tr>
<td>General Clinic</td>
<td>Alem Sega Meda Clinic</td>
<td>058-220-9415</td>
<td>Bahir Dar</td>
</tr>
<tr>
<td>Bio Chemistry and Research Center</td>
<td></td>
<td></td>
<td>Near Felege Hiwot Hospital, Kebele 13</td>
</tr>
</tbody>
</table>

Please note, the only recommended place is Dr. Tsrhariam, TMU Eschborn. The other places, everybody tries to help, but sometimes the technical and personal capacities are not enough.

**Dire Dawa**

<table>
<thead>
<tr>
<th>Mariamwork Hospital</th>
<th>Dr. Tiruwork</th>
<th>0911-252-462</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bilal Hospital</td>
<td>Dr. Biruck</td>
<td>0915-082-501</td>
</tr>
</tbody>
</table>

**Jinka**

| Government hospital run by Norwegian Lutheran Mission (NLM) | Doctor family: Dr. Kiserud Thorleif his wife | 046-775-0151, 046-775-0601, 0912-858-650, 0912-803-371 tkiserud@nlm.no | Surgeons |

**Soddo**

| Soddo Christian Hospital | Dr. Duane Anderson       | 046-551-1163, 046-551-4317, 0916-832-428 jandersonafrica@yahoo.com |        |
IV. Airport and Airline Contact Information

Airport Tourist Info Center ................................................................. 011-618-4290
Tourism Commission PR’s Office .......................................................... 011-551-2310
Chartered Flights
   Abyssinian Flight Service ................................................................. 011-662-0622/3/4
   Ethiopian Airlines ................................................................. 011-661-2222, x403 or 011-663-1252
British Airways ......................................................................................... 011-552-8155
Egypt Air ..................................................................................................... 011-112-2565
Emirates ...................................................................................................... 011-518-1818
Ethiopian Airlines ...................................................................................... 011-665-6161 or 661-6666/2222 or 665-2222
Kenya Airways ......................................................................................... 011-551-8400
KLM ........................................................................................................ 011-552-5495
Lufthansa ................................................................................................... 011-551-5666/4614
Saudi Arabian Airways ............................................................................. 011-661-4327
South African Airways .............................................................................. 011-553-7880/1
Sudan Airways .......................................................................................... 011-550-4724
Turkish Airlines ......................................................................................... 011-665-0443/4
Yemenia .................................................................................................... 011-551-5076/1809/4404

See also http://www.horizonethiopia.com/index.php/Top_Resources/Consumer_Page_Listings.html

V. Shopping Agents in Dubai Used by ICS

1. Royal Ext General Trading LLC
   PO Box 85532
   Tel. (971-4) 266 04 64
   Fax. (971-4) 262 87 76
   Dubai, U.A.E
   Email: royalxps@emirates.net.ae
          aladib5@hotmail.com
          jemumen@yahoo.com
   Contact person: Mr. J emil Mustafa

2. Bistra Air Cargo LLC
   PO Box 172605
   Tel. (971-4) 235 18 10
   Fax. (971-4) 235 18 09
   Dubai, U.A.E
   Email: bistra@eim.ae
   Contact person: Mr. Abdulkader Abedella
VI. Baking and cooking aids for high altitudes

High altitude adjustment guide for cakes

| Reduce baking powder: for every teaspoon | decrease ¼ teaspoon |
| Reduce sugar: for each cup | decrease 1 to 3 tablespoons |
| Increase liquid: for each cup | add 3 to 4 tablespoons |

Other hints for high altitude cooking and baking

| Angel sponge cakes | Beat egg whites less, until peaks fall over, not until stiff and dry; use less sugar, more flour, higher baking temperature |
| Baked bread | Use less flour (flours are drier, able to absorb more liquid in high altitudes); punch the dough down twice (the dough rises faster, but needs to maintain longer raising time for flavor) |
| Biscuits and muffins | To avoid bitter flavor, reduce baking soda/powder |
| Cakes and Quick breads | Follow adjustment guide as above. Try smaller adjustment first as this may be all that is needed. Increase baking temperature by 25 degrees to set batter. For rich cakes, reduce shortening by 1 or 2 T, increase amount of egg. |
| Canning | Increase processing time 7 minutes if total time is 20 minutes or less. If processing time is more than 20 minutes, increase by 15 minutes. |
| Cookies | Results are often OK without adjustments. Try slight increase in baking temperature, slight decrease in baking powder/soda, fat, and sugar, and a slight increase in liquid ingredients and flour. |
| Deep-fat frying | Reduce the temperature of the fat by about 20 degrees, in order to prevent food from over-browning on the outside while staying under-cooked on inside. |
| Egg - 3 minutes | Boil for a bit longer |
| Pressure canner | Instead of 10 pounds pressure, you must use 13.5 lbs in order to reach 240 degrees. |
| Pudding and Pie filling | Use direct heat instead of double boiler. |
| Syrup/candy/jelly | Cook to final temperature 15 degrees lower than given |
| Vegetables | To blanch before freezing, heat 1 minutes longer than time given. |
| Water | Boils at 198 degrees in stead of 212 degrees |

Oven temperature converter

<table>
<thead>
<tr>
<th>Fahrenheit</th>
<th>Celsius</th>
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</thead>
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<td>325</td>
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<td>425</td>
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### VII. Private Lessons Music Teachers

<table>
<thead>
<tr>
<th>Instrument</th>
<th>Name</th>
<th>Telephone Number(s)</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Piano</td>
<td>Teddy Philip</td>
<td>011-371-6445 or 0911-308-928</td>
<td><a href="mailto:samritadu@hotmail.com">samritadu@hotmail.com</a></td>
</tr>
<tr>
<td>Piano</td>
<td>Samrawit Tadesse</td>
<td>0910-015-910</td>
<td></td>
</tr>
<tr>
<td>Piano</td>
<td>Girma Yifrashewa</td>
<td>011-647-1041 or 0911-227-804</td>
<td><a href="mailto:yifrashewag@ethionet.et">yifrashewag@ethionet.et</a></td>
</tr>
<tr>
<td>Piano</td>
<td>Brian Wilson</td>
<td>011-123-3403 or 0911-606-363</td>
<td><a href="mailto:asplinas@yahoo.co.uk">asplinas@yahoo.co.uk</a></td>
</tr>
<tr>
<td>Piano</td>
<td>Martha Tilahun</td>
<td>0911-630-865</td>
<td></td>
</tr>
<tr>
<td>Piano</td>
<td>Ato George</td>
<td>0911-675-308</td>
<td></td>
</tr>
<tr>
<td>Piano</td>
<td>Tamara Salasnova</td>
<td>011-155-0996</td>
<td></td>
</tr>
<tr>
<td>Piano</td>
<td>Mary Valbandian</td>
<td>011-553-9429 or 0911-215-493</td>
<td><a href="mailto:info@bale-leather.com">info@bale-leather.com</a></td>
</tr>
<tr>
<td>Piano</td>
<td>Esayas Teklu</td>
<td>0911-034-780</td>
<td><a href="mailto:Eso2k@yahoo.co.uk">Eso2k@yahoo.co.uk</a></td>
</tr>
<tr>
<td>Piano</td>
<td>Gemechu Mezgebu</td>
<td>0911-053-358</td>
<td><a href="mailto:Jazz1game@hotmail.com">Jazz1game@hotmail.com</a></td>
</tr>
<tr>
<td>Guitar</td>
<td>Jorg</td>
<td>0911-088-948</td>
<td></td>
</tr>
<tr>
<td>Guitar</td>
<td>Mihret Ab</td>
<td>0912-126-244</td>
<td></td>
</tr>
<tr>
<td>Guitar</td>
<td>Kuku</td>
<td>0911-615-597</td>
<td></td>
</tr>
<tr>
<td>Guitar</td>
<td>Mieraf</td>
<td>0911-470-750</td>
<td><a href="mailto:Chapioner1@yahoo.com">Chapioner1@yahoo.com</a></td>
</tr>
<tr>
<td>Guitar/ Bass</td>
<td>Gemechu Mezgebu</td>
<td>0911-053-358</td>
<td><a href="mailto:Jazz1game@hotmail.com">Jazz1game@hotmail.com</a></td>
</tr>
<tr>
<td>Flute</td>
<td>Fatma Rashad</td>
<td>0911-781-175</td>
<td></td>
</tr>
<tr>
<td>Flute</td>
<td>Alem</td>
<td>0911-223-896</td>
<td></td>
</tr>
<tr>
<td>Flute</td>
<td>Rae Cowling</td>
<td>011-279-2702</td>
<td><a href="mailto:Rae.cowling@gmail.com">Rae.cowling@gmail.com</a></td>
</tr>
<tr>
<td>Clarinet</td>
<td>Samrawit Tadesse</td>
<td>0910-015-910</td>
<td><a href="mailto:samritadu@hotmail.com">samritadu@hotmail.com</a></td>
</tr>
<tr>
<td>Clarinet</td>
<td>Tadele Tilahun</td>
<td>0911-623-781</td>
<td></td>
</tr>
<tr>
<td>Clarinet</td>
<td>Rae Cowling</td>
<td>011-279-2702</td>
<td><a href="mailto:Rae.cowling@gmail.com">Rae.cowling@gmail.com</a></td>
</tr>
<tr>
<td>Saxophone</td>
<td>Olaf Boelsen</td>
<td>0911-727-264</td>
<td></td>
</tr>
<tr>
<td>Saxophone</td>
<td>Ato George</td>
<td>0911-675-308</td>
<td></td>
</tr>
<tr>
<td>Saxophone</td>
<td>Tadele Tilahun</td>
<td>0911-623-781</td>
<td></td>
</tr>
<tr>
<td>Trombone</td>
<td>Belay</td>
<td>0911-69-45-92</td>
<td></td>
</tr>
<tr>
<td>Trombone</td>
<td>Million Abraham</td>
<td>0912-152-821</td>
<td><a href="mailto:millionabr@gmail.com">millionabr@gmail.com</a></td>
</tr>
<tr>
<td>Violin/ Viola</td>
<td>Tamara Salasnova</td>
<td>011-155-0996</td>
<td></td>
</tr>
<tr>
<td>Violin/ Viola</td>
<td>Teddy Philip</td>
<td>0911-308-928 or 011-371-6445</td>
<td></td>
</tr>
<tr>
<td>Strings</td>
<td>Kaethe Hostetter</td>
<td>0920-124-853</td>
<td><a href="mailto:katthehostetter@gmail.com">katthehostetter@gmail.com</a></td>
</tr>
<tr>
<td>Voice</td>
<td>Henning Behrends</td>
<td>011-551-4570</td>
<td><a href="mailto:sen@ghm-eth.de">sen@ghm-eth.de</a></td>
</tr>
<tr>
<td>Voice</td>
<td>Gemechu Mezgebu</td>
<td>0911-053-358</td>
<td><a href="mailto:Jazz1game@hotmail.com">Jazz1game@hotmail.com</a></td>
</tr>
<tr>
<td>Percussion</td>
<td>Tilaye Keyfalew</td>
<td>0911-373-954</td>
<td><a href="mailto:Eso2k@yahoo.co.uk">Eso2k@yahoo.co.uk</a></td>
</tr>
</tbody>
</table>

VIII. Customs Regulations And Shipping Instructions
(as adapted from advise from Panafic Global to shipping companies)

Please note that it is impossible to clear a shipment in Ethiopia if client is not physically in the country with his original passport and work permit or diplomatic exemption.

**DOCUMENT NEEDED FOR THE CUSTOMS CLEARANCE OF HOUSEHOLD GOODS:**

**NON-DIPLOMATS:**
- Original Passport
- Working permit (for information, it takes 3 to 6 weeks to get it)
- Packing list
- Original Bill of loading / AWB

**DIPLOMATS:**
- Original Passport
- Duty free privilege document from Ministry of Foreign Affairs.
- Original Bill of loading / AWB
- Packing list
- ID Copy- ID issued by Ministry of Foreign Affairs

**RETURNING ETHIOPIANS**
- Letter from Embassy of Ethiopia (mandatory) to be legalized by Ministry of Foreign Affairs at arrival before submitting
- Packing list
- Original Bill of loading / AWB

**IMPORTANT NOTICES**

For all:
- As per according to Customs rules and regulation, client is only allowed to import one of each type of electrical appliances: ie 1 TV, 1 computer, 1DVD player etc... If however, client somehow declares having imported more than 1 item of the same type then as per customs duty evaluation grid s/he will be subject to pay taxes; for TV the maximum allowed inch is 29” and if above, it will be subject to duty.
- Food items are not allowed to be imported on duty free and if you import some, they will be subject to duty and tax.

**NON-DIPLOMATS**
- Container subject to inspection
- Container Deposit to the customs and/or Shipping Line is Mandatory
- Not tax exempted
- As per evaluation that will be conducted by customs, client will be subject to pay duty on some of his/her personal belongings.
  - Exceptions 1.: If a company's investment in Ethiopia is more than 5Million ETB, they can import personal belongings which worth $US 10,000.00 on duty and tax free basis. This will not include vehicles.
  - Exceptions 2.: Individuals who came for the first time to Ethiopia (should be confirmed by respected government office) and would like to reside here for long time, they are allowed to import their belongings which worth $US 5,000.00. This will not include vehicles.
- For decoders and satellite dishes, client needs to get, prior to containers arrival at Terminal Addis, an authorization to import such things from the Telecommunication Office upon presentation of document relative to the to be imported goods.

**DIPLOMATS**
- Containers not subject to inspection
- Container Deposit to the customs and/or Shipping Line is Mandatory

**RETURNING ETHIOPIANS**
- Container subject to inspection
- Container Deposit to the customs and/or Shipping Line is Mandatory
- As per evaluation that will be conducted by customs, client will be subject to pay duty on some of his/her personal belongings.
  - Exceptions 1.: If a company's investment in Ethiopia is more than 5Million ETB, they can import personal belongings which worth $US 10,000.00 on duty and tax free basis. This will not include vehicles.
  - Exceptions 2.: Individuals who came for the first time to Ethiopia (should be confirmed by respected government office) and would like to reside here for long time, they are allowed to import their belongings which worth $US 5,000.00. This will not include vehicles.
- For decoders and satellite dishes, client needs to get, prior to containers arrival at Terminal Addis, an authorization to import such things from the Telecommunication Office upon presentation of document relative to the to be imported goods.

**DOCUMENT NEEDED FOR THE CUSTOMS CLEARANCE OF A CAR:**

**NON-DIPLOMATS**
- Vehicle Identification Number (VIN) Document : document with all vehicle identification numbers such as the engine number, the chassis number, type and model of the car, year of manufacture
- Commercial Invoice if available
- Car booklet
- Import permit issued by the Ministry of foreign Affairs (directly delivered to client) or other respected governmental office
- Authorization of the Road Transport and Communication Ministry (directly issued to client)
- May be subject to tax
- Three original bill of lading

**DIPLOMATS**
- VIN Document : document with all vehicle identification numbers such as the engine number, the chassis number, type and model of the car, year of manufacture
- Commercial Invoice if available
- Car booklet
- Import permit issued by the Ministry of foreign Affairs (directly issued to client via his/her office/diplomatic mission)
- Authorization of the Road Transport and Communication Ministry Affairs (directly issued to client via his/her office/diplomatic mission)

RETURNING ETHIOPIANS
- VIN Document: document with all vehicle identification numbers such as the engine number, the chassis number, year of manufacture
- Commercial Invoice if available
- Car booklet
- Import permit issued by the ROAD TRANSPORT AUTHORITIES (directly issued to client upon presentation of Embassy’s letter legalized by the Ministry of foreign Affairs)
- All personal belongings are subject to customs duty and tax

Important notices:
- Common cars with steering wheel on the right side are not accepted in Ethiopia.
- VIN must be reported on b/l and in case of consolidated shipment make sure that in the core of the b/l details of the goods and to whom they belong are stated; this way both clients can declare their goods separately and according to the Ethiopian customs rules and regulation.
- for consolidated shipment make sure that details of goods and respective owners names are reported on b/l. b/l shall clearly specify that it concerns a consolidated shipment.

IMPORT PERMITS FOR PETS, i.e. FOR CATS AND DOGS:
GENERALLY REQUIRED DOCUMENTS:
- Birth Certificate
- Health Certificate/Carnet/Booklet
- Passport Copy

FOR DIPLOMATS PETS:
The Embassy in Ethiopia shall formally inform the Ministry of Foreign Affairs that one of its staff members will be coming to Ethiopia with his/her pet. Copy of all documents relative to the identity and sanity of the pet shall be enclosed with the letter. Upon receipt of the letter of the Embassy, the Ministry of Foreign Affairs will inform the Ministry of Agriculture and Rural development which will request the Embassy to provide it with additional documents. The Ministry of Agriculture will then inform the Customs Authority and provide the owner of the pet with the necessary document allowing the pet to be accepted within Ethiopia. To do so it is advisable that process of getting appropriate documents be started 2 months or 1 month and a half prior to pets arrival in Ethiopia. Shipper must be present at the arrival of the shipment. Documents have to be expressed mail 15 days before shipment’s arrival in order to the shipper's employer to apply for the possible duty free PRIVILEGE DOCUMENT/IMPORT PERMIT.

Please note that the consignment MUST NOT be sent before you receive our green light to proceed. This will enable us to avoid any problems with customs clearance in Ethiopia and as well as additional charges for delay / demurrage which, if incurred, will be for your account / the shipper (s).

We must also receive all the ORIGINAL documents BEFORE the arrival of the consignment for customs clearance.

CONSIGNMENT INSTRUCTIONS:
Please consign all shipments as follows:
Officer Name as per passport
Officer Company name (if any)
C/O Panafric Global
PO Box 7408
Addis Ababa, Ethiopia
Tel: +251-11-551-6250
Fax: +251-11-551-5259

IMPORTANT NOTICE
- AWB: “As Agreed” is not allowed.
- Bill of Lading: Port of Discharge should be Djibouti port. Please mention on the body “Shipment in transit to Ethiopia”.
- Packing List should contain value in USD/EUR and no packed by owner (PBO) description is allowed.
IX. English Language Private and International Schools in Addis Ababa

This is provided for your information only; ICS does not recommend or endorse any specific school

<table>
<thead>
<tr>
<th>School</th>
<th>Programs</th>
<th>Contact Person</th>
<th>Contact Information (Country Code: 251)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Andinet International School</td>
<td>Nursery (age 2) - grade 10</td>
<td>Nefertiti Makeda (Director)</td>
<td>T: 011-618-6541 E: <a href="mailto:berkessab@andinet.edu.et">berkessab@andinet.edu.et</a> W: <a href="http://www.andinet.edu.et">www.andinet.edu.et</a></td>
</tr>
<tr>
<td>Bingham Academy</td>
<td>Kindergarten (age 5) - grade 12 (IGCSE, A levels)</td>
<td>Mr. Murray Overton (Director)</td>
<td>T: 011-279-7480 E: <a href="mailto:office@binghamacademy.net">office@binghamacademy.net</a> W: <a href="http://www.faithwebsites.com/binghamacademy">www.faithwebsites.com/binghamacademy</a></td>
</tr>
<tr>
<td>British International School</td>
<td>Playschool (age 3) - Year 11 (IGCSE)</td>
<td>Ann Rispin (Director)</td>
<td>T: 011-663-0707 <a href="mailto:info@biscenter.org">info@biscenter.org</a> / <a href="http://www.biscenter.org">www.biscenter.org</a></td>
</tr>
<tr>
<td>Greek Community School</td>
<td>Pre-kindergarten (age 3) - grade 12</td>
<td>Mr. Y. Prasad (Director) Ms. Desta Abera (Admissions)</td>
<td>T: 011-551-5870 E: <a href="mailto:gcs@ethionet.et">gcs@ethionet.et</a> W: <a href="http://www.greekcommunityschool.com">www.greekcommunityschool.com</a></td>
</tr>
<tr>
<td>Sandford International School</td>
<td>Nursery (age 3) - Year 13 (IGCSE, IB)</td>
<td>Dr. Rob Sindall (Director) Wzo. Getu Abebe (Admissions)</td>
<td>T: 011-123-3726 E: <a href="mailto:sandford@ethionet.et">sandford@ethionet.et</a> E: <a href="mailto:geteabcd@yahoo.com">geteabcd@yahoo.com</a> W: <a href="http://www.sandfordschool.org">www.sandfordschool.org</a></td>
</tr>
</tbody>
</table>

X. Non-English Language Private and International Schools in Addis Ababa

This is provided for your information only; ICS does not recommend or endorse any specific school

<table>
<thead>
<tr>
<th>School</th>
<th>Programs</th>
<th>Contact Person</th>
<th>Contact Information (Country Code: 251)</th>
</tr>
</thead>
<tbody>
<tr>
<td>German Embassy School</td>
<td>Kindergarten (age 3) - grade 12 (IB)</td>
<td>Mr. Heiko Ernst</td>
<td>T: 011-553-4</td>
</tr>
<tr>
<td>Italian State School</td>
<td>Prekindergarten - grade 12</td>
<td>Prof. Rodolfo Rini</td>
<td>T: 011-155-2 E: itssg.galil</td>
</tr>
<tr>
<td>Lycee Guebre Mariam</td>
<td>Nursery (age 3) - grade 12</td>
<td>Monsieur Lamy (Elementary Admissions) Tou Ron (Secondary Admissions)</td>
<td>T: 011-155-1 E: Lycee_addis</td>
</tr>
<tr>
<td>De Taaltoekel</td>
<td>Age 4-18, Dutch language and culture education, complementary to day school</td>
<td>Ms Annelies Ballantyne</td>
<td>T: 0920-567 E: detaaltoekel</td>
</tr>
</tbody>
</table>

XI. Pre-Schools, Nursery Schools and Day Care Available in Addis Ababa

ICS’ pre-school accepts children who are three years old on or before August 31. For younger children, there are lots of local pre-schools available but, if you’re looking for one that operates solely or partially in English, your options are limited, especially in Old Airport.

<table>
<thead>
<tr>
<th>School</th>
<th>Location</th>
<th>Programs</th>
<th>Contact Information (Country Code: 251)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flipper</td>
<td>Bole Road (2nd locations to be opened)</td>
<td>Nursery</td>
<td>T: 011-553-0236 T: 0911-218-747</td>
</tr>
<tr>
<td>Head to Toe: Early Learning Center</td>
<td>Kera/African Union</td>
<td>Ages 2 to 4</td>
<td>T: 0911-547-782 <a href="mailto:HeadtoToe.Addis@gmail.com">HeadtoToe.Addis@gmail.com</a></td>
</tr>
<tr>
<td>Ms. Georgia’s Childcare &amp; Learning Center</td>
<td>Megenagna</td>
<td>Ages 9 months to 12 years</td>
<td>T: 011-663-2059 T: 0911-913-333</td>
</tr>
<tr>
<td><strong>One Planet International School</strong></td>
<td>Megenagna</td>
<td>Age 2 and up</td>
<td>T: 011-618-1010</td>
</tr>
<tr>
<td><strong>Paintbox</strong></td>
<td>Affiliated with British Embassy</td>
<td>Nursery</td>
<td>T: 011-661-2354</td>
</tr>
<tr>
<td><strong>School of Nations</strong></td>
<td>Sarbet/Pushkin Square</td>
<td>Nursery (age 2) to grade 7</td>
<td>T: 011-372-9752</td>
</tr>
<tr>
<td><strong>School of Tomorrow</strong></td>
<td>4 campuses</td>
<td>Age 2 to grade 12</td>
<td>T: 011-162-6904</td>
</tr>
<tr>
<td><strong>De Taaltoekel</strong></td>
<td>Netherlands Embassy</td>
<td>1.5-4 yrs, in Dutch, 2 or 4 mornings</td>
<td>T: 0920-567-852</td>
</tr>
<tr>
<td><strong>Rispins International School</strong></td>
<td>Behind St Michael’s Catholic Church on the Ring Road, Megenagna</td>
<td>2.5 to 7 years. Montessori/Steiner school/nursery</td>
<td>T: 011-6628164*.T: 011-651-1841</td>
</tr>
<tr>
<td><strong>German School Kindergarten</strong></td>
<td>Compound of the German Embassy School</td>
<td>2 1/2 to 6 or 7. In German w. German and German-trained kindergarten teachers</td>
<td>T: 011-553-4465</td>
</tr>
<tr>
<td><strong>Fidel</strong></td>
<td>Cross streets Djibouti Street and Haile Gebre Selasse road</td>
<td>French speaking pre-school. Ages 1 ½ to 6 years</td>
<td>T: 011 65 11 283</td>
</tr>
<tr>
<td><strong>Big Mama’s Child Care Center</strong></td>
<td>Located close to Imperial Hotel next to Debora Primary School</td>
<td>Children ages 0-4 accepted. 24-hour service</td>
<td>T: 0911-401-397 T: 011-629-4082</td>
</tr>
</tbody>
</table>

**Note:** This is provided for your information only; ICS does not recommend or endorse any specific school.
### XII. Addis Ababa Police Commission & Sub City Police Departments Emergency Contact Numbers

<table>
<thead>
<tr>
<th>#</th>
<th>Police Departments</th>
<th>Location/landmark</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Addis Ababa Police Commission</td>
<td>Opposite Axum Hotel near Zerihun Bldg.</td>
<td>011-66</td>
</tr>
<tr>
<td>2</td>
<td>Traffic Police Investigation Unit</td>
<td>Haile Gebresellasie Road (Haya Hulet Mazoria)</td>
<td>94</td>
</tr>
<tr>
<td>3</td>
<td>Addis Ketema Sub City Police Dep’t</td>
<td>Mercato/Next to Asfaw Wossen Hotel</td>
<td>011-27</td>
</tr>
<tr>
<td>4</td>
<td>Akaki-Kality Sub City Police Dep’t</td>
<td>Next to Kaliti St. Gabriel Church</td>
<td>011-46</td>
</tr>
<tr>
<td>5</td>
<td>Arada Sub City Police Dep’t</td>
<td>Gedam Sefer/Opposite Soramba Hotel</td>
<td>011-15</td>
</tr>
<tr>
<td>6</td>
<td>Bole Sub City Police Department</td>
<td>Near Hotel De-Leopol / Bambis Supermarket</td>
<td>011-55</td>
</tr>
<tr>
<td>7</td>
<td>Gulele Sub City Police Dep’t</td>
<td>St. Merry Girls School</td>
<td>011-18</td>
</tr>
<tr>
<td>8</td>
<td>Kirkos Sub City Police Dep’t</td>
<td>Opposite Jupiter Hotel (Kassanchis)</td>
<td>011-59</td>
</tr>
<tr>
<td>9</td>
<td>Kolfe- Keranyo Sub City Police Dep’t</td>
<td>Around Kolfe Atena Tera</td>
<td>011-27</td>
</tr>
<tr>
<td>10</td>
<td>Lideta Sub City Police Dep’t</td>
<td>Mexico Square/Opposite Police Hospital</td>
<td>011-55</td>
</tr>
<tr>
<td>11</td>
<td>Nifassilk-Lafto Sub City Police Dep’t</td>
<td>West of Gottera Interchange</td>
<td>011-46</td>
</tr>
<tr>
<td>12</td>
<td>Yeka Sub City Police Dep’t</td>
<td>Around Yeka St. Michael Church</td>
<td>011-66</td>
</tr>
</tbody>
</table>

Revised: 22 April 2010

Source: Samuel AKORIMO

Security Adviser for UN System in Ethiopia
XIII. Getting connected in Addis Ababa

This note is intended to help newcomers to get the best possible access to the internet when arriving in Addis Ababa. The information is current as of Mid November 2009 and is likely to change very rapidly (as has been the case over the last few months when things have taken a technical if not a speed step forward).

This information is aimed at Europeans arriving in Addis – the internet information is the same for everyone but phone information will be different for those who come from non-GSM based mobile phone systems. There are two parts:

- Wireless internet connection
- Smart phone connection

Please note that prices may have changed by the time you read this.

Getting on the internet

Short version

- Buy an EV-DO USB modem (around 3000 Birr)
- Go to Ethio telecom for example at the central station with a copy of your ID card and 2 small pictures
- Get set up and pay 230 Birr
- Buy 300/500/700 birr of scratch cards for 1 month (good for 1/2/3 GBytes of traffic).
- Enter scratch cards by dialling 903 from any phone and following instructions
- Connect modem to computer, dial up settings: number #777 user name etc password etc
- Go go go!

Long version

Although dial up lines at 56 kbits per second (baud) exist in Addis it is not worth using them as they never even reach 56kbaud rates – and that is horribly slow in any case. The other options are based on the US standard CDMA system; you have the choice between CDMA 2000 and EV-DO, the latter being nominally faster and likely to become the standard solution in the coming months and years.

How do you get set up with one of these? The steps are the same except that the CDMA 2000 requires a SIM card so you need to buy that.

The first step is to acquire an EV-DO (or CDMA 2000) modem that looks just like a USB memory stick. The simple way is to go to one of many electronics shops in Addis and pay around 2 700 Birr for an EV-DO modem, a bit less for CDMA 2000. All the shops seem to sell the same modems, Chinese, simple and they work on Windows and at some places one finds modems that also support Linux and Mac.

Note that many EV-DO modems in the US are sold along with a data package from Verizon, Sprint and other service providers. They will not work in Ethiopia as they are locked to the telecoms company’s network. You must find an unlocked modem. This is also true for CDMA 2000 modems.
For EV-DO, you should get a modem that supports Rev A of the standard. We expect Rev B modems will also work but this has not been tested. The ZTE modem sold in Addis is Rev A.

Having bought your unlocked modem the next thing you need to do is to get a photocopy of your passport or Ethiopian identity card. If you forget there is a little shop just outside the Ethio Telecom office by the station that does copies for 0.50 Birr.

Armed with your modem and copy of ID card or passport, head for the Ethio Telecom office (eg by the central station La Gare). As you enter the area where all the buses are parked, the Ethio Telecom office is in the far left corner: just look for all the cars parked and people selling telephone cards. Enter (Do not take your PC as you have to go through the hassle of registering it at the gate) the office, turn left and left again and ask for the EV-DO (or CDMA) people. Each desk serves a different technology so you need the correct one. The administrator will give you a form with a telephone number written on it.

(In the case of the CDMA 2000 modem you will buy a SIM card and take that and the modem to the person outside, see below)

You take this out of this office to a guy in the previous office who will set up your modem. This takes only a few minutes (assuming that the queue is reasonable). You then return to the first person, pay 230 Birr and get a receipt with the telephone number on it. Do not lose this. You then need to buy 300 or 500 or 700 Birr worth of green scratch cards (that are specific to internet connections) from one of the sellers who will rush to you.

The ‘limited data plan’ EVDO service provides three options: a 1 GB internet access for Birr 300 monthly payment, a 2 GB internet access for Birr 500 monthly payment, and a 4 GB internet access for Birr 700 monthly payment. The charge for usage beyond the limit is 0.35/MB. (The price are inclusive of VAT).

In the recent past, Ethio Telecom provided unlimited EVDO that apparently was often used in Internet cafés. It stopped doing so and the impact on internet cafés is not yet clear.

The ‘CDMA(2000) 1X data only’: A user of this will be charges 0.10/minute in Peak hours and 0.07 Off Peak hours for the first 1300 minutes usage within a month, beyond that the tariff decrease to 0.07/minute in Peak hours and 0.04/minute Off Peak hours (Add 15% VAT on the prices).

Install the modem on your computer if not already done and fill your account. Filling the account for EV-DO is much like filling the account for a telephone. Follow the following steps:

1. Dial 903
2. Enter 2 for English
3. Enter 1# to charge the account
4. Enter the telephone number on your receipt followed by # eg 118501234#
5. Enter both lines of the PIN number on your scratch card, 16 digits, followed by #
6. Repeat steps 3,4 & 5 until you have 450 Birr in your account.

Now you are ready to connect.

Plug in the modem to a USB socket and open the application that runs the modem (or your network centre on Windows – see below). The software is installed on the USB EV-DO modem and should auto-install the first time you plug in.

Check the settings are correct:

Number to dial should be #777
User name is etc password also etc
Hit the connect to network (or dial) button and all should be well. If it is not, seek help!

If you do not want to use the application that came with the modem, just set up the network connection as a dial up connection in Windows. Click on the network icon in the bottom right of your screen, click on “connect to a network” and you should see a dial up connection. Double click on the dial up connection, click on connect and then fill in the dialing information as above. Good luck.

**Smart phones**

European based smart phones use GSM 3G networks to do all the cool stuff. Much to many people’s surprise, all this coolness is readily available in Addis – at a price now (Sept 2010) similar to EV-DO: 400 Birr per Gbyte with no monthly charge – just recharge your phone with normal green pre-paid cards. The 3G network supports HSDPA, EDGE, GPRS and GSM. We find that about 50% of the time you get HSDPA when stationary. This drops when on the move but EDGE gives perfectly quick enough connection for most uses.

If you have a 3G capable smart phone, do not rush to buy a SIM card in the first hotel shop you see on arrival. You need a special SIM card to access data services and you must buy that at one of the main Ethio Telecom centres. The easiest is at the central station (see Internet section for directions). To buy one all you need is to go with 525 Birr and a copy of your passport or Ethiopian ID card to the Ethio Telecom office, find the GSM 3G desk (each desk serves a different technology – do not get a CDMA card by mistake) and buy your SIM card. Put it in your phone, buy recharge cards (Always green ones for 3G SIM cards), and off you go.

**Avoiding Amharic recharge instructions**

IMPORTANT: When you first call 909 to charge your phone, as soon as it answers, press 2. This will switch the service permanently into English. If you do not do this it will be in Amharic and then you need to call Ethio Telecom to get it changed (Try 997 but it takes a lot of attempts to get an answer).

**Conclusion**

Wireless connectivity is adequate in Ethiopia but prices are still very high. You can follow the tariffs by going to the Ethio Telecom site http://www.ethionet.et/index.php